



Grab Bag Sandwich Fillings

Grab bags are available as an alternative to the hot menu choice.

- Monday - Cheese
- Tuesday - Ham
- Wednesday - Tuna mayo
- Thursday - Chicken
- Friday - Cheese

Also included in the Grab Bag Apple, Orange or Banana/Tub of mixed seasonal salad/Vanilla or chocolate cookie

January

M	T	W	T	F
31	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	1

February

M	T	W	T	F
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	1

March

M	T	W	T	F
4	5	6	7	8
7	8	9	14	15
18	19	20	21	22
25	26	27	28	29

April

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

Week 1	Week 2	Week 3
Monday	Monday	Monday
<p>Shepherd's pie served with gravy ***</p> <p>(V) Veggie bolognaise served with crusty bread ***</p> <p>Garden peas ***</p> <p>Raisin cookie & ice-cream ***</p> <p>Fresh fruit/ yoghurt</p>	<p>Sweet & sour chicken served with noodles ***</p> <p>(V)Veggie chilli served with potato wedges ***</p> <p>Sliced green beans ***</p> <p>Lemon & blueberry tray bake served with vanilla custard ***</p> <p>Fresh fruit/ yoghurt</p>	<p>Mexican chicken served with savoury rice ***</p> <p>(V) Veggie burger served with jacket potato ***</p> <p>Garden peas ***</p> <p>Jam & coconut sponge served with custard ***</p> <p>Fresh fruit/ yoghurt</p>
Tuesday	Tuesday	Tuesday
<p>BBQ chicken wrap served with rice ***</p> <p>(V) Veggie curry served with rice & naan bread ***</p> <p>Baby carrots & sweetcorn ***</p> <p>Chocolate orange sponge served with vanilla custard ***</p> <p>Fresh fruit/ yoghurt</p>	<p>Meat & potato pie served with gravy ***</p> <p>(V)Vegi Sausage & mash served with gravy ***</p> <p>Cabbage & sliced carrots ***</p> <p>Fruit salad & ice-cream ***</p> <p>Fresh fruit/ yoghurt</p>	<p>Pork sausage hot dog served with herby diced potatoes & tomato ketchup ***</p> <p>(V) Veggie sausage hotdog served with herby diced potatoes & tomato ketchup ***</p> <p>Baked beans/coleslaw ***</p> <p>Peach & pineapple crumble served with ice-cream ***</p> <p>Fresh fruit/ yoghurt</p>
Wednesday	Wednesday	Wednesday
<p>Roast Turkey served with Yorkshire pudding, mashed potatoes & gravy ***</p> <p>(V) Roasted Quorn served with Yorkshire pudding, mashed potatoes & gravy ***</p> <p>Mixed vegetables ***</p> <p>Peaches & ice-cream ***</p> <p>Fresh fruit/Yoghurt</p>	<p>Roast pork served with Yorkshire pudding, mashed potatoes & gravy ***</p> <p>(V) Roasted Quorn served with Yorkshire pudding, mashed potatoes & gravy ***</p> <p>Cauliflower florets ***</p> <p>Crackers & cheese ***</p> <p>Fresh fruit/Yoghurt</p>	<p>Roast beef served with Yorkshire pudding, mashed potatoes & gravy ***</p> <p>(V) Roasted Quorn served with Yorkshire pudding, mashed potatoes & gravy ***</p> <p>Diced carrots & swede ***</p> <p>Strawberry & vanilla mousse ***</p> <p>Fresh fruit/Yoghurt</p>
Thursday	Thursday	Thursday
<p>Meatballs in tomato & basil sauce served with savoury rice & crusty bread ***</p> <p>(V) Crumbed vegetable burger served with savoury rice ***</p> <p>Broccoli florets ***</p> <p>Cream crackers & cheddar cheese stick ***</p> <p>Fresh fruit/Yoghurt</p>	<p>Cheesy pizza served with potato wedges or tomato & basil pasta ***</p> <p>Baked beans/chopped tomatoes ***</p> <p>Fruit berry muffin ***</p> <p>Fresh fruit/ yoghurt ***</p>	<p>Spaghetti Bolognaise served with crusty baguette ***</p> <p>(V) Vegetable pakora served with potato wedges ***</p> <p>Sweetcorn & mixed peppers ***</p> <p>Carrot & orange cake served with custard ***</p> <p>Fresh fruit/ yoghurt</p>
Friday	Friday	Friday
<p>Salmon fishcakes served with chips & tomato ketchup ***</p> <p>(V) Crumbed vegetable burger served with chips & tomato ketchup ***</p> <p>Baked beans ***</p> <p>Pineapples & fresh cream swirl ***</p> <p>Fresh fruit/ yoghurt</p>	<p>Battered fish served with chips ***</p> <p>(V) Vegetable nuggets served with chips & tomato ketchup ***</p> <p>Garden peas ***</p> <p>Chocolate & vanilla swirl mousse ***</p> <p>Fresh fruit/ yoghurt</p>	<p>Crumbed fish star served with chips & tomato ketchup ***</p> <p>(V) Vegetable nuggets served with chips & tomato ketchup ***</p> <p>Mushy peas ***</p> <p>Banana Angel Delight ***</p> <p>Fresh fruit/ yoghurt</p>

**Served Daily: Salad bar and Wholemeal Bread.
Fresh drinking water.**

Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

Please note our menus/food may contain allergens.