



St. Elizabeth's Catholic Primary School  
*A Voluntary Academy*

Headteacher:  
Mrs L. M. Kelly, B.Ed.



Tuesday 18th December 2018

Dear Parents/Carers,

We have come to the end of a long term and the whole school community is looking forward to a well-earned rest. The prospect of Christmas cheers us and lifts our spirits away from the cold and darkness of winter. Throughout Advent, we have been preparing our children for Christmas through various assemblies and masses and the children in Years 5 and 6 have received the Sacrament of Reconciliation. As always, we will end the term with a special mass on Wednesday at 9.30am – thank you to Fr. Michael and the Parish of St. Elizabeth's for all their support throughout the term. As always, there has been a huge number of opportunities for our children to 'Let their light shine' and we are proud of all they have achieved. Many of the activities are available to view on our school app, website and twitter feed.

I am sure that you would like to join with me in thanking all of the staff and governors at St Elizabeth's for their continued tremendous hard work and commitment to our children throughout this term. Mrs Gabrielle Higham has resigned from her role as the chair of Governors due to work commitments. We would like to thank her for her hard work and support during her time as chair. We are delighted to announce that Mrs Bernadette Hayward has been appointed as our new chair of Governors. Our Governors are often in school and work tirelessly to support the staff and children of St. Elizabeth's and I am sure that you will join us in welcoming and supporting her in her new role.

### **New school dinner menu**

Manchester Fayre, our school meal catering providers, are working in partnership with us to encourage and promote healthy eating with our pupils. The school meals are made from scratch in the kitchen by Julie (our catering manager) and her team, using fresh local ingredients. The menus are planned by Manchester Fayre to ensure that they meet national School Food Standards, which aim to positively influence children's eating habits; for example crisps, chocolate and sweets are not allowed to be served, however a fruit and a vegetable must be available each day, and wholegrains and oily fish must also be offered on the menu. Our new Winter/Spring school lunch menu was sent out last week which we encourage you to have a look at and see the range and variety of foods offered on the menu.

The School Food Standards also form the basis for our Healthy School Policy to ensure only healthy foods are included in children's packed lunches and also snacks / drinks brought into school are healthy. To further support us with encouraging pupils to eat healthy, Manchester Fayre's nutrition team are coming into school on Thursday 17th January where they will have available a family workshop for you to attend either after school drop off or before school pick up and will be an opportunity for you to learn more about hidden sugar and fats, to try a variety of tasty healthy foods and to answer any questions you may have about your child's food habits. During the day, the nutrition team will also be

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in class working with pupils to demonstrate how to understand food labels and to make informed healthy food choices.

We will be sending out a reminder in January about the workshops and encourage you to attend.

### Dates Reminder

School opens	Thursday 3rd January 8.50am
Whole school Mass	Wednesday 10th January 9.30am
First Gold Award Assembly	Friday 12th January 2.30pm
Healthy Eating Workshops	Thursday 17 <sup>th</sup> January 9am and 2pm
Year 5 Marist Centre	Tuesday 22 <sup>nd</sup> January
Year 3 Family Mass	Sunday 27 <sup>th</sup> January 9.30am

Finally, I would like to thank you for your continued support throughout the term. I wish you and your family a holy and peaceful Christmas and every blessing for the New Year. Happy New Year and I look forward to seeing all our children returning refreshed and ready for a new school term on Thursday 3rd January.

Yours sincerely,

Mrs J McLaughlin  
Head of School

*Let Your Light Shine*



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