



Tuesday News

Date: Tuesday 5th February 2019

Through the sign of the cross we follow Jesus

Dear Parents, Carers and Parishioners

Congratulations to the nineteen Year 6 and past Year 7 students on receiving the Sacrament of Confirmation last Thursday evening with Bishop Marcus Stock, and to you, their families who continue to nurture and guide them on their faith and life journey.



We all know that it isn't always easy. However, our task as parents is to continue doing our very best to model what it is to be a 'Christ follower' in our



everyday conversations, choices and actions. In this way our children are able to more clearly understand the inextricable link between faith and life.

When we invest daily time, offer good advice and model respectful and morally courageous choices, we are setting our children up to more confidently face a world that presents so many conflicting and confusing messages.

Drawing upon the gifts of the Holy Spirit in our daily life helps us to stay 'on track' and to ultimately find peace and contentment, as well as the strength and courage we need to more confidently make the difficult choices along the way.

We wish you all the best in the years ahead, helping your child to learn to lean on their faith often and to go into the world ready to be the hands and feet of Jesus!

A special thank you to our fantastic school choir and staff for attending the Mass on a very cold and snowy evening, to our parish catechists for all their hard work in preparing the children so well and to the parish for the tasty refreshments. Bishop Marcus commented on how prayerful the children were and on the joyful singing.



God Bless

Mrs Winnery, Mrs Walsh & Mr Copley

Celebration Worship

Please join us for our Celebration Worship this **Friday** at **9.10am**.

Year 3 Class Worship

Our Year 3 pupils would like to invite parents to attend their Class Worship on **Thursday** **7th February** at **9.10am**.

A set of keys have been found at First Martyrs' Church after the Confirmation last Thursday. Please contact the school office for further information.



Every week we look to celebrate excellence in all we do. Each class is collecting Gold Coins for their treasure chests and the winners each week will receive a prize!

Celebration Worship Leader Board		
Year Group	Class Explorer Names	Winners
Nursery:	Daring Adventurers	
Reception:	Little Explorers	
Year 1:	Dora's Explorers	
Year 2:	2 Infinity and Beyond	
Year 3:	Greenwell's Globe Trotters	
Year 4:	Nugba's Nomads	
Year 5:	5 Go Adventuring Again	
Year 6:	Raiders of the Gold Coins	

Congratulations to:

Mohammed Zaydaan-Endrees, Ruqaya Mir, Inaaya Tahir, Zofia Bierkat, Nabiha Javed, Zoha Hussain and Romilly Gordon who were awarded Class Merits for their outstanding achievements for last week.

Mrs Winnery's Headteacher Award went to **Ellie Walker**.

Attendance

**Attend Today
Achieve Tomorrow**

**EVERY SCHOOL DAY
COUNTS**

**Can you reach our
whole school target of
97%?**

**If we reach 97% our
attendance will be
Outstanding.**

CLASS	% ATTENDANCE TARGET	% LAST WEEK w/b 28/01/2019	% ATTENDANCE this year to date
Reception	97	96.13	93.88
Year 1	97	96.33	97.92
Year 2	97	96.67	96.24
Year 3	97	97.33	96.38
Year 4	97	100	98.30
Year 5	97	96.67	97.16
Year 6	97	98	99.15
Whole School	97	97.30	97
NEW TARGET	97%	97%	97%

**Over the last few years we have all worked tirelessly to improve attendance.
Please help us reach our target!**

Bun Sale



The School Council are holding a Bun this **Thursday 7th February** for the deaf health charity, **sign2sing**. We would greatly appreciate any donations of buns which should be brought into school on Thursday Morning. Buns will then be **on sale at 50p per bun**.



Storytime for Early Years Children

Every Friday, we are holding **Storytime**. Parents, carers, grandparents – please join us in the school library for singing, nursery rhymes and stories. Everyone is welcome to join us at **2.30pm**. Our first session last Friday was a great success and the children enjoyed singing rhymes such as **5 Little Ducks Went Swimming One Day!**

Children's Mental Health Week



Children's Mental Health Week was set up by the children's mental health charity Place2Be to shine a spotlight on the importance of children and young people's mental health. This year's theme is **Healthy: Inside and Out**. In school we are encouraging everyone to think about how they look after their bodies and minds. Monday saw the launch of Mental Health week with an assembly for the whole school followed by Yoga Workshops for KS2 and relaxation techniques for KS1.

During the week the children will be taking part in exercise, mindfulness and meditation activities.



As parents and carers, you play a very important role in your child's health. Here are a few simple ways you can encourage them to look after their body and mind:

Chat with your child about what you can do to look after your body and mind, from walking the dog to turning your phone off before bed. Sharing the steps you have taken to stay healthy can set a good example for them – but don't be afraid to admit it if you've struggled! It's important for children to keep trying, even when things are difficult.

Praise your child and other family members for what they do to look after their body and mind – even if it's small. If your child sees healthy living in a positive light, they're more likely to carry on doing these things throughout life.

Remind them that there is no such thing as a perfect body or mind – and no one is perfectly healthy! Your child might be tempted to compare themselves to other children, especially on social media, but it's important to remember that everyone's bodies and minds are different – and that's something to celebrate.

Do something regularly with your child to be Healthy: Inside and Out. Family life can be very busy and stressful at times. Cooking a meal, sitting down for a family dinner, or going for a walk together can be a great way to stay connected and have fun.

Don't forget, if you're worried about your child, you can talk to your GP or someone at school. You can also find a list of organisations that provide support and advice for parents on their website www.place2be.org.uk/usefulcontacts

Nursery Places for September 2019

We are currently in the process of sorting out places for our Nursery for the next school year. If you have a child born between September 2015 and August 2016 and would like to be considered for a place please contact the office for an application form. Our Nursery hours are Monday to Friday 9am – 12 noon.

Volunteer Swimming Helper

If any parent can volunteer as a swimming helper we are looking for helpers for a Wednesday afternoon and Friday afternoon. Prospective volunteers will have to undergo an enhanced DBS check which will be paid for by school. Please contact the office for an application form.

Safeguarding our Children

If you are worried or concerned about the wellbeing of any of our pupils, please ask to speak to Mrs Winnery, Mrs Farrell, Mrs Walsh or Mr Copley.