

Our school is a special place to be. It is a place where everyone feels safe and included. Like Jesus, we show our respect for each other care for everyone in our community. We celebrate what makes us all unique and treat each other fairly. We enjoy our learning and have fun at school with our teachers and friends.

What is bullying ?

Bullying is when a person is deliberately unkind or cruel to another person on a regular basis. It can be done by one person or a group of people.

Bullying can be :

Physically hurting or saying you are going to hurt someone.

Touching someone when they don't want you to.

Name calling and teasing, using inappropriate language or saying nasty things about them to other people.

Ignoring people on purpose.

Stealing or damaging other's property.

Using the internet or social media to send unkind messages to or say hurtful things about somebody.

Bullying can be about :

Race or ethnicity

Religion or beliefs

Families and culture.

Sexist bullying—this is bullying because someone is a girl or a boy or acting a 'like a girl or boy.'

Homophobic or biphobic bullying—this is bullying because someone is lesbian, gay or bisexual or you think they are or using these words as an insult to anyone.

Special Educational needs or disability.

What someone looks like.

Where someone lives.

Why and where does it happen ?

Bullies can be older or younger than you but they pick on people who are different in some way and try to make them feel worse about themselves.

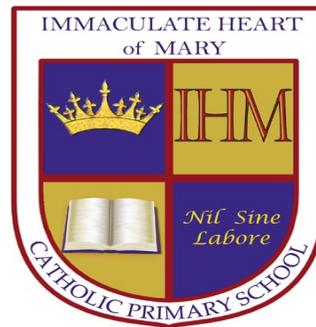
Bullying can happen at school, before or after school or online.

When do I do if someone else is being bullied?

You should talk to the person and see if they are being bullied

You could stand up for the person when the bully picks on them.

You can encourage them to talk to an adult that they trust.



What do I do if I am being bullied ?

If you are being bullied, remember it is not your fault.

Tell an adult— this may be your class teacher or another adult in school.

Write a note to put in your class worry box.

Tell a parent.

Call childline for free on 0800 1111

Telling someone will never make the bullying worse.

Together with Jesus, we love to learn and learn to love.