



Autumn/Winter Menu

| | Week One | | | | |
|--------------------------|--|---|---|--|---|
| | VEGGIE MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Main Option | MAC AND CHEESE <i>Gluten/egg/milk</i> | BEEF COTTAGE PIE <i>Milk</i> | ROAST BEEF & YORKSHIRE PUDS <i>Gluten/egg/milk/soya</i> | CHICKEN ARABIATTA <i>Gluten/egg/milk</i> | CHEESE BURGER <i>Gluten/egg/sulphites/milk</i> |
| Vegetarian Option | VEGGIE SAUSAGE & BEAN WRAP <i>Gluten/egg</i> | ROASTED TOMATO AND FETA PITTA <i>Gluten/milk</i> | QUORN COBBLER <i>Gluten/egg</i> | SWEDISH STYLE QUORN BALLS <i>Gluten/egg</i> | TOASTED PESTO AND MOZZARELLA CIABATTA <i>Gluten/egg</i> |
| Vegetables | BROCCOLI SWEETCORN | MIXED VEGETABLES GARDEN PEAS CRUSTY BREAD <i>Gluten</i> | ROAST POTATOES CABBAGE CARROTS | SPAGHETTI CAULIFLOWER GREEN BEANS <i>Gluten</i> | CHIPS BAKED BEANS GARDEN PEAS |
| Dessert | GROUND RICE OR YOGHURTS <i>Milk</i> | SPICED DATE AND APPLE CAKE & CUSTARD <i>Gluten/egg/milk</i> | ORANGE JELLY <i>Milk</i> | CHOCOLATE & ORANGE SPONGE & CHOCOLATE SAUCE <i>Gluten/egg/milk</i> | ASSORTED BISCUITS <i>Gluten</i> |

Menus are subject to change due to deliveries and seasonal costs



Autumn/Winter Menu

Week Two

| | VEGGIE MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|--|--|--|---|---|
| Main Option | BASILICA PASTA <i>Gluten/egg/milk</i> | CHICKEN AND POTATO KORMA <i>Sulphites/milk</i> | ROAST PORK LOIN & YORKSHIRE PUDDINGS <i>Gluten/egg/milk/soya</i> | MEAT & POTATO PIE <i>Gluten/celery</i> | BATTERED FISH <i>Fish/gluten/milk</i> |
| Vegetarian Option | MARGARITA PIZZA <i>Gluten</i> | VEGETABLE STROGANOFF <i>Egg/celery/gluten</i> | CHEESE & ONION PIE <i>Gluten/egg/milk</i> | RATATOUILLE HOTPOT <i>Gluten/egg/celery</i> | FALAFEL WRAP WITH YOGHURT & MINT SAUCE <i>Gluten/milk</i> |
| Vegetables | GARDEN PEAS CARROTS | RICE MIXED VEGETABLES SWEETCORN | ROAST POTATOES BROCCOLI CAULIFLOWER | BAKED BEANS CABBAGE CRUSTY BREAD | CHIPS MUSHY PEAS SWEETCORN |
| Dessert | RICE PUDDING OR CHEESE AND CRACKERS <i>Gluten/egg/milk</i> | RASPBERRY AND ALMOND SPONGE <i>Gluten/egg/milk</i> | RASPBERRY JELLY <i>Milk</i> | APPLE & BLACK CHERRY CRUMBLE & CUSTARD <i>Gluten/egg/milk</i> | CHOCOLATE MOUSSE TUBS <i>Milk</i> |

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Autumn/Winter Menu

| | Week Three | | | | |
|--------------------------|---|--|---|---|---|
| | VEGGIE MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Main Option | CHEESE & BROCCOLI PASTA BAKE <i>Gluten/egg/milk</i> | CHICKEN CASSEROLE <i>Gluten/milk/soya/mustard/celery</i> | ROAST TURKEY & YORKSHIRE PUDS <i>Gluten/egg/milk/soya</i> | MILD BEEF CHILLI <i>Celery</i> | CHICKEN BURGER <i>Gluten</i> |
| Vegetarian Option | VEGGIE MEATBALL & SALSA WRAP <i>Gluten/egg</i> | MEXICAN MIXED BEAN STEW <i>Celery</i> | VEG SAUSAGE IN ONION GRAVY <i>Gluten/egg</i> | CAULIFLOWER, POTATO AND PEA CURRY <i>Milk</i> | ROASTED PEPPER SLICE WITH BALSAMIC GLAZE <i>Gluten/milk</i> |
| Vegetables | CAULIFLOWER MIXED VEGETABLES | CRUSHED POTATOES BAKED BEANS GREEN BEANS CRUSTY BREAD | ROAST POTATOES BROCCOLI CARROTS | RICE SWEETCORN MIXED VEGETABLES | CHIPS SPAGHETTI HOOPS GARDEN PEAS <i>Gluten</i> |
| Dessert | SEMOLINA OR CHOCOLATE BISCUITS <i>Gluten/milk</i> | PINEAPPLE AND GINGER SPONGE <i>Gluten/egg/milk</i> | STRAWBERRY JELLY <i>Milk</i> | PARKIN & CUSTARD <i>Gluten/egg/milk</i> | RASPBERRY RIPPLE ARCTIC ROLL <i>Gluten/egg/milk</i> |

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