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Dear all,

Welcome back to a busy Term 3. Hope you had a lovely Christmas and New Year.

Around school this week: Reception have been painting with Cars, Year 1 have made 'snow', Year 2 have guessed what was inside the Golden Egg, Year 3 have identified different types of rock, Year 4 have been learning the story of the Stoneage boy, Year 5 have been learning new Hockey skills and Year 6 have been improving their sentences using embedded clauses.

Please make sure that you read your child's Topic Plan, which tells you all about your child's learning over the next Term, this will be emailed to you, is displayed outside the classroom and on our school website.

Attendance Stars: Pear Class 98.22%

Congratulations

- 1) **Dance Umbrella** ~ KS1 pupils have the opportunity to take part in the Dance Umbrella Festival at the Forum, Bath in March. However, there hasn't been a great take up of places this year – which is very unusual as the children always really enjoy Dance Umbrella. The club runs from **3:15pm to 4:15pm on a Monday** and many children have said they would like to attend. So please could we encourage parents to support your children, in this fantastic opportunity and return the permission slips early next week. The dance club will now start on **Monday 21st January 2019**.
- 2) **School Meal and Breakfast Club payments** ~ Please can we remind parents that School Meals and Breakfast club need to be **paid for, in advance, on a Monday**. Thank you.
- 3) **Car Parking at Sainsbury's Odd Down**. The 'Colleagues' Car Park area no longer belongs to Sainsbury's so it is no longer available for any parking. Sainsbury's Odd Down are happy for parents to park in the main store car park at drop off and pick up time but please be aware that parking maybe limited and there is a strict 90 minute time limit. **Please do not park on the school site.**
- 4) **RECEPTION 2019 ~ Deadline for applications is 15th January**. Make sure you get your application in by the deadline otherwise your application will be classed as 'late' and not processed until all 'on-time' applications have been allocated.
- 5) **Head Lice** ~ We have had lots of reports of Headlice this week. Please can **ALL** parents check their children's hair regularly and treat appropriately. Thank you for your cooperation with this.

Dates for your diaries:

Tuesday 15th January 2019 ~ Closing date for Reception 2019 Applications

Monday 4th March 2019 ~ Palladian Academy Trust INSET DAY (School closed to pupils)

Friday 28th June 2019 ~ Palladian Academy Trust INSET DAY (School closed to pupils)

Wishing you all a lovely weekend from all at St Martin's Garden Primary.

How to nurture a child's mental health



Actively listen before offering your advice



Be patient



Share your feelings and validate theirs



Tell the truth



Model healthy behavior



Surround them with healthy adults



Be consistent and follow through with what you promise



Teach them how to be safe



Believe them and in them



Use open ended questions



Have scheduled family time



Limit electronic time for everyone



Reach out and hug them



Practice relaxation exercises together



Model forgiveness



Respond calmly when their emotions are elevated



View their behavior as a window to their needs and feelings



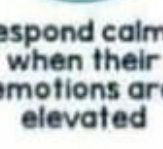
Make play and exercise a requirement



Recognize positive choices



Be present



Set and respect boundaries