




 London Borough of Havering
 Scotts Primary School
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 Essex
 RM12 6TH
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 Head Teacher: Mrs J Taylor
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Monday 17th December 2018

Mental Health Workshop

Dear Parents / carers,

This year we are working hard as a school to raise the profile of mental health awareness among children, staff and families.

We would like to invite you to attend a mental health workshop that will be taking place in school for parents/ carers on Friday 11th January at 9am. FoSA have kindly organised a coffee morning to run during the workshop to sell refreshments. The session will be hosted by a member of the Child and Adolescent Mental Health Team who operate through the NHS. The workshop will involve an initial presentation about what the CAMHS team do, how you can contact them, signs to look out for that your child might be struggling and what you can do to support your child through this at home.

If you would like to attend this workshop/coffee morning, please complete the below reply slip to let us know. Please note: spaces will be limited as we anticipate that this will be a very popular session. We will operate on a first come first serve basis.

If there is a large amount of interest and the workshop is a success, we will look into arranging a second workshop later in the year.

Kind Regards
 Mrs Austin Warwick
 SENCo

I confirm that I would like to attend the mental health workshop on the 11th January.

Parent / carer's name.....

Class of child(ren).....

