

# CARROWDORE PRIMARY SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
07.01.19 04.02.19 04.03.19 01.04.19 06.05.19 03.06.19	Sausages Beans Mashed Potatoes  Yoghurt/Fresh Fruit	Savoury Mince Diced Carrots Mashed Potatoes  Chocolate Cake & Chocolate Sauce	Roast Beef, Gravy Turnip Mashed Potatoes  Ice Cream Jelly & Fruit	Chicken Curry, Rice & Naan Bread  Krispie Bun & Milkshake	Fish Fingers Salad Chips/Baked Potatoes  Flakemeal Biscuit, Fresh Fruit & Milk
14.09.19 11.02.19 11.03.19 08.04.19 13.05.19 10.06.19	Beef Burger in Bap Lettuce/Cheese/Co leslaw Herb Dice Fruit Smoothie & Fruit	Chicken & Gravy with Creamed Potatoes Peas & Sweetcorn Shortbread, Fresh Fruit & Milk	Roast Turkey, Stuffing Gravy Carrot & Parsnip Mashed Potatoes Fruit Muffin/Milkshake	Pasta Bolognaise Garlic Bread  Mandarin Sponge & Custard	Breaded Fish Beans Chips/Baked Potatoes Melon Wedges
21.01.19 18.02.19 18.03.19 15.04.19 20.05.19 17.06.19	Salmon Fishcake Beans Mashed Potatoes  Yoghurt & Fresh Fruit	Steak Casserole Carrots Mashed Potatoes  Apple Crumble & Custard	Roast Gammon, Gravy Cabbage Roast/Mashed Potatoes Ginger Biscuit, Milk & Fruit	Chicken Curry, Rice & Naan Bread  Ice Cream & Chocolate Sauce	Chicken Goujons Sweetcorn Chips/Baked Potatoes Flakemeal Biscuit, Fresh Fruit & Milk
28.01.19 25.02.19 25.03.19 29.04.19 27.05.19 24.06.19	Ham & Cheese Pizza Salad, Coleslaw, Beans Diced/Baked Potatoes	Spaghetti Bolognaise Garlic Bread  Sponge & Custard	Roast Pork, Gravy Peas & Carrots Mashed Potatoes  Melon Wedges	Chicken Pie with Potatoes, Gravy & Peas  Chocolate Brownie & Chocolate Sauce	Fish Fingers Beans, Coleslaw Chips/Baked Potatoes  Fruit Muffin/Fruit

# school food

Try Something New today

[www.schoolfoodni.com](http://www.schoolfoodni.com)

*Bread, Fresh Fruit, Yoghurt, Milk  
and Water are available daily*

*If you require any additional  
Information on allergens or Special  
diets please contact the school in the  
first instance*

