



## Sticky Chicken 5 Portions

### Ingredients

5 Chicken Thighs

2tbsp Honey

2tbsp Soy Sauce

1 tspn Chinese five Spice



### Method

1. Place the chicken in a tray skin side up.
2. Mix all ingredients together and spread over the chicken.
3. Cook in a preheated oven.
4. Strain off any fat.
5. Serve with Boiled rice

