

Adel St Johns Weekly Menu

Our school menus have been designed to provide balanced, delicious and healthy choices for your child using seasonal, local produce wherever possible

Week 1: 25.02.19, 18.03.19, 22.04.19, 13.05.19, 10.06.19, 01.07.19, 22.07.19

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Curry with Rice or Chapatti	Savoury Mince with Dumplings	Spaghetti with Meatballs in a Tomato Sauce	Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes	Fish Fingers with Diced Potatoes
Dish of the Day 2 (v)	Cheesy Pasta with Homemade Tomato Garlic Bread	Vegetarian Sausage Hotpot	Vegetable Curry with Rice	Vegetarian Cottage Pie with Yorkshire Pudding and Roast Potatoes	Cheesy Bean Wrap with Diced Potatoes
Fresh Seasonal Vegetable Selection	Sweetcorn and Peas	Broccoli and Carrots	Cauliflower and Peas	Carrots and Seasonal Greens	Peas
Daily Salad Bar Selection					
Oven Baked Jacket Potato / Sandwich of the Day	Chicken Curry	Cheese Sandwich (v)	Tuna	Hot Roast Baguette	Baked Beans (v)
Desserts	Seasonal Fruit Crumble with Custard	Cheese and Crackers with Apples Wedges and Grapes	Lemon Cake	Fun Fruit Thursday	Chocolate Yoghurt Slice

Please note all sandwiches are served with potato of the day or if this is not appropriate then served with pasta or rice salad from the salad bar

If you require any information regarding Allergens please contact Catering Leeds Head Office - 0113 3782321

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Week 2: 04.03.19, 25.03.19, 29.04.19, 20.05.19, 17.06.19, 08.07.19

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Curry with Naan	Pulled Pork Wrap with Rice Salad	Chicken and Broccoli Pasta	Roast Beef with Yorkshire Pudding, Mashed and Roast Potatoes	Crispy Salmon Fillet with Homemade Jacket Wedges
Dish of the Day 2 (v)	Omelette with Crusty Bread	Vegetarian Chilli Pinwheels with Rice Salad	Margarita Pizza with Homemade Herby Diced Potatoes	Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes	Crispy Vegetable Grill with Tomato Salsa and Homemade Jacket Wedges
Fresh Seasonal Vegetable Selection	Sliced Green Beans and Sweetcorn	Carrots and Broccoli	Peas and Cauliflower	Roasted Seasonal Vegetables	Peas and Sweetcorn
Daily Salad Bar Selection					
Oven Baked Jacket Potato / Sandwich of the Day	Chicken Curry	Cheese Bap (v)	Tuna	Hot Roast Baguette	Cheese (v)
Desserts	Vanilla Ice Cream with Sliced Peaches	Cheese and Oatmeal Biscuits served with dried Apricots and Grapes	Oaty Apple Crumble with Custard	Fun Fruit Thursday	Butterscotch Cookie with Fresh Fruit Wedges

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Week 3: 11.03.19, 15.04.19, 06.05.19, 03.06.19, 24.06.19, 15.07.19

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Curry with Rainbow Rice	Pork Sausage with Mashed Potato	Chicken Breast Fillet served in a Bun served with Homemade Potato Wedges	Roast Turkey with Yorkshire Pudding, Mashed and Roast Potatoes	Battered Fish and Chips
Dish of the Day 2 (v)	Vegetarian Meatball Sub with Rainbow Rice	Vegetarian Sausage with Mashed Potato	Vegetable Lasagne	Vegetarian Grill with Yorkshire Pudding, Mashed and Roast Potatoes	Homemade Cheese and Tomato Roll with Chips
Fresh Seasonal Vegetable Selection	Peas and Sweetcorn	Carrots and Broccoli	Cauliflower and Sliced Green Beans	Broccoli, Carrot and Swede	Peas or Baked Beans
Daily Salad Bar Selection					
Oven Baked Jacket Potato / Sandwich of the Day	Chicken Curry	Tuna Sandwich	Cheese (v)	Hot Roast Baguette	Baked Beans (v)
Desserts	Fruity Oat Slice	Apple Sponge with Custard	Cheese and Crackers with Apple Wedges and Sultanas	Fun Fruit Thursday	Chocolate Brownie Bite with Fresh Fruit Wedges

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