



# Friday NewsFlash

Friday 18<sup>th</sup> January 2019

## Latest News...



### Be Sugar Smart!

It is at this time of year, after over-indulging at Christmas, that we are all thinking about being a little bit healthier. Today your child will have brought home a Change 4 Life Sugar Smart booklet, which contains all sorts of fun activities designed to help them (and you) become more sugar aware. Change 4 Life is the NHS programme to support healthier

lifestyles. More activities, games and recipes can be found on <https://www.nhs.uk/change4life>

### Digital Parenting

All classes are learning about how to stay safe using the Internet in their Computing lessons this term, to link with Safer Internet Day on February 5<sup>th</sup>. Your child will have brought home a 'Digital Parenting' magazine today. Please take the time to read it and discuss the contents with your child. The Internet is a wonderful thing with many uses for entertainment, communication and education, and I'm sure none of us can imagine life without it these days. However, it does come with its dangers and it is really important that we support our children to be safe and responsible users of the Internet.



## Dates for your diary...

### 22<sup>nd</sup> January

School Association meeting 8pm at the Wharf. (rescheduled from Jan 15<sup>th</sup>)

### 5<sup>th</sup> February

Safer Internet day

### 15<sup>th</sup> February

TERM 3 ENDS

### 26<sup>th</sup> February

School opens to pupils TERM 4

### 1st April

Drama club performance

### 3rd April

Wagtails' class assembly

## Clubs

With the exception of Drama Club, which has already started, new clubs for this term will begin the week commencing Monday 28<sup>th</sup> January. You will be informed by text message if your child has a place at their chosen club.

## Cross Country

Key Stage 2 have been enjoying their cross country sessions so far this term – even some of those who didn't expect to! There will be a cross country competition later in the term that all pupils in key stage 2 will be invited to attend, so the timing of the lessons is planned to prepare them for this. Please make sure that your child has suitable warm clothing on their cross country day, and trainers that they don't mind getting a bit muddy. Thank you.



## Reading idea of the week:

Visit the Book Trust website at <https://www.booktrust.org.uk> for recommended reading lists, quizzes about your favourite books and much, much more.



Don't forget to check our website regularly at [www.wsses.com](http://www.wsses.com). New content is added regularly, and you can find diary dates, information about uniform, snack, the Cool Milk scheme, school dinners and pupil premium, as well as resources, news and photos on the class pages.