



HILLINGDON

LONDON

Ref: Bikeability Invitation

Dear Parent/Guardian

Bikeability Safer Cycling Course

I am writing to invite your child to a safer cycling course, which will enable them to complete Level 1 and 2 combined. Your child's bike will also be checked and fixed if necessary free of charge before the course starts.

Please note that completion of this course does not guarantee passing either level.

- If your child does not meet the Level 1 National Standards, then the instructors are unable to allow your child to continue on the course.
- If your child does not meet Level 2 National Standards by the end of the course then he/she will be awarded a Level 1 certificate only.

Course Information:

The course will run for 4 days over a 1 week period for 2 hours each session.

Children must attend every session (unless they are unsuccessful in Level 1)

Friday 16 th November 2018	DR BIKE	Children should bring their bikes in at the beginning of the school day.
Monday 19 th November 2018	Level 1	9:30 – 11:30 / 13:00 – 15:00
Tuesday 20 th November 2018	Level 2	9:30 – 11:30 / 13:00 – 15:00
Wednesday 21 st November 2018	Level 2	9:30 – 11:30 / 13:00 – 15:00
Thursday 22 nd November 2018	Final Assessment	9:30 – 11:30 / 13:00 – 15:00

Team name

Directorate

T.01895 250267

F.01895 XXXXX

name@hillington.gov.uk

www.hillingdon.gov.uk

London Borough of Hillington,

Floor location, Civic Centre, High Street, Uxbridge, UB8 1UW

Trainee Requirements:

- Trainees attending the Bikeability course must have their own bike or use of a suitable bike and be able to balance on and ride to a basic level of competence.
- Trainees must attend **all** sessions. (unless they are unsuccessful in Level 1)
- High visibility vests must be worn at all times and will be supplied by the instructors on the day of the course.
- Trainees must bring their own helmets, helmets **cannot** be supplied – No Helmet, No Course
- Children should come prepared to ride in cold or wet weather and wear appropriate clothing and footwear.
- Parents are aware that Level 2 is on road training, children will be out of the school grounds.
- Children should always bring a bottle of water to each training session

You can apply for your child to attend this course by completing the booking form below and returning it to the school office as quickly as possible. The final decision about the allocation of places will rest entirely with the school.

Yours sincerely

Ian Ramsay

Ian Ramsay
Borough Cycle Support Officer

Please return this to your teacher as quickly as possible



Consent Form – PLEASE USE BLOCK CAPITALS

I would like my child to attend the Bikeability Course and hereby give my consent for

Childs Name _____ **Class** _____

Health/Disabilities/Behaviour Issues

Emergency Tel No: _____

I declare that he/she is fit, healthy and able to attend and is also the age of 10 or above.

I also sign below that LBH will not be responsible for any injury and loss or damage to property.

.....
Signature of Parent / Guardian

.....
Date

If for religious reasons your child physically cannot wear a helmet please contact us at roadsafety@hillingdon.gov.uk and consent forms will be issued to you.