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Date	7-1-19	
Diet	Gluten / soya free Gluten/ diabetic	Dairy Free
School	Dunholme 1	Dunholme 1

Monday		
Main	GF Sausage in GF Gravy with Mashed potatoes, carrots and swede	Organic Pork meatballs in GF gravy, mashed potato, carrots and swede
Dessert	GF Chocolate Cake with cream	DF Cake

Tuesday		
Main	Uncle Bens Sweet and Sour chicken with rice and sweetcorn	Uncle Bens Sweet and Sour chicken with rice and sweetcorn
Dessert	GF Apple crumble and custard	Fresh fruit

Wednesday		
Main	GF Pasta with GF Bolognaise and Broccoli	(In with main meal) Pasta Bolognaise with broccoli
Dessert	GF Cake	Fruity pot

Thursday		
Main	GF Cheese & onion pasty with diced potatoes and baked beans	DF Ham and tomato pasty with diced potato and baked beans
Dessert	GF Mandarin sponge cake	Jelly Pot

Friday		
Main	GF Fish fingers with potato wedges and Peas	(In with main meal) Breaded Salmon fillet with potato wedges and peas
Dessert	Fruit Salad and cream	Fruit Salad

Date	14-1-19	
Diet	Gluten / Soya free Gluten Free / Diabetic	Dairy Free
School	Dunholme 1	Dunholme 1

Monday		
Main	GF Sausage Roll with Diced Potato and baked beans	DF Sausage Roll with diced potato and baked beans
Dessert	GF Cake	DF Cake

Tuesday		
Main	GF Pasta with GF Bolognese and salad	Pasta with Bolognese sauce and salad
Dessert	Fruit Flapjack	Jelly Pot

Wednesday		
Main	Roast Chicken in GF gravy with mashed potatoes and carrots	Roast Chicken in GF gravy, mashed potatoes and carrots
Dessert	GF iced Chocolate sponge	Banana

Thursday		
Main	(In with main meal) GF Chilli Beef with Rice and Broccoli	(In with main meal) Chilli beef with rice and broccoli
Dessert	Fresh Fruit with Frozen Yogurt	Melon

Friday		
Main	GF Fish fingers with Potato wedges and mushy peas	(In with main meal) Fish Fillet Squares with potato wedges and mushy peas
Dessert	GF Cake and Milk	Fruity Pot

Date	21-1-19	
Diet	Gluten/ Soya Free Gluten/Diabetic	Dairy free
School	Dunholme 1	Dunholme 1

Monday		
Main	GF Sausage in GF Gravy with Mashed Potato, carrots & swede	GF Sausage in GF gravy with mashed potatoes, carrots and swede
Dessert	GF Peach Crumble and custard	Apple

Tuesday		
Main	Fruity chicken curry with rice and broccoli	Fruity chicken curry with rice and broccoli
Dessert	GF Chocolate Cake	DF Cake

Wednesday		
Main	(In with main meal) Cheesy Topped Cottage pie with carrots	Cottage pie (no cheese) with carrots
Dessert	Fresh Fruit	Fresh Fruit

Thursday		
Main	GF Pasta, chicken in Tomato & basil sauce with peas	GF Pasta, chicken in Tomato & basil sauce with peas
Dessert	GF Cake	Iced bun

Friday		
Main	(In with main meal) Jacket Potato with cheese and beans	(In with main meal) Jacket Potato with beans
Dessert	Jelly Pot	Jelly Pot

Date	28-1-19	
Diet	Gluten Free	Dairy Free
School	Dunholme 1	Dunholme 1

Monday		
Main	Chicken & Vegetables in GF Pie with GF gravy, Mashed potatoes, carrots and swede	(Pie in with main meal) Chicken and vegetable pie, mashed potatoes, carrots and swede
Dessert	Fresh fruit with frozen yogurt	Fresh fruit

Tuesday		
Main	Roast Beef in GF Gravy with homemade Roast potatoes and peas	Roast beef in GF gravy, homemade roast potatoes and peas
Dessert	GF Cake	DF Cake

Wednesday		
Main	(In with main meal) BBQ Chicken with rice and sweetcorn	(In with main meal) BBQ Chicken with rice and sweetcorn
Dessert	GF pear sponge and custard	DF Cake

Thursday		
Main	GF Sausages in tomato sauce with GF pasta and broccoli	(In with main meal) Organic pork meatballs in tomato sauce with pasta and broccoli
Dessert	Iced GF Cake	Fruity Pot

Friday		
Main	GF Fish fingers with diced potatoes and baked beans	(In with main meal) Salmon fishcakes, diced potatoes and baked beans
Dessert	Mandarin Orange Jelly and cream	Mandarin Orange Jelly

Date	4-2-19	
Diet	Gluten Free	Dairy Free
School	Dunholme 1	Dunholme 1

Monday		
Main	GF Sausage with 1/2 jacket potato and baked beans	(In with main meal) Sausage, 1/2 Jacket potato with baked beans
Dessert	Rice Pudding	Jelly Pot

Tuesday		
Main	(In with main meal) GF Chicken Casserole served with rice and Broccoli	(In with main meal) Chicken casserole with rice and Broccoli
Dessert	GF Cake	Iced bun

Wednesday		
Main	Chicken Fajita (no wrap) and rice with salad and corn on the cob	Chicken Fajita (no wrap) and rice with salad and corn on the cob
Dessert	Fruit Salad and yogurt	Fruit salad

Thursday		
Main	GF Cheese & Ham Pizza bread With potato wedges and salad	French bread pizza with ham (no cheese), potato wedges and salad
Dessert	GF Choc Sponge and custard	Fruity pot

Friday		
Main	GF Fish fingers diced potatoes and peas	GF Fish fingers, diced potatoes and peas
Dessert	Fresh Fruit and Frozen Yogurt	Fresh fruit

Date	11-2-19	
Diet	Gluten Free	Dairy Free
School	Dunholme 1	Dunholme 1

Monday		
Main	Gf Pasta and Chicken in Pomodoro sauce with Peas	In with meal Pasta Pomodoro with chicken and Peas
Dessert	Banana and strawberry yoghurt	Fruity Pot and a banana

Tuesday		
Main	GF Mince and potato layer with grated cheese top and broccoli	Mince and potato layer (no cheese sauce or cheese) with Broccoli
Dessert	Iced Gf Cake	Jelly pot

Wednesday		
Main	GF Sausage in a GF roll with Potato wedges and salad	in with meal Beefburger in a roll with potato wedges and salad
Dessert	Apple	Apple

Thursday		
Main	Roast Pork in GF Gravy with New potatoes and carrots	Roast Pork in GF Gravy with New potatoes and carrots
Dessert	GF cake	Fresh fruit

Friday		
Main	Gluten free fish fingers with diced potatoes and baked beans	Gluten free fish fingers with diced potatoes and baked beans
Dessert	Peaches and cream	Peaches