

TRANSPORT

Transport is available to all Rutland families to attend Visions activities/sessions and courses. Please call 01572 758 383 to book transport. Be advised that we will need at least a weeks notice to arrange transport for you.

All our services and the majority of sessions are **FREE to registered Rutland families**. Registration forms are available at sessions, at the Oakham Children's Centre or you can complete an online copy on our website: www.visionsccc.co.uk

You can also download the full programme of all our sessions at all venues from our website.

Visions Children's Centres Working Hours

Monday to Thursday: 8.30am – 5.00pm.
Fridays: 8.30am - 4.30 pm

Address:

Visions Children's Centre
Catmos Street
Oakham
Rutland
LE15 6HW



We look forward to meeting you and your family in the future!



Search for —

Visions Children's Centres



Information about activities and services available at Kendrew and St Georges Barracks.

Provided by Visions Children's Centres and Partners - Dec 2018



VISIONS CHILDREN'S CENTRE STATEMENT

“At Visions Children's Centre we offer a welcoming space where children and families matter; where they can feel safe, healthy and happy and can develop to reach their full potential.”

Our webpage is: www.visionsccc.co.uk
Call us on: 01572 758 383
or e-mail: visions@rutland.gov.uk



Rutland
County Council

Kendrew Barracks



Hi, my name is Ceri.
I am a Family Support Worker providing advice, guidance and practical support around parenting.
On Tuesday's I can be found in the Hive and can be on hand to help with any support you need.
I hope to meet as many children and families as possible and would really like to put on more sessions for children and parents. We welcome all of your ideas so please let me know if there is something you would like to see!

Sessions held at Kendrew Community Centre:

Stay and Play session:

Held every Wednesday (except for Xmas and New Year) 10.00—11.45 hrs

For parents and carers to come along with children aged 0-4 (older siblings welcome in school holidays). Enjoy a wide range of free activities, get ideas for things to do to support your children's learning at home and meet new friends!

"Great for socialising for myself & my daughter and trying new activities !" - parents comment about this session.

Music Bugs:

" During a typical 40 minute class, we (parents and children) will sing nursery rhymes, counting songs, knee bouncers, action songs and finger play rhymes. A wide range of props (pom poms, puppets, scarves, bubbles, percussion instruments, hobby horses, and teddies) help to engage your child's attention and bring our sessions to life"
All Tuesdays:

8th Jan/22nd Jan/5th Feb/26th Feb/12th Mar/26th Mar 19

Baby Bugs (0 - crawling) 13.15 - 13.55 hrs (**Note new time**)
Family Bugs (All ages) 14.15-15.00 hrs



Health Clinic: there are three weekly clinics at Kendrew Barracks, held on the 2nd/3rd and 4th Wednesdays of the month. These clinics are appointment only. To book an appointment call 01664 855560/0300 300 0007

Aiming High (for Disabled Children 0—19 yrs) - drop-in support session for parents of children with a disability. **To be held on the first Friday of the month from 10.00—12.00 hrs in Kendrew Community Centre**

School Holiday activities - check out the noticeboard in the Community Centre for details of upcoming holiday activities.

St Georges Barracks



Hi, I'm Amy.
I provide a family support service every Thursday from the Community Centre from 10.00—15.30 hrs.
Families and parents are welcome to pop into the Community Centre on a Thursday for support with any issues relating to or affecting their parenting. It could just be for some gentle advice or to voice any concerns you have.
If you would prefer to arrange a time to see me or would just like a chat, please call: me on 07970 232 031.

Sessions held at St Georges Community Centre:

Stay and Play session:

Held every Tuesday (except for Xmas and New Year) 10.00—11.45 hrs

(see description of session on the Kendrew page)

"I was initially anxious about starting a new group but everyone was super lovely!"- parents comment about the session.

Music Bugs (see description of session on the Kendrew page)
"Family Bugs" (For all ages 0—5 years) sessions at the Community Centre.

Dates for 2019 - all Thursdays (09.30 - 10.10 hrs)

10th Jan/24th Jan/7th Feb/26th Feb/12th Mar/26th Mar 19



Health Clinic— held every 3rd Tuesday of the month .Call **01664 855560/0300 300 0007** for an appointment). Speak to the Health Visitor's Nursery Nurse about your concerns, including advice on baby's and children's weight, weaning, behaviour and general support. There is also the opportunity to get your baby weighed.

School Holiday activities include: Fun sessions for during School Holidays (information about the sessions will be advertised on the noticeboard in the Community Centre) .

Baby Massage taster course (4— weekly sessions) are run from the Community Centre. For more information and/or to book on the course, contact Amy on **07970 232 031**.