

# Ashbrow School

## Newsletter

January 2019

## Welcome back and Happy New Year

We hope you all enjoyed the holiday period with family and friends. We are sure 2019 is going to be another enjoyable and successful year with everyone working hard and striving to be the best that they can be. Remember our school motto Working Together Everyone For Children and Families. We would like to take this opportunity to welcome any children and families who are new to Ashbrow. We hope that you will enjoy your time with us.

The beginning of the New Year is often a time of reflection; we think about what we want to achieve in the future however it is also important to think about all the fantastic things that have been achieved and look at building on these successes.

Each new day is a new beginning that's filled with endless possibilities and opportunities. We need to make sure that in the busy, bustle of life we appreciate all the wondrous things we experience every day. May you have a peaceful 2019, rich in family and friendship time, and lovely experiences with your children.

## Contact details

If you were lucky enough to receive a new mobile phone for Christmas, resulting in a change of contact details, please ensure you let school know your new number as soon as possible. Additionally, please ensure we are kept up to date with the contact numbers and, in the case of parents, addresses of all contacts listed in case of emergency

## New School Governors

We are very pleased to announce that we have two new School Governors. Ken Gedman joins us as a Local Authority Governor, while Elissa Gay is a Parent Governor. They are both looking forward to fulfilling their roles and join our very experienced, dedicated board of governors. School Governors give a great deal of their time to this voluntary role and it is greatly appreciated.



## Adverse weather

Just a reminder in the event of snow the school will make the decision whether to stay open based on advice from the police, the local authority and our school, taking into account the number of staff who live locally and the safety of travel.

Please note that if the school is to close, parents will receive a text message, information will also be posted on our website. In addition, local radio stations will be informed. Please be aware that the school will make every effort to stay open and therefore please assume that we are OPEN unless you hear differently.

## Re-cycling Christmas Cards

It has been a real pleasure to hear about how many of you have recycled Christmas Cards this year.

Also a tip from one of our Eco-Warriors. Next time you are buying cards for any special occasion please avoid ones with glitter as they are killing wildlife.



## Attendance/punctuality

**Congratulations to all those pupils who achieved full attendance during the autumn term!** Full attendance at school is a key factor to academic success and to strong social relationships with peers and the school will continue to encourage this.

Just to clarify our stand on sickness. If your child has a sickness bug then we of course support 2 days absence from school. Children need time to recover and may well be contagious.

However young children can also be physically sick for a number of reasons: over excitement; nerves; eating too quickly. If this is the case then your child does not need to be absent from school for 48 hours.

If your child is fit and healthy then bring them to school!

### Punctuality

There are a number of children arriving a few minutes late on a regular basis sometimes daily. This can have a significant impact on their whole day and affects their learning. Please ensure that your child arrives every day on time. Children who arrive late regularly are given low priority when after school clubs are allocated.

### Medical appointments

If your child needs a medical appointment please try to book it for after school hours. If that is not possible, please bring a copy of your child's appointment letter to the school office (or where this is not possible show the office the confirmation text). Without sight of these, the absence is classed as Unauthorised.

## Staff news - new baby!

Ms Sylvester has given birth to a beautiful baby girl - congratulations to her, we are looking forward to meeting the new arrival!

## Tablets and devices

We are asking that parents do not let their children play with tablets and phones on school grounds before and after school.

## World Book Day 7 March

The school will be celebrating World Book Day on Thursday 7th March. We will be building on the Read Before Bedtime theme. Children will be invited to come to school in their pyjamas.



## Rewarding good behaviour

KS2 children whose behaviour has been recognised as being exemplary have been invited to Brighthouse Pantomime, Babes in the Wood on Thursday 24th January. Well done to all those children for working so hard to make sure their behaviour is outstanding at all times.





### Easy spaghetti Bolognese

Everyone needs a basic spaghetti Bolognese recipe that still tastes great, no matter how simple. Get that depth of flavour by cooking the sauce very gently until it's super rich. This is designed to be a low cost recipe.

Each serving provides 787 kcal, 35g protein, 103g carbohydrates (of which 19g sugars), 24g fat (of which 8g saturates), 8.5g fibre and 1.5g salt. You could swap the mince for Quorn for a veggie alternative.



#### Ingredients

- 2 tbsp olive oil
- 400g/14oz beef mince
- 1 onion, diced
- 2 garlic cloves, chopped
- 100g/3½oz carrot, grated
- 2 x 400g tin chopped tomatoes
- 400ml/14fl oz stock (made from stock cube. Ideally beef, but any will do)
- 400g/14oz dried spaghetti
- salt and pepper

#### Method

Heat a large saucepan over a medium heat. Add a tablespoon of olive oil and once hot add the beef mince and a pinch of salt and pepper. Cook the mince until well browned over a medium-high heat (be careful not to burn the mince. It just needs to be a dark brown colour). Once browned, transfer the mince to a bowl and set aside.

Add another tablespoon of oil to the saucepan you browned the mince in and turn the heat to medium. Add the onions and a pinch of salt and fry gently for 5-6 minutes, or until softened and translucent. Add the garlic and cook for another 2 minutes. Add the grated carrot then pour the mince and any juices in the bowl back into the saucepan.

Add the tomatoes to the pan and stir well to mix. Pour in the stock, bring to a simmer and then reduce the temperature to simmer gently for 45 minutes, or until the sauce is thick and rich. Taste and adjust the seasoning as necessary.

When ready to cook the spaghetti, heat a large saucepan of water and add a pinch of salt. Cook according to the packet instructions. Once the spaghetti is cooked through, drain and add to the pan with the Bolognese sauce. Mix well and serve.

### SCHOOL COUNCIL

The school council have lots of ideas and work well together as a team to support Mrs Plant and the Governors with many different tasks in school. One key job has been working hard on the car park safety and discussing what should be done to improve its use. The Governors asked for the children's help with this and there will be more information to follow.



## Personal on line safety



### Does your child know what this is?

Does your child understand the importance of keeping information private? Are they aware that by uploading a video or photo online, they may actually be sharing private information without realising? For example, have they (or even you) ever uploaded a photo or video with the following in it: • Wearing their school uniform or wearing a local club shirt? • Showing their local area in the background, perhaps inadvertently including street names, shop names or house numbers? • Celebrating their birthday? Talk to your children, do they realise the potential consequences of posting their personal information? Do they truly know all of their online 'friends'? By sharing photos described above, a follower might be able to work out what school or clubs they attend, where they live and their date of birth. Do you want people knowing this information about your child?

### What are your children saying online and what is being said to them?

Most games now include some form of chat facility; this can be via a headset or via a messaging feature within the game. It is very easy within these chats to behave in a way that children wouldn't if they were face to face with each other e.g. it is easier to call another child a nasty name via a screen than to say it to their face. These type of incidents can quickly escalate as online environments are often unsupervised so whereas an incident of name calling on the playground is quickly brought to the attention of a member of staff this doesn't happen in an online environment. Talk to your children about how they are speaking to their friends online. Sit with them while they are playing the game to see how your child chats with others, is it always appropriate

Explain to them what to do if they are called a nasty name, how should they respond and what they can do if a situation escalates.

### Go online to learn your timetables

Some of you have asked about new ways to learn timetables and one of our families mentioned a Christmas gift they had treated themselves to - Timetables Rock Stars

Whilst there is an annual subscription charge of £6 (family plan) to access Timetables Rock Stars, this is a great game for reinforcing timetables by repetitively answering questions to the backdrop of a rockstar playlist to hopefully earn the title of Rock Hero!

More information here:  
<https://ttrockstars.com/>

## SAFER INTERNET DAY 2019

Safer Internet Day 2019 will be celebrated globally on Tuesday 5th February 2019 with the theme: Together for a better internet.

Last year Safer Internet Day was the biggest yet! With more than a thousand organisations and schools across the UK getting involved to help inspire a national conversation about using technology responsibly, respectfully, critically and creatively.

<https://www.saferinternet.org.uk/safer-internet-day/2019>



We are supporting  
**Safer Internet Day**  
5 Feb 2019

#SaferInternetDay2019  
[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)





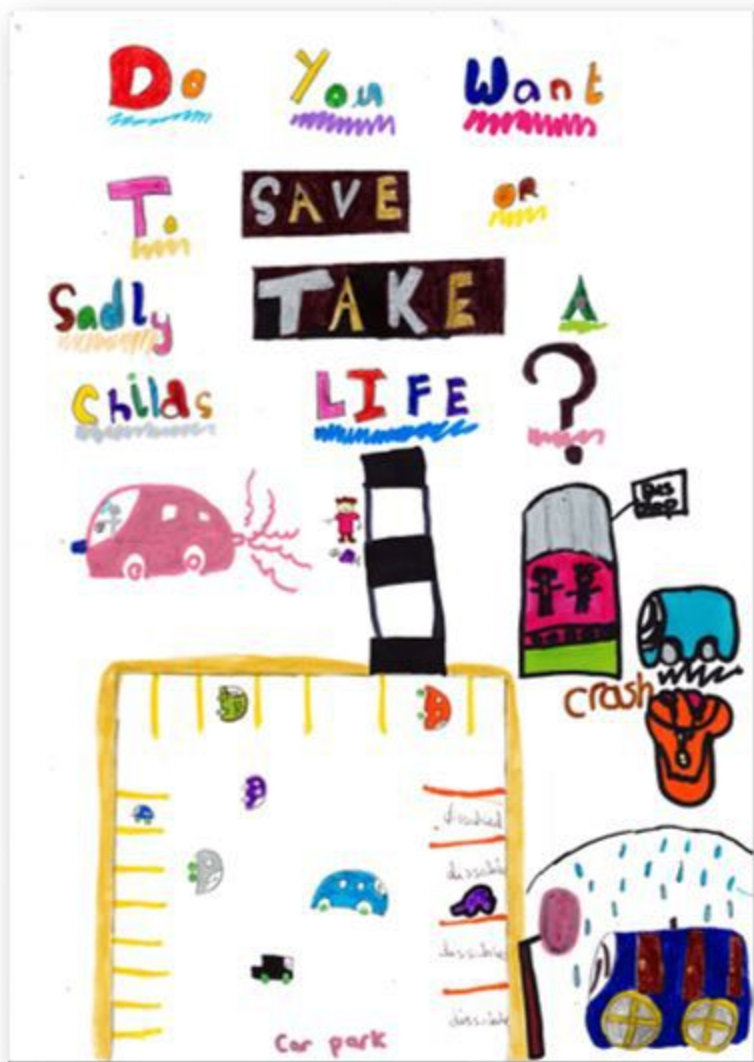
## Car Park

The School Council recently discussed their concerns about the car park at a meeting. Safety is something the School Council take extremely seriously and are finding it difficult to understand why parents are unable to follow the rules regarding this issue.

Following the meeting, two of the school councillors, Oriana (Yr 5) and Lola (Yr 4) got together in their own time and produced this wonderful poster.

Head teacher, Mrs Plant, says: "This poster really does make the children's feelings about this issue very clear, in a very creative way. I am proud that our school councillors have been putting so much thought into this issue, however also disappointed that they have needed to."

A reminder to parents that this issue will be discussed at School Governors in February and if there are no improvements then the car park may be closed.



## Eco Council

During the Autumn Term we had a visit from an assessor who was checking our Eco school status. The Eco council were asked lots of questions about what Ashbrow does to be an Eco school. The children worked very hard and spoke very well, explaining all the things we do to make us an Eco school. We are proud to announce that we have our Green Flag Award, making us a high standard of Eco School who care a great deal about our school, the environment and the planet.





### Dates for diary

**Friday 15 February 2019**

Last day of half term

- closing at 12.45pm
- staff training in pm

**Monday 25 February 2019**

INSET day - school CLOSED

**Tuesday 27 February 2019**

First day of half term

**Friday 12 April 2019**

Last day of Spring Term

**Monday 29 April 2019**

First day of Summer Term

**Monday 6 May 2019**

Bank Holiday - School Closed

**Friday 24 May 2019**

- Last day of half term - closing at 12.45pm
- staff training in pm

**Monday 3 June 2019**

First day of half term

**Monday 8<sup>th</sup> & Tuesday 9<sup>th</sup> July 2019**

INSET days - school closed

**Friday 19 July 2019**

Last day of term

### School nurses

A reminder that our school nurses are in school most Tuesdays. You can speak to them directly for support or you can ask staff at Community House to make a referral.

Our school nurses can support with a wide range of issues...



### Severe nut allergy

We have CHILDREN in school with severe nut allergies and it is very important that we share key messages with you. You must not send your child into school with nuts, nutbased foods or anything with traces of nuts in the ingredients. We thank you in advance for supporting the school's approach.

### ParentPay - online payment system

Many of you will be aware that Ashbrow operates an online payment system which enables parents to pay for items such as school meals, make donations for school trips, book parent consultation

To use ParentPay you need a username and password. If you have any concerns or questions, please ask at the school office.

### Bikes and scooters

A reminder that bikes and scooters should not be ridden on school grounds. This rule is in place to keep everyone safe and includes siblings and parents!



- Teeth hygiene
- Head lice
- Toileting/potty training
- Hygiene
- Behaviour
- Sleep
- ...and much more!







### New topics

The children have come back to school ready for the new term and are already working hard. All year groups have started working on new topics for this half term. You will receive a Curriculum newsletter to inform you about all the things they will be learning during the term and how you can help at home.

	Spring 1		Spring 2	
	Title	Main subject	Title	Main subject
<b>Nursery</b>	Where does snow go?	All curriculum areas covered	Can I have a dog?	All curriculum areas covered
<b>Reception</b>	What is a reflection?	All curriculum areas covered	Why do zebras have stripes?	All curriculum areas covered
<b>Year 1</b>	Moon Zoom	History Science	Enchanted Woodland	Science History
<b>Year 2</b>	Bounce	PE	Scented Garden	Science
<b>Year 3</b>	Flow	Geography Science Art	Gods and Mortals	History Geography
<b>Year 4</b>	Y4 Playlists	Music	Y4 Burps, Bottoms & Bile	Science
<b>Year 5</b>	Stargazers	Science, art	Scream Machine	Computing, DT
<b>Year 6</b>	Darwin's Delight	Science, geography	A Child's War	History, DT



### New after school clubs

School clubs have now started for this year and are very popular. There are a limited number of places in our clubs, however many children get the opportunity to attend. Parents are already aware that where we have over subscribed clubs, places are allocated to children who have good attendance and punctuality and excellent behaviour.

Dance club has been particular popular and we have had to run it over the whole term so that the children can all get the opportunity. There will be further information to follow for Year 3 and 4 as their club will be starting on Friday 1 March.

Day	Club
<b>Monday</b>	Drama and storytelling club – Year 3,4,5,6
<b>Tuesday</b>	LEGO Club - Year 1 and 2
<b>Wednesday</b>	Cycling - Y2 Ukelele - Y5 and 6 Creative Computing - Y5 and 6
<b>Thursday</b>	HOMEWORK CLUB - Whole school
<b>Friday</b>	Dance club – Y5 and 6 - Y3 and 4 – <b>Spring 2</b>

**Please ensure that your child is collected promptly at 4:15. Failure to do this may result in your child being unable to attend the club.**



# ANIMALS

G E S U O M H N W R B W C W L  
X D A Q H J X O O M L T H W J  
B W S H N L H T P I C R A W M  
Y W M E F F A R I G L K D O G  
R C K R R R S Y K T H I P P O  
J T O W I E F B X X L Q R J E  
D R O T A G I L L A E B Z H X  
T H N X P I C L F C R V Z S Z  
V N H R S T H E T D R I B I Q  
N Z A C S T Y X L W I N H F L  
W U Q H K L J A E A U F A H F  
V Q Q D P O Y K N V Q Z A T V  
X M T L Q E T J Y E S Y R C H  
T A C K Q C L K M O N K E Y R  
P T S H W L Y E T D R A H T L

CAT

DOG

BIRD

ELEPHANT

HIPPO

SQUIRREL

GIRAFFE

FISH

MOUSE

MONKEY

ALLIGATOR

LION

TIGER