

Session 6 - Empowerment

Have your expectations been met?

What have you learned?

What are your successes?

Moving forward?

Celebration of your commitment to group



ESCAPE

Empathy – How did I feel? How is the young person feeling?

Situations – What is really concerning me about this situation?

Care and control – What is my part in all this? What does the young person need to take responsibility for?

Approach – How am I going to tackle this?

Positives – How can I reward positive behaviour? Where has this behaviour come from?

Empowerment – identifying support networks and feeling confidence in my parenting.

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The main aim of the programme is to:-

Improve relationships

Improve attendance at school

Behaviour at home and school

Reduce offending behaviour



Dates:-

Session 5 – Rewards and Bribery?

Using Rewards and bribery to manage a young persons behaviour

Reward:- a thing given in recognition of service, effort, or achievement.

Bribery: - A sum of money or other inducement offered or given to bribe someone

Rewards are unique to each individual person and what may work for one may not work for another.

Free rewards include cuddles, praise, spending quality time together.



Session 4 – Ripples of Consequences

Good and bad consequences of a young persons actions or decisions and the affect this would have on a young person and others

(ripples in a pond)



Session 1 - Skilled or What?

What skills do you have as a parent?

Chef



Taxi Driver



Bank



Counsellor



Teacher







Cleaner



and many more!!!!!!!

Session 2 – Worried Or Not Worried?

Looking at different scenarios and whether as a parent/carer you would be worried or not worried if the situation was relevant to the young person.

- Stealing from your purse or wallet
Worried or Not Worried? 
- Coming home drunk more than once
Worried or Not Worried? 
- Young person has been riding in a stolen car
Worried or Not Worried? 
- Young person swearing a lot on the phone to a friend
Worried or Not Worried? 

Session 3 – Parenting Styles

Angry Bull



"I wear the trousers in this house"
"You'd better show me some respect"



Wise Owl

"Do you have an explanation?"
"How could you do this different next time?"
"I would like to take time to discuss this"

Cowering Cat

"Why does nobody listen to what I say?"
"After all the sacrifices I have made for them"

Relaxed Rabbit

"Chill out"

It's OK – their mates do it"
"They will grow out of it"

