



St Mary Magdalen's Newsletter

Letting the Light of Jesus Shine Through

Worship Reflections

Individual Liberty –

It is important to eat a balanced diet to stay healthy. Throughout our day, we will often make choices about the food we eat. We can use these choices to make sure we eat a wide range of foods to keep us well.

Thank you God for our amazing bodies that are capable of doing so many wonderful things. Help us to see the importance of making healthy food choices so that we fuel our bodies in the best possible way.

Amen.

Birthdays this week

Happy birthday this week to:

Evelyn Leung, Tierney Seaborne, George Swarbrick & Hannah Dexter.

School Meals

We will be on Week 3 of the menu next week.

School Uniform

Can I please ask that all your children's uniforms have names clearly marked inside? Thank you

WRIST Celebration Tickets

If you are wanting to purchase more adult or child tickets for the WRIST Celebration you will now be able to do so.

Passwords

There are still password outstanding. If you have not yet sent it in can you do so please as soon as possible? Please send one even if you normally collect your child as we would like to have a password for everyone. Thank you.

As we have been thinking about healthy food choices this week I thought this may be a good opportunity to talk about lunch boxes.

Some schools dictate that there should be no "unhealthy food" in lunch boxes. I have always insisted that we do not do this even though I would love to walk into the hall and see a mass of healthy lunch boxes. This is because I do not believe it is my role to tell you what to feed your children. I am also aware that some children have genuine phobias about different foods and for parents of these children it is a relief to know they have eaten something, even if it does lack nutritional value. My husband and I really struggled to get our eldest to eat anything at lunchtime at school and no amount of notes of drawing on bananas saying "Eat me please" made much difference.

That said, we all fall into the trap of buying the same things and running out of ideas. I have been collecting together some ideas for healthy lunchboxes which I hope you will appreciate. I will send it out as a PDF document.

Mrs Gallagher

Merit Winners

Congratulations this week to:

Year R – **Alex Carthy** for showing us his amazing writing ability & **Eva Parkinson** for her fantastic effort in her new phonics group.

Year 1 – **Carmen Wan** for wonderful sentences in her Literacy work & **Alicia Maduka** for always trying her best and working hard at school and at home.

Year 2 – **Harvey Watkins** for working his hardest at every challenge he is given & **Charlotte Brown** for a methodical and logical approach to problem solving in Maths.

Year 3 – **Lydia Harvey** for having a good knowledge of challenging vocabulary & **William Walker** for showing artistic flair to creativity when designing lecturn banners in RE.

Year 4 – **Oliver Delaney** for trying extra hard this week and putting in 100% effort in all subjects & **James Ramm Taylor** for super work writing expanded noun phrases.

Year 5 – No merits awarded this week as Year 5 on a Taster Day at All Hallows.

Year 6 – **Edward Owens** for showing a fantastic attitude in school at all times & **Pippa Jolley** for a vast improvement in her application to independent work.

RE Celebration – YR4 – Theme:

Community

There is an RE Celebration for Year 4 on Monday 4th February at 2.45pm and you are all invited to join us.

Y2 DT Afternoon

On Tuesday 13th February from 1-3pm Y2 will be having their D.T. afternoon and all parents are invited.

All Hallows Production

All Hallows will be performing their production of Beauty & the Beast on Monday 11th February through to Thursday 14th February. It wil run for a total of 4 nights and start at 7.30pm. The tickets will be £10 each and can be purchased direct from All Hallows.

Headlice

Currently the NHS has confirmed that under the Minor Ailments Scheme if anyone has headlice, they can have it treated for free at a pharmacy.

Words of the Week

This year we are all seeking to expand our vocabularies to help our children to be even better writers. Please encourage them to use these words. Older children may well be motivated to learn the adult words.

Reception	famous
Year 1	well known
Year 2	popular
Year 3	leading
Year 4	legendary
Year 5	infamous
Year 6	eminent
Adult	ignominious

