

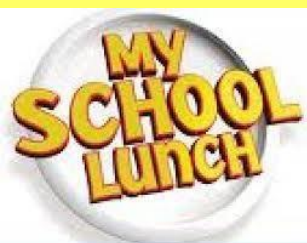


Menu

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fish & Chips Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips</p>	<p>Chicken Nuggets A chicken or quorn portion marinated in yoghurt and spices. Tossed in seasoned flour and baked in the oven with savoury rice</p>	<p>Roast Dinner Choose from a home roasted joint of beef or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p>	<p>Hotdogs Choose from a butcher's quality sausage or a Quorn sausage served in a bun with diced potatoes</p>	<p>Pizza Day A selection of homemade pizza served with potato wedges. Choose from Cheese & Tomato, Ham & Pineapple or Pepperoni served with potato wedges</p>
Served with				
Sweetcorn	Peas or Baked Beans	Broccoli and Carrots	Baked Beans	Mini Corn Cobs
<i>or</i>				
<p>Jacket potatoes & Paninis served with a side salad available daily – choose from a variety of fillings; cheese, tuna mayo, ham, turkey and baked beans (when available)</p>				
<i>or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling. A selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef and egg. Finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
  				
And for dessert				
Dessert of the day				
Fresh fruit, fruit pots, yoghurt or cheese & crackers are available everyday as an alternative to the daily dessert.				
And finally a drink				
<p>A selection of the following drinks will be available daily: Freshly made milkshakes – chocolate or strawberry; fresh fruit juice – apple, orange or cranberry; or water.</p>				

Week2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fish & Chips Choose from a battered cod fillet, breaded cod fillet fingers or a homemade salmon fishcake, all baked in the oven & served with chips</p>	<p>Homemade Burgers Fresh mince beef seasoned with salt and pepper the shaped into burgers and baked in the oven. Served on a bun with potato wedges</p>	<p>Doner Kebab Fresh minced lamb seasoned with garlic, cumin, fenugreek, salt and pepper then pressed into an oven proof dish and baked in the oven. Served in a pitta bread with shredded lettuce and cabbage Sweet chilli sauce optional</p>	<p>Roast Dinner Choose from a home roasted joint of beef or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p>	<p>Chicken Fried Rice Cooked rice pan fried with onions, garlic, soy sauce, peas, sweetcorn and chicken or Quorn pieces. Served with a choice of sweet and sour sauce or curry sauce</p>
Served with				
Peas or Baked Beans	Peas	Corn on the Cob And Coleslaw	Broccoli and Carrots	Sweetcorn
or				
<p>Jacket potatoes & Paninis served with a side salad available daily – choose from a variety of fillings; cheese, tuna mayo, ham, turkey and baked beans (when available)</p>				
or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling. A selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg. Finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
And for dessert				
Dessert of the day				
Fresh fruit, fruit pots, yoghurt or cheese & crackers are available everyday as an alternative to the daily dessert.				
And finally a drink				
<p>A selection of the following drinks will be available daily: freshly made milkshakes – chocolate or strawberry; fresh fruit juice – apple, orange or cranberry; or water.</p>				