

Broadchalke Primary School
Lunchtime Menu Term 3 2019

KS1 Universal Infant Free School Meals

CHILD'S NAME
 CLASS

Either... *I wish my child to have school dinners every day...* Yes Please!
 Or... *Just on the days I have ticked below....*
No thank you! No hot lunches this term

IMPORTANT: **Please note - our Kitchen is a nut-free kitchen**
 Does your child suffer from any allergies? If so, which?

Does your child have any special dietary requirements?

(If so please write in detail about these requirements on the reverse of this sheet)

***All our meals are freshly cooked on site using locally sourced ingredients. A mixed salad bar and bread is included.**

<u>Day</u>	<u>Main Course</u>	<u>Dessert</u>	<u>Yes Please!</u>
Monday 07 Jan	Jacket potato served with baked beans and cheese	Oat and raspberry slice	<input type="checkbox"/>
Tuesday 08 Jan	Fish fingers served with new potatoes and vegetables	Carrot cake	<input type="checkbox"/>
Wednesday 09 Jan	Vegetarian lasagne	Fruit compote served with yoghurt	<input type="checkbox"/>
Thursday 10 Jan	Coconut grilled chicken and vegetables served with rice	Apple crumble and custard	<input type="checkbox"/>
Friday 11 Jan	Bangers and mash served with vegetables and gravy	Raspberry sponge	<input type="checkbox"/>
Monday 14 Jan	Pasta tuna bake	Fruit salad	<input type="checkbox"/>
Tuesday 15 Jan	Vegetable pizza served with new potatoes	Apricot biscuits	<input type="checkbox"/>
Wednesday 16 Jan	Roast pork served with roast potatoes, vegetable and gravy	Chocolate muffin	<input type="checkbox"/>
Thursday 17 Jan	Beef goulash served with rice	Syrup cake with custard	<input type="checkbox"/>
Friday 18 Jan	Pasta bolognaise	Drizzled banana bread	<input type="checkbox"/>
Monday 21 Jan	Jacket potato served with baked beans and cheese	Oat and raspberry slice	<input type="checkbox"/>
Tuesday 22 Jan	Fish fingers served with new potatoes and vegetables	Carrot cake	<input type="checkbox"/>
Wednesday 23 Jan	Vegetarian lasagne	Fruit compote served with yoghurt	<input type="checkbox"/>
Thursday 24 Jan	Coconut grilled chicken and vegetables served with rice	Apple crumble and custard	<input type="checkbox"/>
Friday 25 Jan	Bangers and mash served with vegetables and gravy	Raspberry sponge	<input type="checkbox"/>
Monday 28 Jan	Pasta tuna bake	Fruit salad	<input type="checkbox"/>
Tuesday 29 Jan	Vegetable pizza served with new potatoes	Apricot biscuits	<input type="checkbox"/>
Wednesday 30 Jan	Roast pork served with roast potatoes, vegetable and gravy	Chocolate muffin	<input type="checkbox"/>
Thursday 31 Jan	Beef goulash served with rice	Syrup cake with custard	<input type="checkbox"/>
Friday 01 Feb	Pasta bolognaise	Drizzled banana bread	<input type="checkbox"/>
Monday 04 Feb	Jacket potato served with baked beans and cheese	Oat and raspberry slice	<input type="checkbox"/>
Tuesday 05 Feb	Fish fingers served with new potatoes and vegetables	Carrot cake	<input type="checkbox"/>
Wednesday 06 Feb	Vegetarian lasagne	Fruit compote served with yoghurt	<input type="checkbox"/>
Thursday 07 Feb	Coconut grilled chicken and vegetables served with rice	Apple crumble and custard	<input type="checkbox"/>
Friday 08 Feb	Bangers and mash served with vegetables and gravy	Raspberry sponge	<input type="checkbox"/>
Monday 11 Feb	Pasta tuna bake	Fruit salad	<input type="checkbox"/>
Tuesday 12 Feb	Vegetable pizza served with new potatoes	Apricot biscuits	<input type="checkbox"/>
Wednesday 13 Feb	Roast pork served with roast potatoes, vegetable and gravy	Chocolate muffin	<input type="checkbox"/>
Thursday 14 Feb	Beef goulash served with rice	Syrup cake with custard	<input type="checkbox"/>
Friday 15 Feb	Pasta bolognaise	Drizzled banana bread	<input type="checkbox"/>

There may be days when the menu needs to be changed.

Signed