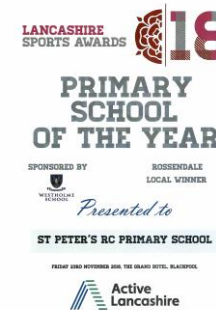


St Peter's RC Primary School

2018-2019 PE and Sport Premium Action Plan



Key Priorities in Whole School PE, School Sport and Healthy, Active Lifestyles:

ALL pupils leaving St. Peter's RC Primary School (now and in future years) are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong enjoyment and participation in physical activity and/or sport.

Our school should demonstrate an improvement across the 7 Key Indicators from the DfE:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport and transition into community sport.
6. Improved collaboration with local networks.
7. Meet the National Curriculum requirements for swimming and water safety.

Key Objectives for improvement this year :

1. To give all children the opportunity to take part in and enjoy at least 60 minutes of activity a day.
2. To give every child the opportunity to challenge themselves and achieve their personal best.
3. To increase teacher's confidence in teaching Athletics activities.
4. To give all children the opportunity to take part in a new sport or activity.
5. To give every child the opportunity to take part in a level 0 and a level 1 competition.
To give every KS2 child the opportunity to take part in a Level 2 competition.
6. To encourage children to take part in physical activity at home (out of school hours).
7. To increase the % of Year 6 children meeting the National Curriculum requirements for swimming and water safety.



This year's sports premium funding: £16,000 plus £10 per pupil Years 1 -6 = £17,250.

Action/tasks	All personnel involved	Timescale – start, end and review	Costings Rossendale School Sport Partnership category C - £3475	Monitoring and reporting on progress with action/tasks	Success criteria
<p>1. To give all children the opportunity to take part in and enjoy at least 60 minutes of activity a day.</p> <p>This is on top of their 2 hours a week PE lessons in which children are active for more than 80% of the time. We are aiming for 60 minutes a day in school time of extra activity for each child (of which 30 must be vigorous).</p> <p>This will be achieved by:</p> <p>Miss Lynch CPD – Active Literacy full day course. Feedback to staff.</p> <p>Active playground at break times and dinner times. All children should be moving. Staff on duty get equipment out.</p> <p>Invest in equipment for use on the playground.</p> <p>Playground lines training and Playleader training for our older children and staff.</p> <p>Play leader timetable and training.</p> <p>1 x welfare staff employed to deliver and oversee sporting activities at dinner time. Encourage other dinner staff to be more active and initiate traditional games like skipping, hopscotch, wally, kerby, etc.</p> <p>Active classrooms/lessons – BBC sport super movers. Premier league primary stars, Kung fu Punctuation, etc. Quick lesson breaks – See ideas on Active School Planner. Evidence suggests that children learn better for 30-60 minutes following an active break.</p> <p>Daily runs – aim for a mile a day which is 16 laps around the playground. Children could do 4 at the beginning of play time, 4</p>	<p>Miss Lynch. All staff including welfare staff. Sports coaches /RLT. Forest Schools staff. Pupils and parents. School Games Organiser. Lancashire PE and school sport advisers. Play leaders. Sports captains / Sports ambassadors School sports crew.</p>	<p>1.Start September 2018. 2.Review Christmas 2018. Governors presentation for PE and Sport. 3.Review Easter 2019. 4.Review Summer 2019 and continue. Meet with SGO and RLT to arrange next year.</p>	<p>Playground equipment for playleaders- £400. PE stickers £100. 1 x welfare staff wage £2133.</p>	<p>New healthy schools rating scheme.</p> <p>DL to update action plan termly against key milestones and communicate progress with SLT.</p> <p>DL to update teachers, other staff and governors as and when appropriate.</p> <p>Complete, update and edit pupil activity grids termly as well as the yearly overview.</p> <p>Take photos and put into albums on facebook. Albums should be of the different activities we offer at St. Peter's. Eg. Dinner time activities, wake and shake, C4L club, etc.</p> <p>Update website.</p>	<p>Do all children have the opportunity to take part in at least 60 minutes of activity a day (in which 30mins must be rigorous)?</p> <p>Are our children happy, healthy and active?</p> <p>Do our children enjoy sports and exercise?</p> <p>Are teachers trying to make other lessons (not just PE) active?</p> <p>Are children learning better following an active break? Is extra activity leading to improved concentration and learning?</p> <p>Are all children learning the physical skills and habits required for a healthy lifestyles?</p> <p>Has children's health and fitness improved?</p> <p>Has children's confidence and social skills improved?</p>

<p>at the beginning of dinner, 4 at the end of dinner and 4 half way through the afternoon and they've completed their mile a day.</p> <p>Sports clubs and extra-curricular activities offered to all children before and after school.</p> <p>Football timetable.</p> <p>Climbing frame timetable.</p> <p>Give regular extra sporting and PE opportunities as well as the PE curriculum – Up and Active for Year 4, Hula hooping, multi-skills and Karate for KS1, Blackburn Rovers Move and Learn Initiative for Year 6. Accrington Stanley's Move and Learn initiative for Year 5. Whole school Change4Life day. Bikeability for Year 5/6. Whole school FUNDA taster experience. Gymnastics bootcamp. Whole school assessment days.</p> <p>Active breakfast club and Keys after school clubs.</p> <p>Daily Wake and shake – BBC sport supermovers, Go Noodle, Jump Start Jonny, Just Dance, Yoga. Boogie Beebies.</p> <p>Climbing frame breaks in the afternoon.</p> <p>Brain breaks. Yoga. Boxing.</p> <p>Change4Life club.</p> <p>Miss Lynch to attend the Primary PE and sport conference to collaborate, gain advice and ideas to help achieve this objective.</p> <p>Pick 3 children to be trained to become Sports Captains (Young Ambassadors). Ensure it is a high profile job with lots of benefits. The Sports Captains should lead our school sports crew as well as play leaders and meet regularly to discuss ideas for PE and sport. They should help Miss Lynch observe children's enjoyment and activity at playtime and dinner times and decide together improvements that could be made. Get feedback from staff and children at break and dinner times. What do they want to help them have fun and be active?</p> <p>Whole school Forest schools sessions.</p> <p>Orienteering in topic lessons (creative approach).</p> <p>Extra coaching sessions to practise for a competition.</p>			<p>Sports captain outfits and badges £81.</p>	<p>DL and sports captains observe break and dinners and feed back to SLT. Get feedback from children and staff.</p> <p>Regular meetings with Sports Captains and sports crew.</p> <p>Speak to breakfast club and Keys Club staff.</p> <p>Monitor how far children can run in September and assess each term to see improvement or who needs targeting.</p> <p>School games inclusive health check.</p> <p>Active schools planner.</p> <p>Complete the Youth Sport Trust Questionnaire and the Sainsbury's School Games kite mark applications that compare our school to other schools in Lancashire and the whole country.</p>	
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<p>Regular competitive opportunities in various sports including inclusion events.</p> <p>Additional dance sessions to practise for plays and performances like dance festivals, cheerleading festivals, etc.</p> <p>Continuous provision for KS1 has opportunities set up for children to practise fundamental movement skills.</p> <p>Dinner time walking club aimed at the underachievers and least active children.</p> <p>Educate the children about how important it is to live a healthy lifestyle. This should be done through PE, Science, PSHE and the Life Skills Caravan.</p> <p>Mr Smith's Change4Life club. Target the least active and those overlooked in sport. Champions training for young leaders that will help run the club.</p> <p>Encourage children's use of pedometers, fitbits or other digital devices that track steps, physical activity and inactivity.</p> <p>Miss Lynch update PE policy.</p>			<p>£4680 forest schools</p> <p>Life skills caravan £626.</p> <p>Mr Smith £80. 8 sessions.</p>		
<p>2. To give every child the opportunity to challenge themselves and achieve their personal best.</p> <p>Miss Lynch CPD – Measuring Health and fitness in primary schools full day course.</p> <p><u>Change4Life day (full day off timetable)</u></p> <p>Create a whole school timetable including:</p> <ul style="list-style-type: none"> • Sports fundraiser – Crazy Dash. • St Peter's Year group Champions (speed bounce, running, long jump, triple jump). Assesments to be completed at the beginning of the year by Miss Lynch (PE subject leader). This will show what each year group needs to work on. Another assesment then needs to be done at the end of the year by class teachers to show progress. Hire Dan from RLT to help with this. • Yoga/mindfulness. 	<p>Miss Lynch. All staff including welfare staff.</p> <p>Sports coaches /RLT.</p> <p>Forest Schools staff.</p> <p>Pupils and parents.</p> <p>School Games Organiser.</p> <p>Lancashire PE and</p>	<p>1.Start September 2018.</p> <p>2.Review Christmas 2018.</p> <p>Governors presentation for PE and Sport.</p> <p>3.Review Easter 2019.</p> <p>4.Review Summer</p>		<p>DL to update action plan termly against key milestones and communicate progress with SLT.</p> <p>DL to update teachers, other staff and governors as and when appropriate.</p> <p>Complete, update and edit pupil activity grids termly as well as the yearly overview.</p> <p>DL to create a table to input children's results. Teachers</p>	<p>Have children taken part and enjoyed a variety of athletic activities?</p> <p>Have some children excelled in athletics?</p> <p>Have we been successful in the Y3/4, Y5/6, Y4/5 athletics competition, animal Olympics for KS1 and mini olympics for KS2?</p> <p>Have children made progress in PE?</p> <p>Has children's fitness improved?</p>

<ul style="list-style-type: none"> Mile a day introduction. <p><u>Sports Day</u> <u>Athletics Competitions</u> <u>KS1 animal Olympics and KS2 mini Olympics at Marl Pits.</u></p> <p>For all the above events we need an entrance song, school flag and school sport pledge. We will also need young reporters and photographers to record results and achievements.</p> <p>Interventions need to be in place for those children that need more practise with the fundamental movement skills and athletic skills.</p> <p>Gifted and talented programme.</p>	<p>school sport advisers. Play leaders. Sports captains / Sports ambassadors</p> <p>School sports crew.</p>	<p>2019 and continue. Meet with SGO and RLT to arrange next year.</p>	<p>Sports day medals and stickers £200. Sports day lines including footie pitch on field £100.</p>	<p>to continue using this table to show progress.</p>	
<p>3. To increase teacher's confidence in teaching Athletics activities.</p> <p>Staff discussion / questionnaire and feedback.</p> <p>Share athletics skills progression grids from YR – Y6.</p> <p>Let teachers know what equipment we have in school.</p> <p>Invest in athletics equipment – speed bounce mat, long jump and triple jump mat, javelins, batons.</p> <p>Nathan Bibby (our school games organiser) to work with the children and staff in each class on running techniques and drills – daily mile day.</p> <p>C4L day including various athletics activities so teachers can find out what their children are good at and the areas they need to work on for their children to improve. Teachers will also work</p>	<p>Miss Lynch. All teaching staff. Sports coaches /RLT. School Games Organiser. Lancashire PE and school sport advisers.</p>	<p>1.Start September 2018. 2.Review Christmas 2018. Governors presentation for PE and Sport. 3.Review Easter 2019. 4.Review Summer</p>	<p>Buy athletics equipment - £1000</p>	<p>DL to update action plan termly against key milestones and communicate progress with SLT.</p> <p>DL to update teachers, other staff and governors as and when appropriate.</p> <p>Complete, update and edit pupil activity grids termly as well as the yearly overview.</p> <p>Staff to feedback on courses to relevant staff or</p>	<p>Are all PE teaching staff using the Lancashire schemes of work along with other recommended resources and assessment material?</p> <p>Is effective and regular monitoring and evaluating of PE evidencing that children are making at least expected progress in all areas of the PE curriculum, with many examples of accelerated progress?</p> <p>Are teachers more confident in teaching athletics activities?</p>

<p>alongside Miss Lynch and Dan (coach from RLT) working on Athletics activities with the children.</p> <p>Hire qualified sports coaches from Rossendale Leisure Trust to work with teachers and provide them with training or resources to help them teach Athletics activities more effectively.</p> <p>CPD courses – TBC from Rossendale Leisure Trust.</p> <p>Discounted gym membership for staff at Rossendale leisure Trust.</p>		<p>2019 and continue.</p> <p>Meet with SGO and RLT to arrange next year.</p>		<p>during staff meeting if it affects whole school.</p>	
<p>4. To give all children the opportunity to take part in a new sport or activity.</p> <p>We are aiming for all children to enjoy activity. We need to inspire them and give them opportunities to try different sports.</p> <p>KS1 – Hula hooping, multi-skills, space hopping, bowling, darts and Karate.</p> <p>Whole school – Miss Lynch to share Yoga interactive whiteboard videos with teachers. Miss Lynch to attend a teach to box CPD course and update teachers on how they can also deliver boxing to their class. Miss Lynch to research whether staff would be interested in a yoga class after school once a week.</p> <p>Inclusion events for disabled, SEN and those who need more sporting opportunities. This includes boccia, new age kurling and orienteering.</p> <p>Many extra sporting and PE opportunities (see objective 1).</p> <p>Create club links and inform parents of local clubs available to their child (see objective 6).</p> <p>Contact Hamish and George from Rossendale orienteering to update our school orienteering map after the building work.</p>	<p>Miss Lynch.</p> <p>All staff including welfare staff.</p> <p>Sports coaches /RLT.</p> <p>Forest Schools staff.</p> <p>Pupils and parents.</p> <p>School Games Organiser and inclusion specialist.</p> <p>Lancashire PE and school sport advisers.</p> <p>Play leaders.</p> <p>Sports captains &</p>	<p>1.Start September 2018.</p> <p>2.Review Christmas 2018.</p> <p>Governors presentation for PE and Sport.</p> <p>3.Review Easter 2019.</p> <p>4.Review Summer 2019 and continue.</p> <p>Meet with SGO and RLT to arrange next year.</p>	<p>Space hoppers £200</p> <p>Karate and hula hooping coaches £25. Per 12 sessions £300</p> <p>Orienteering update of resources £100.</p>	<p>DL to update action plan termly against key milestones and communicate progress with SLT. DL to update teachers, other staff and governors as and when appropriate.</p> <p>Complete, update and edit pupil activity grids termly as well as the yearly overview.</p>	<p>Does every child have a sport or activity that they love?</p> <p>Has every child been given the opportunity to take part in a new sport or activity?</p>

	<p>school sports crew.</p> <p>Karate and hula hooping coach.</p>				
<p>5. To give every child the opportunity to take part in a level 0 and a level 1 competition.</p> <p>To give every KS2 child the opportunity to take part in a Level 2 competition</p> <p>Buy hockey safety equipment to ensure we can take part in the hockey competition (enough for a team).</p> <p>Inclusion competitions.</p> <p>Enter A, B, C teams.</p> <p>Enter all competitions.</p> <p>Use school wots app to inform staff of future competitions and volunteers too supervise.</p>	<p>Miss Lynch.</p> <p>All staff including welfare staff.</p> <p>Sports coaches /RLT.</p> <p>Forest Schools staff.</p> <p>Pupils and parents.</p> <p>School Games Organiser and inclusion specialist.</p> <p>Lancashire PE and school sport advisers.</p> <p>Play leaders.</p> <p>Sports captains / Sports ambassadors</p> <p>School sports crew.</p>	<p>1.Start September 2018.</p> <p>2.Review Christmas 2018.</p> <p>Governors presentation for PE and Sport.</p> <p>3.Review Easter 2019.</p> <p>4.Review Summer 2019 and continue.</p> <p>Meet with SGO and RLT to arrange next year.</p>	<p>Hockey safety equipment £50</p> <p>Transport to 2 dance competitions and 1 athletics competition £450.</p>	<p>DL to update action plan termly against key milestones and communicate progress with SLT.</p> <p>DL to update teachers, other staff and governors as and when appropriate.</p> <p>Complete, update and edit pupil activity grids termly as well as the yearly overview.</p>	<p>Are we still achieving at least gold in the Sainsbury's school games awards?</p> <p>Are we achieving as well as last year or better in the small schools league table and normal league table for Rossendale schools?</p>

<p>6. To encourage children to take part in physical activity at home (out of school hours).</p> <p>Promote out of school clubs through certificates and trophies at achievement assembly. This will also celebrate children's success and hopefully encourage others to join a club. Celebrate success of other activities like walking, climbing hills, riding bike etc so curriculum is more balanced and broad.</p> <p>Create club links to inform parents of local sporting clubs available to their child. Club links on website.</p> <p>Educate children and parents. Advertise C4L. Less TV and computers and more playing. Share sports wales video on website showing how life expectancy is now lower than when parents were children. Life skills caravan.</p> <p>Walk to school initiative and leaflet sent home to parents. Teachers can reward children with stickers and other prizes for walking to school. Y6 Data handling lesson to give me results for this. Road safety week is 19th-25th November. Order walk to school resources.</p> <p>Give activity / exercise homework when sending topic homework grids. This could be couch25k, local park runs, C4L app ideas, fundamental movement skills practise. Newsletter ideas or facebook.</p> <p>If children are enjoying athletics and/or excelling in Athletics, give parents information of local athletics clubs that they could join. Encourage attendance at after school athletics club.</p>	<p>Miss Lynch. All staff including welfare staff. Sports coaches /RLT. Forest Schools staff. Pupils and parents. School Games Organiser. Lancashire PE and school sport advisers. Play leaders. Sports captains / Sports ambassadors</p> <p>School sports crew.</p>	<p>1.Start September 2018.</p> <p>2.Review Christmas 2018.</p> <p>Governors presentation for PE and Sport.</p> <p>3.Review Easter 2019.</p> <p>4.Review Summer 2019 and continue.</p> <p>Meet with SGO and RLT to arrange next year.</p>		<p>DL to update action plan termly against key milestones and communicate progress with SLT. DL to update teachers, other staff and governors as and when appropriate.</p> <p>Complete, update and edit pupil activity grids termly as well as the yearly overview.</p>	<p>Have all children been given the opportunity to take part in physical activity at home?</p> <p>Have parents been given relevant information to ensure their children are taking part in physical activity at home?</p>
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7. To increase the % of Year 6 children meeting the National Curriculum requirements for swimming and water safety. Cost $\frac{3}{4}$ of £4100 = £3075

All children at St. Peter's attend swimming lessons in Year 3. Children are then offered booster sessions throughout KS2 until they have achieved the statutory requirements stated in the grid below. Members of staff enter the pool to offer a 1:1 session as and when required. Miss Lynch and Mr Smith meet regularly to discuss swimming and check the swimming data. Data is updated weekly by Mr Smith and conversations are had with swimming staff about what our children need to focus on next.


Impact: There is now a higher level of competence in swimming at an earlier age. The % of children that can swim a length by the end of KS2 is increasing each year.

2014/15 – 58% achieved all requirements

2015/16 – 66% achieved all requirements

2016/17 – 72% achieved all requirements

2017/18 – 85% achieved all requirements.

2018 / 19 - Meeting national curriculum requirements for swimming and water safety: 	How many of our current Year 6's have already achieved the requirements (September data)?
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	61%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	84%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	0%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes

Action Plan Written By Dominique Lynch, PE Subject – Leader (September 2018).

Total predicted spend = £17,050

Can I answer the following questions when reviewing action plan?

- *How well are the children doing (standards of attainment and pupil progress across school)?*
- *How well are the children learning (know the quality of teaching, learning and curriculum across school. Use of assessment)?*
- *How can I help children do better (impact on practise of others to bring about improvements in teaching and learning)?*
- *How can I help teachers improve quality of teaching?*

	Overall Impact against Key Priority (targets and milestones)	Next Steps
Term 1	<p>Green – Completed</p> <p>Yellow – On going / nearly complete</p> <p>Red – Unable to complete yet</p>	
Term 2		
Term 3		
	<p>Possible ideas, aims and improvements for next year:</p> <ol style="list-style-type: none"> 1. 2. 3. Teachers take over forest schools with a timetabled session. Fitness class for staff after school. Up and active Workplaces Programme for Rossendale- Includes free health checks, advice and useful information to help create and support a healthier workplace. 4. 5. 6. 7. A focus on water safety. 	

