

CATERLINK - SPRING 2019 MENU

Week		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Main Meal	Beef Burger in a Bun with New Potatoes	Chicken & Tomato Pasta	Roast Gammon with Roast Potatoes & Gravy	Chicken Noodles	Breaded Fish with Chipped Potatoes & Tomato Sauce
31 Dec						
21 Jan	Vegetarian	Quorn Burger in a Bun with New Potatoes	Macaroni Cheese	Vegetable Noodles	Cheese Whirls with New Potatoes	Veggie Sausage with Chipped Potatoes
18 Feb						
11 Mar	Vegetables	Sweetcorn Green Beans	Baked Tomatoes Garden Peas	Carrot & Swede Mash	Sweetcorn Mixed Peppers	Baked Beans Garden Peas
01 Apr	Dessert	Apple Pie with Custard	Pear Crumble with Custard	Oaty Cookie	Pineapple Upside Down Cake & Custard	Chocolate Crunch
WEEK 2	Main Meal	Hot Dog with Tomato Sauce & Wedges	Chicken Curry with Rice	Roast Turkey with Roast Potatoes & Gravy	Spaghetti Bolognaise	Battered Fish with Chipped Potatoes & Tomato Sauce
07 Jan						
28 Jan	Vegetarian	Veggie Hot Dog with Tomato Sauce & Wedges	Lentil & Vegetable Curry with Rice	Quorn Roast with Roast Potatoes & Gravy	Broccoli Cheese Pasta Bake	Spinach & Tomato Quiche with New Potatoes
25 Feb						
18 Mar	Vegetables	Coleslaw Garden Peas	Broccoli Sliced Carrots	Red Cabbage Green Beans	Peppers Sweetcorn	Baked Beans Garden Peas
	Dessert	Chocolate Shortbread	Banana Sponge with Custard	Apple, Cheese & Biscuits	Mixed Fruit Crumble with Custard	Chocolate Crispie
WEEK 3	Main Meal	BBQ Chicken Pizza with Wedges	Beef Lasagne	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Chilli with Rice	Salmon Fish Fingers with Chipped Potatoes & Tomato Sauce
14 Jan						
04 Feb	Vegetarian	Cheese & Tomato Pizza with Wedges	Vegetable Lasagne	Vegetable Wellington with Roast Potatoes & Gravy	Quorn Chilli with Rice	Cheese, Tomato & Spinach Frittata with Chipped Potatoes
04 Mar						
25 Mar	Vegetables	Sweetcorn Green Beans	Broccoli Tomatoes	Shredded Cabbage Carrots	Roasted Vegetable Medley	Baked Beans Garden Peas
	Dessert	Oaty Peach Crumble with Custard	Lemon & Mixed Berry Cake	Orange Jelly & Ice Cream	Chocolate & Mandarin Brownie	Flapjack

Homemade Bread, Selection of Salads, Jacket Potato & fillings plus Fresh Fruit & Yoghurt available daily