

# West Acton PRIMARY SCHOOL

Friday 14<sup>th</sup> December 2018

So many staff and pupils enjoyed Christmas lunch this week – I am not sure if I will ever be able to eat chocolate cake again though. Children also enjoyed the live pantomime performances - a good motivator for their shows next week! We will be having a drive on healthy lunches so please do complete this short survey <http://westacton-surveys.schooljotter2.com/surveys/page/7KS92T> online by Wednesday 19<sup>th</sup> December.

Miss Kondo, Headteacher



School finishes at 1.30pm  
on  
Friday 21<sup>st</sup> December.  
We return on  
Monday 7<sup>th</sup> January 2019

The Reception, Year 1 and Year 2 Christmas shows are happening next week: the doors will open at 9.00am for the audience to be seated and the show will start at 9.30am.

For Year 3, Year 4, Year 5 and Year 6 the doors will open at 2.00pm for the audience to be seated and the show will start at 2.15pm.

During all performances may I ask parent/ carers to be respectful of each other and the children performing. These shows are very special times and are important memories – please do take the time to enjoy the show and allow others to as well.

#### Reminders:

- Turn off your phone
- Do not stand to take photographs
- Do not post photographs on social media
- If you arrive early you cannot save seats for friends only a partner or other family member
- Have toddlers sat on laps not taking up front row seats
- Younger siblings are kept with you at all times and are taken out for a break if it gets a bit too much for them
- Older siblings cannot miss class to watch
- Reception, Year 1 and Year 2 parents will be able to go to the classrooms after the show – please wait for all children to vacate the hall first
- Year 3, 4, 5 and 6 parents – let your child return to class first, do not take them directly from the hall
- Buggies to be left outside of the hall and sleeping babies brought in.

## Top tip from our School Councilor – Lia

### Creating meaningful traditions for your family

Rituals and traditions can help to bring even more joy and connection to your family. They help to give your child(ren) a feeling of belonging and a sense of security.

#### How can parents help?

The key is to keep things simple, so that you can focus on what really matters. Here are a few ideas to hopefully inspire you to create your own, based on your values:

- Have a special date with each child scheduled regularly in the family diary. Keep a journal with ticket stubs, photos/drawings made together, etc
- Pick a day every year to take a photo of your child and/or family in the same spot and save them in a photobook
- Write a letter to your child on every birthday, sharing memories and special events from the previous year and hopes for the next
- Fill a gratitude jar with notes of things you are thankful for at the end of every day and read them all together on Sunday
- Have a special way of saying goodbye to each other using a special word or hand signs

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an appointment, you can call/text Lia on 07469 701 260 or email her at [younl206.307@lgflmail.net](mailto:younl206.307@lgflmail.net).

*5EE and Miss Khan taught us all about an explorer called Shackleton – what an amazing story.*



On Tuesday this week year 1 had a Skype session with a teacher from Israel, who taught them all about the animals around us. The children loved it and asked 'When we can do it again'?