

RIFT HOUSE PRIMRAY SCHOOL
SCHEME OF WORK FOR PSHE, CITIZENSHIP/PREVENT AND SEAL CURRICULUM OVERVIEW

We believe effective PSHCE is essential if young people are to make responsible and well informed decisions about their lives and this is reflected in our curriculum and whole school ethos.

All themes within Rift House PSHCE Curriculum aim to build pupils' resilience to radicalisation and promote fundamental British values by:

- Providing a safe environment for **debating controversial issues**
- Helping them to understand how they can **influence and participate in decision-making**.
- Providing pupils with the knowledge, skills and understanding to **prepare them to play a full and active part in society**
- Equipping pupils to **explore political and social issues critically**, to **weigh evidence**, to **debate**, and to **make reasoned arguments**

Specific examples are outlined below:

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Y1, Y3, Y5	PSHE / CIT / SEAL topic	WE'RE ALL STARS! <ul style="list-style-type: none"> • Community • British Values • Rights and responsibilities • Getting to know each other • Working together 	BE FRIENDLY, BE WISE <ul style="list-style-type: none"> • Making and sustaining friendships • Conflict resolution • Anti-bullying • Keeping safe at home and outdoors 	DARING TO BE DIFFERENT <ul style="list-style-type: none"> • Identity and self-esteem • Difference and diversity • Peer influence and assertiveness 	DEAR DIARY <ul style="list-style-type: none"> • Comfortable and uncomfortable feelings • Problems in relationships • Anti-bullying • Help and support 	JOINING IN AND JOINING UP <ul style="list-style-type: none"> • Needs and responsibilities • Participation • Local democracy • Voluntary groups • Fund-raising activities 	LUCINDA AND GODFREY <ul style="list-style-type: none"> • Exploring Friendship and Trust • Your feelings, your choice • Growing and Changing
Y2, Y4, Y6	PSHE / CIT / SEAL topic	IT'S OUR WORLD <ul style="list-style-type: none"> • British Values • The wider community and local democracy • Rights and responsibilities • Environmental awareness and sustainability issues 	SAY NO! <ul style="list-style-type: none"> • Drugs Education: medicines and legal drugs • Drugs Education: illegal drugs and risk-taking behaviour • Feeling safe • Anti-bullying 	MONEY MATTERS <ul style="list-style-type: none"> • Understanding finance and money • Shopping and budgeting • Risk and debt • Goal-setting and motivation 	WHO LIKES CHOCOLATE? <ul style="list-style-type: none"> • Fair trade • Globalisation / Inequalities • Hunger and poverty • Media and stereotyping 	PEOPLE AROUND US <ul style="list-style-type: none"> • Global citizenship • Different identities around the world • Challenging prejudice • Support networks – relationships and families 	LUCINDA AND GODFREY <ul style="list-style-type: none"> • Keeping clean • Keeping Safe • Growing and Changing - Puberty
	Whole school focus	<ul style="list-style-type: none"> • Rewards and consequences, school rules • Setting up a School Council • One World Week • Rights respecting schools (RRS) • International activity (Sustainable Development Goals) 	<ul style="list-style-type: none"> • National Anti-Bullying Week • Bonfire Night • Road Safety Week • Remembrance Day • International Children's Day • Christmas Fayre • RRS • International Activity 	<ul style="list-style-type: none"> • Unicef Day of Change • Walk to school week • Recycling Week • World Vision • E-safety week • Holocaust Memorial Day • RRS • International Activity 	<ul style="list-style-type: none"> • Mother's Day • Red Nose Day • Fairtrade Fortnight • World Book Day • World Water Day • RRS • International Activity 	<ul style="list-style-type: none"> • Father's Day • Family Week • National Children's Day • Disability Awareness Day • Jeans for Genes Day • Oranje Day • RRS • International activity 	<ul style="list-style-type: none"> • Refugee Week • World • Environment Day • Summer Fayre • My Money Week • RRS • International activity



RIFT HOUSE PRIMRAY SCHOOL
SCHEME OF WORK FOR PSHE, CITIZENSHIP/PREVENT AND SEAL
MEDIUM TERM OVERVIEW



	WE'RE ALL STARS!	BE FRIENDLY, BE WISE	DARING TO BE DIFFERENT	DEAR DIARY	JOINING IN AND JOINING UP	LUCINDA AND GODFREY
Y1	<ol style="list-style-type: none"> 1. Devising a class charter 2. Getting to know each other 3. British Values 4. Problem-solving 5. Looking after each other 6. Happy playtimes / making choices 	<ol style="list-style-type: none"> 1. Making friends 2. Falling out with a friend 3. Managing anger 4. Anti-bullying 5. Hazards in the home and fire safety 6. Road safety 	<ol style="list-style-type: none"> 1. Our likes and dislikes 2. Feeling proud 3. Being special 4. Recognising worries 5. Staying calm and relaxed 6. Standing up for myself 	<ol style="list-style-type: none"> 1. Asking for help 2. Feeling loved and cared for 3. Managing uncomfortable feelings – proud and jealous 4. Thoughts, feelings and behaviour 5. Dealing with worries 6. Supporting each other 	<ol style="list-style-type: none"> 1. Listening effectively 2. Expressing opinions 3. Knowing right and wrong 4. Needs of living things 5. Developing responsibility - looking after animals 6. Who else looks after animals? 	<ol style="list-style-type: none"> 1. Friends and friendships 2. Friends and friendship 3. What makes you happy at school? 4. What makes you sad at school? 5. Friends are people we can trust 6. Keeping friends
Y3	<ol style="list-style-type: none"> 1. Devising a class charter 2. Gifts and talents 3. British Values 4. Exploring feelings 5. Working cooperatively 6. Happy playtimes / Having opinions 	<ol style="list-style-type: none"> 1. The importance of friends 2. Falling out with a friend 3. Managing anger 4. Anti-bullying 5. What to do in an emergency 6. E-safety 	<ol style="list-style-type: none"> 1. Similarities and differences 2. Feeling good about yourself 3. Surprises 4. Hopeful and disappointed 5. Hiding or showing feelings 6. Standing up for myself 	<ol style="list-style-type: none"> 1. Knowing where to go for help 2. Taking responsibility 3. Making wise choices 4. Managing uncomfortable feelings - loss 5. Dealing with worries 6. Supporting each other 	<ol style="list-style-type: none"> 1. Jobs at home and in school 2. Representation – local council 3. Voting and debating 4. Having a say in the school community 5. Voluntary, community and pressure groups 6. Fund-raising 	<ol style="list-style-type: none"> 1. Feelings 2. Know your feelings 3. Know your feelings 4. Someone to tell 5. Making decisions 6. Making decisions
Y5	<ol style="list-style-type: none"> 1. Devising a class charter 2. Gifts and talents 3. British Values 4. Exploring feelings 5. Working cooperatively 6. Communication skills / Role models 	<ol style="list-style-type: none"> 1. Different types of friends 2. Conflict resolution 3. Managing anger 4. Anti-bullying 5. First Aid 6. First Aid 	<ol style="list-style-type: none"> 1. Differences of opinion 2. Agreeing and disagreeing 3. Risky choices 4. Standing out from the crowd 5. Being assertive 6. Anti-bullying 	<ol style="list-style-type: none"> 1. Knowing where to go for help 2. Managing uncomfortable feelings - embarrassment 3. Put-downs and boost ups 4. Breaking friends 5. Forgiveness 6. Supporting each other 	<ol style="list-style-type: none"> 1. Anti-social behaviour and the consequences of crime 2. Rules and laws 3. The local courts 4. Voting and debating 5. Having a say in the school community 6. Fund-raising 	<ol style="list-style-type: none"> 1. Rules 2. Keeping ourselves healthy 3. Growing and changing 4. Growing and changing 5. Growing and changing 6. Growing and changing

	IT'SOUR WORLD	SAY NO!	MONEY MATTERS	WHO LIKES CHOCOLATE?	PEOPLE AROUND US	LUCINDA AND GODFREY
Y2	<ol style="list-style-type: none"> 1. Devising a class charter 2. Getting to know each other 3. British Values 4. Communities we belong to 5. Saving energy around the school 6. Recycling and Pollution 	<ol style="list-style-type: none"> 1. Drugs Ed: medicines 2. Drugs Ed: household substances 3. Drugs Ed: the dangers of smoking 4. Drugs Ed: the dangers of alcohol 5. Feeling safe: real and imaginary hazards 6. Anti-bullying 	<ol style="list-style-type: none"> 1. Why do we have money? 2. Keeping money safe 3. Can I afford it? 4. Wants and needs 5. What does it mean to be rich? 6. Setting a simple goal 	<ol style="list-style-type: none"> 1. Foods from around the world 2. Customs and rituals 3. Special day foods and celebrations 4. How much chocolate do we eat? 5. Where does chocolate come from? 6. Fair trade principles 	<ol style="list-style-type: none"> 1. Special people 2. People who help us 3. Feeling lonely 4. Different kinds of families 5. Difficult choices - leaving home 6. People and places around the world 	<ol style="list-style-type: none"> 1. Know Your Feelings, Would it Help If...? 2. The Smell Monster 3. The Smell Monster – Keeping clean 4. The Smell Monster – Keeping clean 5. Keeping our bodies clean 6. Keeping our bodies clean
Y4	<ol style="list-style-type: none"> 1. Devising a class charter 2. British Values 3. Understanding rules and laws 4. Saving energy (1) 5. Saving energy (2) 6. Climate change (1) / Climate change (2) 	<ol style="list-style-type: none"> 1. Drugs Ed: risk taking 2. Drugs Ed: legal and illegal drugs 3. Drugs Ed: effects and risks of smoking 4. Drugs Ed: effects and risks of drinking alcohol 5. Keeping safe in my local area: say no to gangs 6. Anti-bullying 	<ol style="list-style-type: none"> 1. Keeping track of my money 2. Paying for goods 3. Family expenses 4. Planning and budgeting 5. Charity work 6. Fund-raising for charity 	<ol style="list-style-type: none"> 1. The real cost of chocolate 2. What is fair trade? 3. Consumer power 4. The media and information 5. Advertising 6. Recognising and challenging stereotypes 	<ol style="list-style-type: none"> 1. Similarities and differences 2. How we are all connected 3. Living and working cooperatively 4. Recognising and challenging prejudice 5. Gender stereotypes 6. Contributing to Society – jobs people do 	<ol style="list-style-type: none"> 1. Who makes the choice? 2. Rules 3. Keeping safe outside school 4. Keeping safe outside school 5. Responsibility 6. Responsibility
Y6	<ol style="list-style-type: none"> 1. Devising a class charter 2. British Values 3. Understanding democracy 4. Environmental awareness and responsibility 5. Climate change (1) / Climate change (2) 6. Sustainability issues 	<ol style="list-style-type: none"> 1. Drugs Ed: risk taking and dealing with pressure 2. Drugs Ed: legal and illegal drugs 3. Drugs Ed: say no to smoking 4. Drugs Ed: attitudes to alcohol 5. Keeping safe in my local area: say no to knives 6. Anti-bullying 	<ol style="list-style-type: none"> 1. Earning money 2. Value for money 3. Lending and borrowing money 4. Achieving goals 5. Deductions and expenses 6. Poverty 	<ol style="list-style-type: none"> 1. Rich and poor nations 2. Trade across the world 3. Global footprints 4. Food shortages and hunger 5. Fairness and responsibility 6. Reporting the news 	<ol style="list-style-type: none"> 1. National religious and ethnic identities in the UK 2. Different types of relationships 3. Stereotyping and judgement 4. Put-downs and conflict 5. Ending friendships 6. Forgiveness 	<ol style="list-style-type: none"> 1. Rules 2. Growing and changing - Puberty 3. Changing relationships 4. Relationships 5. Relationships 6. Growing and changing - Puberty