

WEEK 1 5th Nov, 26th Nov, 17th Dec, 7th Jan, 28th Jan

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| Roasted Vegetable Pasta Bake | Beef Nacho Bake with Mexican Rice | Meatballs with Tomato Sauce and Pasta | Roast Gammon with Roast Potatoes and Gravy | Breaded Fish and Chips |
| Roasted Vegetable Pasta Bake | Halal Beef Nacho Bake with Mexican Rice | Halal Beef Meatballs with Tomato Sauce and Pasta | Halal Roast Chicken with Roast Potatoes and Gravy | Breaded Fish and Chips |
| Veggie Jollof Rice | Vegetable Korma with Rice | Bombay Potato Bake | Vegan Sausages with Roast Potatoes and Gravy | Veggie Samosa with Chips and Curry Sauce |
| Jacket Potato with Baked Beans, Cheese or Tuna Mayo | Oriental Veggie Noodles | Roasted Vegetable Soup with Bread | Steamed Salmon with Roast Potatoes and Tomato Sauce | Lentil and Sweet Potato Soup with Bread |
| Cauliflower Green Beans | Broccoli Carrots | Sweetcorn Peas | Carrots Cabbage | Peas Baked Beans |
| Chocolate Orange Mousse | Fruit Jelly | Fruit Crumble with Custard | Fruit Flapjack | Banana Muffin |

WEEK 1
5th Nov
26th Nov
17th Dec
7th Jan
28th Jan

WEEK 2 12th Nov, 3rd Dec, 14th Jan, 4th Feb

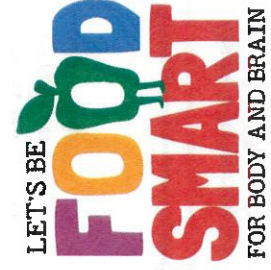
| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---------------------------|--|----------------------------------|
| Veggie Pizza Bar with Crispy Diced Potatoes | Pork Sausages with Mashed Potatoes and Gravy | Beef Lasagne | Roast Chicken with Roast Potatoes and Gravy | Breaded Fish and Wedges |
| Veggie Pizza Bar with Crispy Diced Potatoes | Halal Chicken Sausages with Mashed Potatoes and Gravy | Halal Beef Lasagne | Halal Roast Chicken with Roast Potatoes and Gravy | Halal Beef Quesadilla and Wedges |
| Frittata with Crispy Diced Potatoes | Vegan Sausages with Mashed Potatoes and Gravy | Baked Veggie Chirmichanga | Vegetable Wellington with Roast Potatoes and Gravy | 5 Bean Chilli Nachos with Wedges |
| Jacket Potato with Baked Beans, Cheese or Tuna Mayo | Veggie Rice Stir Fry | Leek and Vegetable Soup | Roasted Tomato and Nut Free Pesto Sauce with Pasta | Vegetable Noodle Soup |
| Sweetcorn Green Beans | Carrots Curly Kale and Peas | Broccoli Cauliflower | Carrots Parsnips | Sweetcorn BBQ Baked Beans |
| Banoffee Pot | Chocolate and Pear Cake with Custard | St Clements Custard Pot | Iced Carrot Cake Cookie | Fruit Shortbread |

WEEK 3 19th Nov, 10th Dec, 21st Jan, 11th Feb

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|------------------------------------|
| Macaroni Cheese | Pork and Apple Plait with Mashed Potatoes | Chilli Con Carne with Wedges | Roast Pork with Mashed Potatoes and Gravy | Breaded Fish and Chips |
| Macaroni Cheese | Halal Minced Beef and Vegetable Plait with Mashed Potatoes | Halal Beef Chilli Con Carne with Wedges | Halal Roast Chicken with Mashed Potatoes and Gravy | Salmon Fish Fingers and Chips |
| Sweet Potato and Chick Pea Curry with Rice | Black Bean Stir Fry with Noodles | Veggie Burger in a Bun with Wedges | Quiche with New Potatoes | Cheese and Tomato Pizza with Chips |
| Jacket Potato with Baked Beans, Cheese or Tuna Mayo | Cheesy Rice Bake | Minestrone Soup with Bread | Fish Pie | Broccoli Cheese Soup with Bread |
| Carrots Green Beans | Broccoli Cauliflower | Sweetcorn Green Beans | Carrots Swede | Peas and Sweetcorn Baked Beans |
| Apple Custard Crunch | Fruit Jelly | Chocolate Raspberry Crunch with Raspberry Custard | Apple Cookie | Sticky Toffee Pudding with Custard |

A Gluten free and Dairy free menu is available on request, please email allergens@ainp.co.uk with the name of the school which your child will be attending. You will then be sent the Gluten or Dairy free standard menu for that school. For any further additional allergen requirements please email allergens@ainp.co.uk with the name of the school which your child will be attending.

Fresh seasonal salad and bread available daily.
Fresh fruit, yoghurt and fruit jelly available daily as an alternative to the dessert of the day.



Seafood with this mark comes from an MSC certified sustainable fishery. MSC-C-52628