

Primary Sex and Relationship Education Scheme of Work

Year 6

Theme/learning outcomes	'I Can' assessment statements	Suggested Resources
<p>Unit 1</p> <p>Puberty and reproduction</p> <p>Learning Outcomes</p> <p>Describe how and why the body changes during puberty in preparation for reproduction.</p> <p>Talk about puberty and reproduction with confidence.</p>	<p>I understand simple, safe routines to prevent the spread of bacteria and viruses</p> <p>I know the ways in which boys and girls grow and develop in puberty</p> <p>I recognise, as I approach puberty, how people's emotions change at that time and how to deal with my feelings towards myself, my family and others in a positive way</p>	<p>Boys and Girls body changes</p> <p>Busy Bodies online videos</p> <p>https://www.healthpromotion.ie/health/inner/busy_bodies</p>
<p>Unit 2</p> <p>Explain how babies are made.</p> <p>Know some basic facts about pregnancy and conception</p> <p>To understand that there are ways of preventing pregnancy and the spread of diseases.</p>	<p>I can name and explain male and female body parts, relating to Sex and Relationship Education</p>	<p>How babies are made</p> <p>https://www.healthpromotion.ie/health/inner/busy_bodies</p>

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<p>Unit 2</p> <p>Being a parent</p> <p>Learning Outcomes</p> <p>Discuss different types of adult relationships with confidence</p> <p>Describe the decisions that have to be made before having a baby</p> <p>Identify some of the skills and qualities needed to be a parent and carer</p> <p>Understand the variety of ways in which parents and carers meet the needs of babies and children</p> <p>Recognise that both men and women can take on these roles and responsibilities.</p>	<p>I can identify positive ways to face new challenges</p> <p>I can identify different types of relationships and show ways to maintain good relationships</p> <p>I understand that relationships may change over time</p>	<p>Flour babies</p>
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