

Sex and Relationships Education (SRE) Policy

SRE is a legal requirement of the Education Act 1996. Effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives.

It should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils and of society in preparing pupils for the opportunities, responsibilities and experiences of adult life.

At South Cave Primary School we aim to ensure that our pupils:

- Receive their sex education in the wider context of relationships;
- Are prepared for the opportunities, responsibilities and experiences of adult life;
- Develop confidence and responsibility in order to make the most of their abilities;
- Are prepared to play an active role as citizens;
- Develop a healthier, safer lifestyle;
- Develop good relationships and respect differences between people;
- Develop confidence in talking, listening and thinking about feelings and relationships;
- Are able to name parts of the body and describe how their bodies work;
- Can protect themselves and ask for help and support;
- Are prepared for puberty.

Objectives

At South Cave Primary School the objective of sex and relationship education is to help and support young people through their physical, emotional and moral development by providing opportunities:

- To develop children's self-esteem and promote self-awareness, so that they can feel confident about themselves and their bodies.
- To ensure children are provided with accurate information e.g. that they know

the correct terms for body parts and what they do.

- To teach children about their physical development. Specifically, that they learn about puberty and how to cope with the associated changes which take place.
- To inform pupils about human reproduction and how a baby is born.
- To discuss with pupils the need for love and care, the value of stable relationships and their importance for family life and the bringing up of children.
- To provide opportunities to talk about relationships and feelings, themes such as friendship and difficult moral and social questions e.g. bullying and prejudice.
- To encourage understanding, empathy, tolerance and respect.
- To develop critical thinking so that pupils learn to appreciate the consequences of what they say and do and begin to manage better their emotions and conflict.
- To help children recognise and avoid abuse and exploitation and make them aware of how to protect themselves and where to seek help if they need it.

Curriculum Content and Strategies

At South Cave Primary School SRE will be taught largely through the PSHE curriculum and across the curriculum where appropriate. SRE Education will be supported by visits from the school nurse. Year five pupils have the opportunity to watch a DVD on “growing up” after which any queries/questions are sensitively discussed in single sex groupings.

In KS1 pupils learn to:

- Know that animals including humans move, feed, grow, use their senses and reproduce;
- Recognise and compare the main external parts of the bodies of humans;
- Know that humans and animals can produce offspring and these grow into adults;
- Recognise similarities and differences between themselves and others and treat others with sensitivity.

In Key Stage 2 pupils learn to:

- Recognise that the life processes common to humans and other animals include nutrition, growth and reproduction.
- Know about the main stages of the human life cycle.

SRE will primarily be taught by the class teacher, where appropriate, outside agencies e.g. school nurse may be involved. Issues regarding puberty will be dealt with by the school nurse by showing a "Growing Up" DVD to year 5 pupils. Any issues arising from the DVD will be discussed openly by the school nurse and the PSHE co-ordinator.

Child Protection/Confidentiality

At South Cave Primary School, we aim to provide an environment in school where all pupils feel comfortable in speaking to an adult about aspects of feelings, sex and relationships and any concerns they may have.

In the event of a personal disclosure being made to a class teacher, that teacher must seek to reassure the child that they will act in their best interests, whilst ensuring that the child understands that they cannot offer or guarantee complete confidentiality. Where appropriate they should encourage the pupil to talk to their parent/carer and provide the support necessary for the child to do this.

Where serious disclosures are made which have child protection implications, the teacher to whom the disclosure has been made must inform the designated member of staff who has received appropriate training. School policy on child protection procedures should then be followed.

Withdrawal

Parents do not have the right to withdraw their child(ren) from the science component of SRE. They do have the right of withdrawal from PSHE based elements of SRE. Where parents wish to exercise this right, they should be invited into school to meet with the Class Teacher, Headteacher or PSHE coordinator in order to voice their concerns. Where withdrawal does take place, alternative arrangements for the pupil(s) concerned will be made.

Allocation of Time

All class teachers are expected to include SRE time within the weekly timetable. As well as lesson time SRE should be included in a wider range of activities and experiences across and beyond the curriculum.

Teaching and Learning Methods

Much of the curriculum will be covered through the Health for Life scheme and cross curricular links. Circle Time and drama play an important part and discussion is a crucial part of the process. Opportunities for quality circle time are available through the Health and Well-Being scheme which complements our Health for Life scheme and is linked with SEAL. Children are encouraged to evaluate and review their own work, thoughts and feelings and to acknowledge the rights of others to hold different opinions.

Materials and Resources

A range of films, books and posters are available to help deliver the scheme and are held in a central resource area. These may be borrowed, but should be returned promptly for future use and the use of others.

Cross Curricular Links

SRE will be taught within the wider context of relationships, with clear links existing between the following curriculum areas:

PSHE: Relationships
Citizenship relationships
Emotion and Self Esteem
R.E: Values and Beliefs
Christian values and traditions
Values and traditions of other religions
Roles and responsibilities within religious rites of passage
SCIENCE: Life Processes
Growth and reproduction of humans
Taking care of the body, linked to the harmful effects of drugs and alcohol
Abuse

Assessment and Reporting

Much of the work carried out will be verbal. End of theme assessments are also carried out in both key stages.

Role of Coordinator

The coordinator together with the Head has the responsibility for:

- Ensuring progression and continuity;
- Supporting staff in the implementation of SRE;
- Monitoring progress and advising the Head of action required;
- Purchasing and organising resources;
- Keeping up to date with developments in SRE and attending courses.

Monitoring and Development

The staff are continually assessing the PSHE curriculum taught by way of regular PSHE audits. Parents' views will be listened to and acted on, where appropriate. The Coordinator will monitor progress and new guidelines laid down.