

Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
<b>GET HEARTSMART (Meet Boris)</b>	<b>Boris' Beginnings</b> Boris the Robot story – which voice should he listen to?  STORY PSED - MR	<b>Build-a-Boris</b> Make a robot from junk  ACTIVITY PSED - SC/SA	<b>Boris Shapes</b> Make a robot from 2D shapes  ACTIVITY PSED - SC/SA	<b>Happy and you know it</b> Song to demonstrate different emotions  ACTIVITY PSED - MFB	<b>Boris Face dough</b> Different emotions using play dough  ACTIVITY PSED - MFB	<b>Boris' Hanging Hearts</b> Heart rewards for children who are caught being kind  ACTIVITY PSED - MR	<b>Heart Hunt</b> Looking for hidden hearts  GAME PSED - MR
<b>DON'T FORGET TO LET LOVE IN (I am special)</b>	<b>VIP Crowns</b> Design and make a crown  ACTIVITY PSED - SC/SA	<b>Mirror, mirror</b> Describe self in mirror and draw self-portrait  ACTIVITY PSED - MR	<b>I am special because I am...</b> Game to encourage children to think about why they are special  GAME PSED - SC/SA	<b>I am special song</b> Children to suggest reasons they are special  CIRCLE TIME PSED - SC/SA	<b>Fingerprint tree</b> Looking at uniqueness of fingerprints  ACTIVITY PSED - SC/SA	<b>Who am I?</b> Children to find different objects they like  ACTIVITY PSED - SC/SA	<b>All about me ball</b> Circle time to tell the other children about yourself  CIRCLE TIME PSED - SC/SA
<b>TOO MUCH SELFIE ISN'T HEALTHY (I love others)</b>	<b>Boris' story</b> Who loves and cares for Boris? Who do you love and care for?  CIRCLE TIME PSED - MR	<b>My House</b> Who lives in your house?  ACTIVITY PSED - SC/SA	<b>I love to...</b> Discussion about who you love and what you love to do together  ACTIVITY PSED - MR	<b>Friendship web</b> Circle time to use kind/encouraging words about one another  CIRCLE TIME PSED - MR	<b>A friend in need</b> Game about looking out for and helping friends in need  GAME PSED - MR	<b>Bird Feeders</b> How can we love the wildlife in our garden?  ACTIVITY PSED - SC/SA	<b>Thank you for helping me</b> Thanking members of the school community for their help  ACTIVITY PSED - SC/SA

<b>DON'T RUB IT IN, RUB IT OUT (I am a good friend)</b>	<b>Super Friends</b> Discussing what makes a super friend  ACTIVITY PSED - MR	<b>Sharing Island Game</b> Game to encourage sharing and cooperation  GAME PSED - MR	<b>Robots and Mechanics</b> Listening to instructions and co-operating with one another  GAME PSED - MR	<b>I am a kind friend</b> Helping children find simple ways to be kind to each other  ACTIVITY PSED - MR	<b>Grumpy Frog Story</b> Exploring saying sorry through story  STORY PSED - MFB	<b>Emoji emotions</b> Encouraging children to describe how they are feeling using emojis  CIRCLE TIME PSED - MFB	<b>Listen to me</b> Game to encourage children to listen to one another  GAME PSED - MR
<b>FAKE IS A MISTAKE (I tell the truth)</b>	<b>Boris and the Scrapman's lies</b> Children to differentiate between lies and truth  ACTIVITY PSED - MFB	<b>Cheer up Boris!</b> Write or draw a postcard for Boris using kind and encouraging words  ACTIVITY PSED - MFB	<b>Sorting words</b> Sorting words into kind and unkind  ACTIVITY PSED - MFB	<b>The Truth according to Arthur story</b> Talking about the importance of telling the truth.  STORY PSED - MFB	<b>Animal Game – thankful to be me</b> Pretending to be something else is fun but being me is better  ACTIVITY PSED - SC/SA	<b>Thankful Walk</b> Walk around school to spot things children are thankful for  ACTIVITY PSED - SC/SA	<b>Thankful Heart</b> Circle time to think about what the children are thankful for  CIRCLE TIME PSED - SC/SA
<b>NO WAY THROUGH, ISN'T TRUE (I can do it!)</b>	<b>I can challenge</b> Series of challenges for children to practise and complete  ACTIVITY PSED - SC/SA	<b>With my...I can...</b> Describing different things the children can do with their amazing body  CIRCLE TIME PSED - SC/SA	<b>Stuck!</b> Circle time to consider what to do when the children are stuck  CIRCLE TIME PSED - SC/SA	<b>We're Going on a Bear Hunt</b> Interactive retelling of the story  ACTIVITY PSED - MFB	<b>Road Blocks</b> Moving cars around the mat by adhering to the road signs  ACTIVITY PSED - SC/SA	<b>Cup stack challenge</b> Challenge to see how many cups the children can stack before they collapse  ACTIVITY PSED - SC/SA	<b>Nuts and Bolts</b> Challenge the children to match the correct nuts to the correct bolts  ACTIVITY PSED - SC/SA