

THURSTONLAND FIRST SCHOOL P.E. Expenditure 2018 – 2019

Please note this document is ongoing and will be continue to be amended during the year

<p>Thurstonland First School</p> <p>P.E. Improvement Plan</p> <p>2018-2019</p>	<p>Key Priorities</p> <ul style="list-style-type: none"> • Maintain engagement of all pupils in regular physical activity for 30 mins a day • Maintain School Games Gold Award • Continue to promote the importance of Physical Education, School Sport and Physical Activity across the school • Promote healthy and active lifestyles throughout the school curriculum • Ensure 'legacy building' • Increase enjoyment and participation in sporting activities during lunchtimes and extra-curricular for least active children • Continue to provide a range of sports and activities for all pupils • Continue to encourage links with other community sports providers and build additional new partnerships • Further develop increased participation in intra-school competitions • Increase children's leadership skills
<p>Achieved</p>	
<p>In action</p>	
<p>In planning stage</p>	
<p>Current Situation</p> <ul style="list-style-type: none"> • Member of the Pyramid Sports Partnership providing opportunities for all children to take part in targeted sporting activities, competitions and festivals alongside in-school training such as Playleader training, Sports Crew and Quad kids • Whilst being one of the smallest schools in the Pyramid, we still manage to take part in a large number of sporting events organised in the Pyramid. When we are unable to raise a team due to numbers, we join with our Federation schools to enter a Federation team 	<p>Desired Outcomes</p> <ul style="list-style-type: none"> • Develop further links with other community sports providers • Further develop children's awareness of a healthy lifestyle and well-being throughout the school curriculum with additional activities for the children to develop their understanding of how to look after their bodies for the future and highlight the importance of this • Sports crew to organise more intra-school competitions.

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| <ul style="list-style-type: none"> • We have strong links with Holmfirth harriers and last year we won the Year 3 /4 Boys Small Schools trophy at the Neiley races with the Girls coming a close second in their category; and this year we were the Shelley Pyramid KS2 Cross country winners • We do have links with other community sports providers as well as Holmfirth Harriers, but we are looking to extend these this year • We run an extra-curricular sports club every week which is open to all children in Years 2 to 5 and an additional club in the summer terms for Rec/Y1. In Autumn 2 and Spring 1, we try to run the club indoors because of poor weather conditions and dark nights but due to lack of space (ie no hall) this is not always possible • <u>A high percentage</u> of our children take part in out-of-school sports clubs which are signposted on our PE display board • All children have specialised sports coaches once a week • We also employ sports coaches to assist with lunchtime playtimes which ensures that all children are active, can take part in a wide range of physical activity and complete the 1km a day • All Year 4/5 children are trained Playleaders and take turns organising and setting up physical activities for our Rec/Y1 children at lunchtimes • We also have a Sports Crew who run intra-school competitions throughout the year • All Year 4/5 have a weekly swimming session and meet the KS2 requirements before leaving us at the end of Y5. • We achieved School Games Gold in July 2018 for the first time and aim to maintain this standard | <ul style="list-style-type: none"> • Ensure all children are participating in physical activity for 30 mins a day, and providing activities that the less active children enjoy as well • Take part in additional competitions/sporting events to last year • Continue to deliver high quality PE and maintain high expectations • Develop Sports Crew and Playleaders to set up and lead physical activities for children in Years 2-5 to take part in at lunchtimes • To further improve gymnastics and dance skills |
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<ul style="list-style-type: none"> • We hold a School Games Sports Day every year • We have a yearly health week where we offer different physical, healthy and well-being activities to all the children • We promote healthy lifestyles, personal well-being and school sports in newsletters and on the school website 	
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Actions		Evaluation		
Key Objectives	Key Outcomes	Achieved	Impact evidence	Sustainability and Next Steps
<p>To raise the profile of health and well-being throughout the school curriculum</p> <ul style="list-style-type: none"> • Build on current PSHE provision by further developing children’s awareness of a healthy lifestyle and well-being • Additional activities for the children to develop their understanding of how to look after their bodies for the future and highlight the importance of this • Older children to lead assembly during Healthy week to share what they have been 	<p>Children will be more aware of the positive impacts of a healthy lifestyle. They will understand the importance of the benefits of lifelong fitness and good nutrition. By developing positive attitudes toward healthy lifestyles now, they will be more likely to carry healthy habits with them into adulthood. Children will understand the need to eat foods from different food groups to ensure their bodies receive the different vitamins and minerals needed to stay healthy. Alongside this, children will see that they need to engage in physical activity in order to maintain</p>	<p>Y4/5 PSHE Healthy Lifestyle lessons on impact of food and lifestyle choices</p> <p>Assembly led by Y4/5</p> <p>Older children to complete a food diary?</p> <p>Survey of activity choices for playtimes/ lunchtimes and survey for girls’ choices of physical activities</p>		

<p>learning about healthy lifestyles</p> <ul style="list-style-type: none"> • 2nd year of PTA Thurstonland cook book • Survey of extra-curricular clubs the children take part in – use to target the less-active children and choose lunchtime activities to promote involvement • Regular cookery club where children learn how to cook healthy food • Use the Girls Active programme to encourage the less-active girls during playtimes/lunchtimes to choose/develop activities they are confident to join in with • Highlight ‘This Girl Can’ campaign in assemblies 	<p>strong bones and muscles for their bodies as they grow older. All children confidently join in with physical activities during playtimes and lunchtimes</p>	<p>PE Database updated with extra-curricular activities</p> <p>Playtime Dance group set up by Y4 girls at playtimes – SEP 2018</p> <p>High uptake of Thurstonland School Cookbook DEC 2018</p> <p>Cookery Club JAN 2019</p>	
<p>The engagement of <u>all</u> pupils in regular physical activity</p>	<p>All children have the opportunity to take part in a</p>	<p>All children in Years 2-5 take part</p>	

<ul style="list-style-type: none"> • Sports coaches at lunchtimes to run activities for all children to participate in • Extra training for Sports Crew and Playleaders to provide activities for children to take part in during lunchtimes • 1 km held every lunchtime for all children in years 2-5 (to increase to 1 mile) • Active playtimes and lunchtimes ensure physical activity for 30 mins a day • Use survey on clubs to provide different activities to include less active children • Include active learning in other lessons (Maths of the day, British Athletics cross-curricular links) 	<p>range of physical activities during playtimes and lunchtimes. Sports coaches will ensure that children develop confidence and skills in a range of sporting activities.</p> <p>All children will have the opportunity to take part in physical activities of their choice over the school year. We will support and involve the least active children by providing targeted activities and extending current opportunities.</p> <p>Children understand the importance of keeping active and how this stimulates the brain for learning in other areas.</p> <p>The importance of physical activity is embedded throughout the school.</p>	<p>in the 1km every lunchtime. Sports coaches set up a range of activities at lunchtimes for the children to take part in.</p> <p>A Survey was taken to find out how many children take part in the different activities provided to ensure all children are partaking in physical activity every day.</p> <p>All competitions, physical activities (eg. Quad Kids, after-school clubs, extra-curricular activities) are saved on a PE database to monitor progress and inclusion.</p> <p>Sports Crew organise activities for one lunchtime a week for the older</p>	
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		children to take part in on the court.		
<p>Maintain School Games Gold Award</p> <ul style="list-style-type: none"> Develop further links with other community sports providers – assembly by Holmfirth Harriers and pupil members; Huddersfield Giants Workshop; Health Week activities (Karate Colin); Thongsbridge Tennis Club sessions; invite Thurstonland Cricket Club, Kirkburton Football Club and Shelley Football Club to talk to children in assemblies Increase leadership roles for pupils – Y5 Sports Crew (and eventually Playleaders) to introduce and monitor activities and games to Years 2-5 at lunchtimes, Sports Crew to organise 	<p>Children are aware of a wide range of Sports providers in their local area and know where they can go to take part in a wide variety of sports. Children have opportunities to take part in a range of sporting activities and are introduced to new activities. Children are encouraged to take on leadership roles to support sport and physical activity within school and increase pupils’ participation and enjoyment. Children take part in at least 5 intra-school sports competitions and in at least 4 inter-school sports events.</p>	<p>Health week – workshops with Karate Colin and Lucy Kimmings. Walk round Thurstonland Visit / workshops with Huddersfield Giants Sport Assemblies Train Sports Crew to lead lunchtime activities and organise intra-school competitions (Football match Federation v Thurstonland Y4/5 JAN 2019) Federation Cup JUL School Sports Day JUL Htfca Premier League Primary stars Football tournament JAN 2019</p>		

<p>#School Games intra-school competitions</p> <ul style="list-style-type: none"> Increased participation in Shelley Pyramid Sports Partnership competitions 		<p>Participation in sporting events organised by Shelley Pyramid Sports Partnership – Playleader training, Quad kids, Year 2/3 and Y4/5 Cross Country SEP 2018, Y2 Multi-skills OCT 2018, KS2 Sports Hall Athletics NOV 2018, Dance Festival NOV 2018, Y1 Multi-Skills FEB, Inclusion event + G&T PE FEB, Y1, Y2, Y3, Girls Football Tournaments MAR, KS2 Football Tournament APR, Rec/Y1 Cross country MAY, KS2 and KS1 Cycling events May, KWIK cricket JUN, KS2 Rounders JUN, Y3 & Y4 Get Active JUN</p>	
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		Participation in Shelley Park run		
<p>Continued understanding of the importance of Physical Education, School Sport and Physical Activity across the school and 'legacy building'</p> <ul style="list-style-type: none"> • High quality PE coaches to work alongside class teachers in delivering PE lessons • Attendance of teaching staff at British Athletics course • Leadership training for older pupils to develop and encourage a Sports Crew to lead activities and games for older pupils at lunchtimes • Use of KMS hall for Y4/5 gymnastics curriculum • PE boards in school displaying evidence of PE lessons and physical playtime activities, as well as sport competitions and information on sport clubs / associations 	<p>Teachers work alongside qualified Sports coaches to deliver, enhance and extend PE lessons.</p> <p>CPD opportunities for staff to help teach PE and sport even more effectively and provide resources to use in lessons – both PE and cross curricular</p> <p>New sports, dance or other activities introduced to encourage more pupils to take up sport and physical activities.</p> <p>100% attainment in primary school swimming is maintained.</p> <p>Active playgrounds and active teaching is embedded in the school day.</p>	<p>After school clubs provided: American Sports (AUT 1), Games (AUT 2),</p> <p>Teaching Primary Athletics Course @ Shelley College – CMC</p>		

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Meeting national curriculum requirements for swimming and water safety	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for \activity over and above the national curriculum requirements. Have you used it in this way?	Yes/No

Expenditure from Allocated PE money
<p>Promoting the importance of a high quality PE Curriculum</p> <p>Project Sport PE sessions - Imoves subscription - £300? P.E. Equipment for new Hall? – Athletics Course - £0</p> <p>The engagement of <u>all</u> pupils in regular physical activity</p> <p>Project Sport Lunchtime activities - Playtime Improvements - After-School Clubs –</p>

Develop pupil well-being and healthy lifestyles

Maintaining School games Gold

Shelley Pyramid Sports Partnership - £1250

Transport for Shelley Pyramid inter-school competitions -

Specialist Assemblies / Workshops –

Karate Colin -

Lucy Kimmings Zumba -