

SPRING TERM 2019

	WEEK 1 Served w/c 7 th , 28 th Jan 18 th Feb , 18 th March , 8 th April	WEEK 2 Served w/c 14 th Jan , 4 th Feb , 25 th March	WEEK 3 Served w/c 21 st Jan , 11 th Feb , 11 th March
M O N D A Y	Vegetarian meatball in gravy Potato Wedges Peas & Sweetcorn **** Banana Muffin Fresh Fruit or Organic Yoghurt	Vegetarian Spaghetti Bolognaise Peas & Carrots Garlic Bread **** Orange Brownie & Custard Fresh Fruit or Yoghurt	Margherita Pizza Diced Potatoes Veg Sticks & Fruity Pasta Salad **** Arctic Roll & Fruit Fresh Fruit or Yoghurt
T U E S D A Y	Vegetarian Cottage Pie Medley of Veg Wholemeal Baguette **** Jam Tart & Custard Fresh Fruit or Yoghurt	Sage & Onion Qourn Bites Tomato Salsa Potato Wedges Green Beans & Cauliflower Poppy Seed Bread **** Lemon Cake & Custard Fresh Fruit or Yoghurt	Quorn Korma & Rice Broccoli & Cauliflower Naan Bread **** Apple Tart & Custard Fresh Fruit or Yoghurt
W E D N E S D A Y	Roast Quorn with Sage & Onion Stuffing Roast Potatoes Carrots & Savoy Cabbage Sliced Wholemeal Bread **** Shortbread Finger & Yoghurt Fresh Fruit	Vegetarian Toad In Hole & Gravy Creamed Potatoes Savoy Cabbage & Swede Carrot & Parsnip Herbie Bread **** Cookie with Cheese Fresh Fruit or Yoghurt	Minced Quorn Pie Sweet Potato Mash Medley Of Vegetables Tomato Bread **** Chocolate Cornflake Pudding Fresh Fruit or Yoghurt
T H U R S D A Y	Mexican Quorn Tortilla Boat With Rice Mixed Salad With Grated **** Apricot Bar Fresh Fruit or Yoghurt	Diced Quorn Keema Rice Broccoli Carrots Wholemeal Bread **** Apple Crumble & Custard Fresh Fruit or Yoghurt	Roast Vegetables & Pasta in Carbonara sauce Green Beans & Sweetcorn Crusty Wholemeal Baguette **** Chocolate Banana Sponge & Chocolate Sauce Fresh Fruit or Yoghurt
F R I D A Y	Vegetarian Pastie Carrot Sticks Apple Salad Chipped Potatoes Cheese & Onion Flat Bread **** Fruit Yoghurt Or fruit	Vegetarian sausage in a Homemade Bun Tomato Sauce Peas & Coleslaw **** Fruit Yoghurt Fresh Fruit	Jacket Potato with cheese Beetroot salad Sunflower Seed Bread **** Fruit Yoghurt Fresh Fruit