

week 1

Date	25/02/2019	
Diet	Vegan	
School		

PLEASE NOTE SOME FRUIT AND VEGETABLES MAY BE CHANGED DEPENDING ON WHAT TIME OF YEAR IT IS.

Monday		
Main	Twice bake potato with carrots and swede	
Dessert	Vegan Cake	

Tuesday		
Main	Sweet & Sour vegetables with rice and sweetcorn	
Dessert	Fresh fruit	

Wednesday		
Main	Vegetable & Lentil bolognaise with pasta and broccoli	
Dessert	Fruity Pot	

Thursday		
Main	Jacket potato and beans with a mixed salad pot	
Dessert	Vegan jelly pot	

Friday		
Main	Cauliflower & Broccoli tomato bake	
Dessert	Fruit Salad	

week 2

Date	04/03/2019	
Diet	Vegan	
School		

Monday		
Main	Jacket potato with beans and carrot sticks	
Dessert	Vegan Cake	

Tuesday		
Main	Vegetable & Bean lasagne (no sauce or cheese) with salad	
Dessert	Jelly pot	

Wednesday		
Main	Twice bake potato with carrots	
Dessert	Banana	

Thursday		
Main	Vegetable chilli with rice and broccoli	
Dessert	Melon	

Friday		
Main	Stuffed Vegetable with potato wedges and peas	
Dessert	Fruity Pot	

week 4

Date	18/03/2019	
Diet	Vegan	
School		

<i>Monday</i>		
Main	Stuffed pepper with potatoes and veg	
Dessert	Fresh fruit	

<i>Tuesday</i>		
Main	Twice baked vegetable potato with peas	
Dessert	Melon	

<i>Wednesday</i>		
Main	BBQ roasted vegetables with rice and sweetcorn	
Dessert	Vegan Cake	

<i>Thursday</i>		
Main	Vegetable & lentil Pasta with broccoli	
Dessert	Fruity pot	

<i>Friday</i>		
Main	Jacket potato with beans and salad	
Dessert	Jelly pot	

week 6

Date	01/04/2019	
Diet	Vegan	
School		

Monday		
Main	Vegan pomodoro with pasta and peas	
Dessert	Banana	

Tuesday		
Main	Vegan potato layer with broccoli (aubergine and courgette with vegan cheese)	
Dessert	Jelly pot	

Wednesday		
Main	Chick pea burger in a dairy free roll with potato wedges and salad	
Dessert	Apple	

Thursday		
Main	Jacket potato & beans with rice and pepper pot	
Dessert	Vegan Cake	

Friday		
Main	Roasted Vegetables with diced potatoes and a cous cous pot	
Dessert	Peaches	