

# BE A BRUNSWICKIAN

ISSUE NO.1 | December 2018 | Volume 1

## Gymnastics

1<sup>st</sup> Patcham Juniors 139.70  
2<sup>nd</sup> Brunswick 139.60  
3<sup>rd</sup> Coldean 132.40  
4<sup>th</sup> St Lukes 129.50  
5<sup>th</sup> Moulsecomb 103.60

A huge congratulations to the gymnasts for their effort in the gymnastic competition at Dorothy Stringer. As you can see from the results we were one tenth way from Patcham (the overall winners).

Every member of the team put in a phenomenal performance and supported each other the whole time.

You were a credit to the school.

Well done to:  
Daisy, Evie.W,  
Nyomi, Mila,  
Annie and Evie B.

## WELCOME

This is the first issue of the P.E. Newsletter and it has been written exclusively by Year-six children (apart from this introduction).

There are going to be three newsletter issues this school-calendar year summarising the achievements in and out of school.

Each issue will be written by a group of aspiring journalists and sports reporters.

This issue has been written by Stanley, Bella & Sophie (Kestrel Class) and Fin & Ella B (Osprey Class).

We hope you enjoy reading about the many sporting successes, at Brunswick, this Autumn.

Thank you



Mr Pannett and Miss Michnowicz

## WHAT'S IN THIS EDITION?

### GIRLS' FOOTBALL ON THE UP

Find out more about the rise of girls' football on page 2. Will this be their year to bring home silverware?

### MATCH REPORTS

Our roving reporters Stanley & Ella have been interviewing the football and netball teams – see pages 3-4.

### OUT OF SCHOOL ACHIEVEMENTS

Sophie, has been seeking out unsung heroes so she can share their achievements see page 5.

# BE A BRUNSWICKIAN



## Girls' Football on the Up

The popularity of girls' football is constantly growing and growing. At Brunswick, we support this fabulous and budding movement.

We have a brilliant girls' football team – we hope you enjoy reading all about girls' football!

**Could this be our year to bring home silverware?**

We have a wealth of talent rising through the ranks.

Mr Smith has been busy coaching the twenty-three squad members every Monday.

The girls' first match is on 7<sup>th</sup> January 2019 – this will give us a glimpse into their future success.

Can they emulate the accomplishments of the Arsenal Women's team?

We have two tournaments and a league to look forward to this year – best of luck to you all!

### Quote of the Issue

***"It doesn't matter how tall or small you are, whether you are a boy or girl, you can still play football."***

*Mila Year 6*

## Up Coming Events for 2019

Event	Date	Year group
Stearman Cup	January	5 & 6
Indoor Athletics	January	4, 5 & 6
Quick Sticks Hockey	February	6
High Netball	March	5 & 6



# BE A BRUNSWICKIAN



Well done to the following children for playing in our first two football matches.

## The Team

Seth, Alfie, John, Zach, Josh, Oliver, Hugo, Herbie, Marley, Dylan, Ziggy, Sami, Mo and Eli.

We are fortunate enough to have a strong squad and we look forward to the rest of the squad representing Brunswick at some point in the near future.

## Match Report – By Stanley

On Tuesday the 4<sup>th</sup> December, our brilliant football team played against Bilingual Primary School and winning 3-2!

The Brunswick football team triumphed against Bilingual on our own soil. One goal came from Hugo, in the first half - we definitely dominated possession.

Not only did we have a great attack, we also had a calm and collected defence making sure we didn't slip.

Due to some smart play, Eli hammered in a second with Mohamed shooting our third and final goal for the game.

Due to some tactical substitutions they pulled back two. That challenged us and after the second goal everyone became incredibly determined to win and there was a very motivational spirit to pull through and be successful.

Thanks to that we bulked up our defence and we didn't concede again.

## Hove and Portslade Football League Table

	GP	W	D	L	GF	GA	GD	PTS
Brunswick	2	2	0	0	10	2	8	6
St Andrews	2	2	0	0	8	0	8	6
Cottesmore	1	1	0	0	5	0	5	3
Hove Junior PR	2	1	0	1	11	8	3	3
Goldstone	2	1	0	1	5	2	3	3
Bilingual	3	1	0	2	6	9	-3	3
Hove Juniors HR (a	1	0	0	1	0	7	-7	0
Aldrington	3	0	0	3	5	22	-17	0

# BE A BRUNSWICKIAN

## Going for Gold



Last year, Brunswick were awarded a gold plaque for outstanding sporting provision.

This includes the variety of sporting clubs on offer, attending a significant amount of competitions and PE provision within the school.

This is the highest level that can be achieved within a year.

***"This is an immense feeling of school pride!"***

Stanley Year 6

## Match Reports – By Ella

At Brunswick, we play many different sports - including Netball and Cross-country. This report is all about these two unique sports.

### Cross-country

**The Year 6 girls came 5<sup>th</sup> and the Year 6 boys came 6<sup>th</sup>**

**The Year 5 girls came 6<sup>th</sup> and the Year 5 boys came 13<sup>th</sup>**

*"It was a tough, challenging race but a lot of fun. At one point, I thought I would not make it but when I saw the finish line, I knew I could make it."* – Rita 44<sup>th</sup> place

There were over 100 children in each division. There was a girl division and boy division, and different groups depending on age.

*"It was great, fun and a bit exhausting."* – Maggie Year 5

### Netball

We have had some exhilarating games so far this year including matches against: Cottesmore, Aldrington, and Bilingual.

**Netball club is on Thursdays 3:15-4:15. There are currently spaces available for year 5 & 6 girls, so get a letter from the office if you want to join.**

## Hove and Portslade Netball League Table

	GP	W	D	L	GF	GA	GD	PTS
Brunswick	3	2	0	1	31	17	14	6
St Andrews	1	1	0	0	17	1	16	3
Cottesmore	1	1	0	0	14	10	4	3
Hove Junior PR	0	0	0	0	0	0	0	0
Hove Juniors HR (a	0	0	0	0	0	0	0	0
Aldrington	1	0	0	1	2	5	-3	0
Bilingual	1	0	0	1	1	16	-15	0
Stanford	1	0	0	1	1	17	-16	0

# BE A BRUNSWICKIAN

## Out of School Achievements – By Sophie

Here at Brunswick we have a range of different individuals with various sporting abilities. We have been reporting on children's achievements outside of school.



**Layla and Evie M** went to a dance competition in Portsmouth. The event was called ABC events. Layla came 6<sup>th</sup> out of 56 people in solo. Evie came 4<sup>th</sup> out of 40 in duo.

Evie and Layla were both awarded with trophies and medals. games.

**Mila and Nyomi** also attended the ABC dance events and Mila competed in all the groups and came 1<sup>st</sup> in every one! She massively enjoyed it.

**Herbie** entered a football match at Baca 2 weeks ago and thoroughly loved it. His team won!

### **Deshawn (Osprey)**

Over the half term, Deshawn played 40 basketball games in total! Soon, he is attending a basketball match - hopefully he wins!

### **Sherry (Eagle)**

Last week Sherry won a basketball match! She enjoyed it a lot. *"I was really happy when we came 1<sup>st</sup> place – me, and my team were very proud of each other."*

### **Ziggy (Owl)**

Ziggy is an excellent dancer. Amazingly, he is entering the world championships in May! He is definitely going to enjoy it!

### **John (Kestrel)**

A few weeks ago, John went to a rugby competition at Bognor Regis. His team played five matches in total. John really loved playing for the team as captain.

### **Madeline (Osprey)**

Recently, Madeleine went to the Laines for a Ninjustu competition and had to pair up with a person she had never met before. Brave and courageous, Madeline earned herself a brown belt! She quoted *"I really enjoyed this activity because the end was really uplifting and I felt so great about myself"*

### **Daisy (Kestrel)**

Daisy auditioned for a musical. Not only that, she auditioned to be a Neverland warrior! How awesome is that? Daisy claims that the longest rehearsal was for 6 hours straight.

Hopefully she gets the place in the musical and Brunswick wishes her the best of luck!

# BE A BRUNSWICKIAN

## Mascot Inspiration



## Mascot Competition – By Isabella

The competition is to design a mascot for the school.

The competition runs From the **17<sup>th</sup> of December 2018** to the **15<sup>th</sup> of January 2019**.

**The best designs will be made into a real mascot teddy!**

Our newspaper group will agree on the design. The lucky winner will be announced in an assembly and we will make it into our school mascot!

### Criteria for mascot

- Your name.
- The name of your class.
- Name of mascot.
- Drawing of mascot on A4 paper.
- A catch phrase/slogan for extra points.
- **Please hand in to Mr Pannett or Miss Michnowicz .**

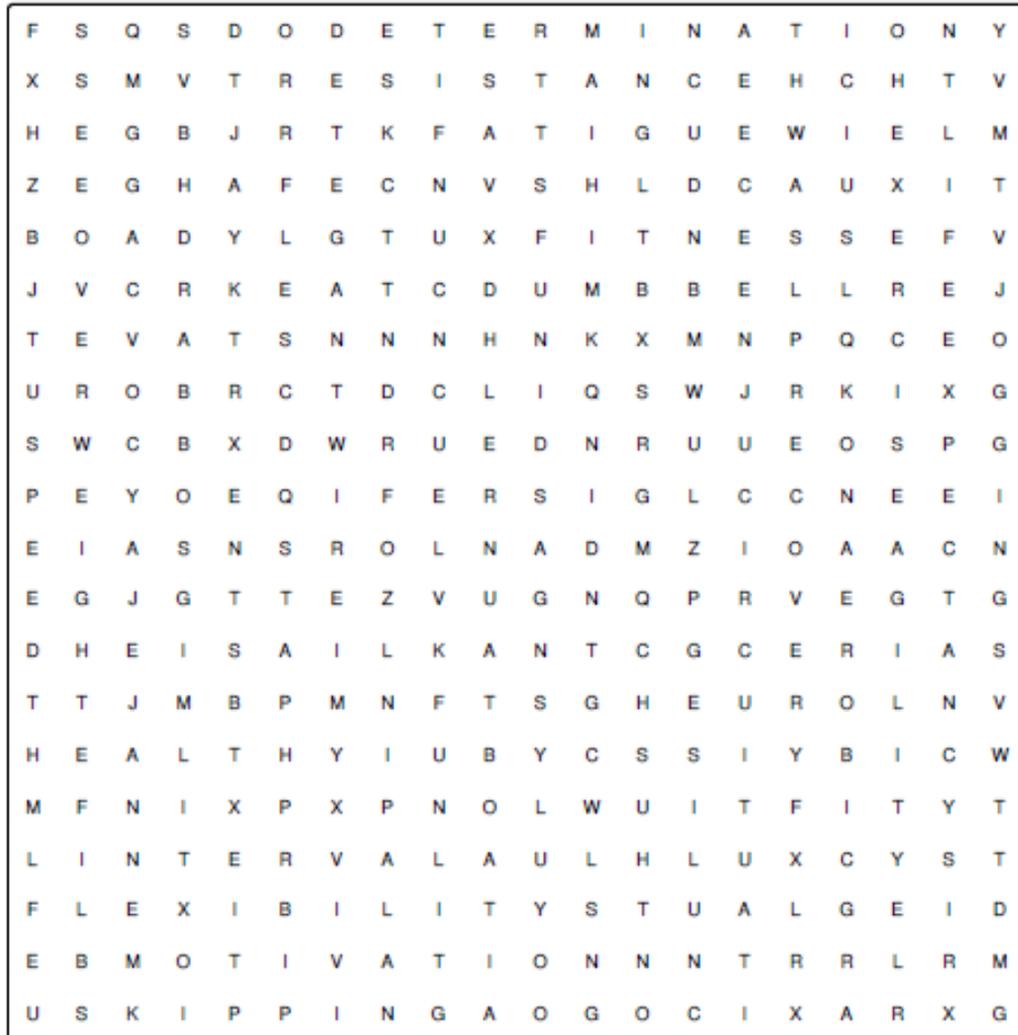
Give your brain a work out with Fin's Sudoku puzzle

6	5	9		1		2	8	
1				5			3	
2			8				1	
			1	3	5		7	
8			9					2
		3		7	8	6	4	
3	2			9				4
				1	8			
		8	7	6				

# BE A BRUNSWICKIAN

Give your brain a work out with Fin's P.E. word search

Find all of the words to complete the wordsearch



cardiovascular

endurance

stamina

healthy

fitness

life expectancy

overweight

obese

heart

lungs

fatigue

flexibility

strength

agility

speed

motivation

determination

aerobic

skipping

jogging

dumbbell

resistance

circuit

interval

continuous

rest

recovery

exercise

balance

stretching