



YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Burgers Onion Pasta Bake Jackets	Chicken Tikka Samosas Wraps	Roast Gammon Quorn Roast Vegetable Burger	Spaghetti Bolognese Cheese & Potato Pie Jackets	Pizza Fish Fingers Jackets
Wedges Garlic Bread Peas Baked Beans	Coconut Rice Chapatti Sweetcorn Beans	Roast Potatoes Mashed Potatoes Broccoli Carrots	Garlic Bread Herby Dice Sweetcorn Mixed Veg	Chips Baked Beans Peas
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yogurts as alternative to pudding				
Chocolate Hedgehogs Custard Fruit	Fruit Muffins Milk Yoghurt Fruit	Chocolate Crunch Custard Fruit	Mousse Yoghurt Fruit	Jelly Yoghurt Fruit

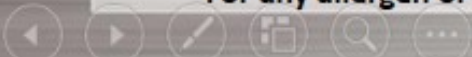
ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

For any allergen or special dietary requirements please speak to a member of the catering team

MADE FRESH

Penns School





YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Rolls Veggie Meatballs Jackets	Italian Chicken Bake Haddock Grill Jackets	Roast Chicken Quorn Roast Quorn Burger	Shepherds Pie Cheese Pasty Wraps	Pizza Fish Cake Jackets
Brown Rice Pasta Mixed Veg Green Beans	Herby Dice Rice Sweetcorn Diced Carrots	Roast Potatoes Cauliflower Carrots	Herby Rice Noodles Sweetcorn Peas	Chips Baked Beans Sweetcorn
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yogurts as alternative to pudding				
Fruit Crumble Custard Mousse Fruit	Jam Coconut Sponge Custard Fruit	Chocolate Crunch Custard Fruit	Banana Muffins Fruit	Jelly Mousse Fruit

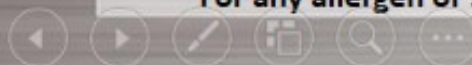
ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

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YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Quorn Chicken Curry Cheese and Potato Pie Jackets	Lemon Sole Quorn Burger Jackets	Roast Pork Quorn Roast Veggie Burger	Toad in the Hole Fish Fingers Wraps	Pizza Samosas Jackets
Mash Herby Dice Carrots Peas	Wedges ½ Jackets Sweetcorn Mixed Veg	Roast Potatoes Broccoli Carrots	Mash Pasta Cauliflower Green Beans	Chips Baked Beans Sweetcorn
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yogurts as alternative to pudding				
Mandarin Sponge Custard Fruit	Flapjack Custard Fruit	Chocolate Crunch Custard Fruit	Fruit Crumble Custard Yoghurts Fruit	Chocolate Hedgehogs Mousse Fruit

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

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YOUR MENU Week FOUR

Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Pasta Quorn Sausage Jackets	Chicken Curry Cheese & Potato Pie Jackets	Roast Chicken Quorn Roast Veggie Burger	Sausages Fish Fingers Wraps	Pizza Battered Pollock Jackets
Garlic Bread Pasta Peas Mixed Veg	Firecracker Rice Herby Dice Green Beans Sweetcorn	Roast Potatoes Broccoli Cauliflower	Wedges Mash Peas Carrots	Chips Baked Beans Sweetcorn
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yogurts as alternative to pudding				
Chocolate & Beetroot Muffins Fruit	Mandarin Sponge Custard Fruit	Chocolate Crunch Custard Fruit	Jam & Coconut Sponge Custard	Jelly Mousse Fruit

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

For any allergen or special dietary requirements please speak to a member of the catering team

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