

W E E K O N E	MENU CHANGES MADE JANUARY 2019	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	<u>Choice 1</u>	Quorn Meat Balls in a Rich Tomato Sauce	Baby New Potatoes and Fine Green Beans	Veggie Brunch with Vegetarian Sausage and Free Range Omelette	Hash Brown and Baked Beans	Roast Quorn Fillet with Sage & Onion Stuffing & Gravy	Creamy Mashed Potatoes with Baton Carrots and Broccoli Florets	Vegetable Tikka Curry	Mixed Rice and Naan Bread	Crispy Battered Fillet of Fish	Oven baked Chunky Chips and Garden or Mushy Peas
	<u>Choice 2</u>	Baked Jacket Potato with Tuna Mayonnaise	Sweetcorn and Crunchy Side Salad	Jumbo Fish Finger and Crunchy Salad Tortilla Wrap	Crispy Diced Potatoes and Garden Peas	Organic Pasta in a Neapolitan Sauce	Home Baked Garlic Dough Balls and Crunchy Side Salad	Quorn Burger in a Soft Bun with Tomato Ketchup	Potato Wedges and mini corn on the cob and crunchy side salad	Homemade Cheese and Tomato Pizza	Oven baked Chunky Chips and Baked Beans
	<u>Dessert</u>	Chocolate Mandarin Sponge and Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Gluten Free Cook's Choice of Cookie and Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Cheese and Crackers with Apple Wedges	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Lemon Sponge and Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Shortbread Biscuit and Chocolate Milkshake	Fresh Fruit Bar Fruit Yoghurt Cool Milk

W E E K T W O		MEAT FREE MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	<u>Choice 1</u>	Vegetarian Sausages and Onion Gravy	Creamy Mashed Potatoes and Garden Peas	Quorn Meatball and Vegetable Casserole with Herby Dumplings	Winter Cabbage and Homemade Crusty Bread	Roast Quorn Fillet with Sage & Onion Stuffing & Gravy	Roasted Potatoes and Baton Carrots and Winter Cabbage	Cheese Whirl	Baked potato wedges and baked beans	Crispy Tempura Battered Fish Goujons	Oven Baked Chunky Chips and Garden or Mushy Peas
	<u>Choice 2</u>	Organic Pasta in a Tomato and Mascarpone Sauce	Home Baked Garlic Dough Balls and Crunchy Side Salad	Baked Jacket Potato with Tuna Mayonnaise	Sweetcorn and Crunchy Side Salad	Homemade Sweet Potato and Chick Pea Curry	Mixed Rice and Naan Bread	Vegetable Soup and choice of Cheese/Tuna/Egg sandwich	Crunchy side salad	Homemade Cheese and Tomato Pizza	Oven Baked Chunky Chips and Baked Beans
	<u>Dessert</u>	Toffee Apple Crumble and Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Gluten Free Cook's Choice of Muffin and Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Home made Raspberry Bun	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Vanilla Sponge and Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Chocolate Ice Cream Roll and Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk

W E E K T H R E E		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	<u>Choice 1</u>	Golden Crumb Vegetable Fingers and Crunchy Salad Tortilla Wrap	Oven Baked Potato Wedges and Mini Corn on the Cob	Crispy Battered Fillet of Fish	Baby New Potatoes and Seasonal Vegetables	Roast Quorn Fillet with Sage & Onion Stuffing & Gravy	Creamy Mashed Potatoes and Carrot Batons and Broccoli Florets	Cheese and Potato Pie	Crispy Diced Potatoes and Baked Beans	Golden Crumb Breaded Omega 3 Fish Fingers	Oven Baked Chunky Chips and Garden or Mushy Peas
	<u>Choice 2</u>	Free Range Omelette with Cheese and Tomato	Oven Baked Potato Wedges and Baked Beans	Vegetarian Sausage in a soft Roll	Mini Corn on the Cob and Crunchy Side Salad	Hot Cheddar Cheese and Tomato Panini	Tortilla Chips and Crunchy Side Salad	Jacket Potato with Tuna and mayo	Countryside Salad and sweetcorn	Homemade Cheese and Tomato Pizza	Oven Baked Chunky Chips and Baked Beans
	<u>Dessert</u>	Creamy Rice Pudding	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Jam Sponge and Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Gluten Free Cook's Choice of Cookie and Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Gluten Free Lemon Muffin	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Ice Cream Tub and Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk