



ST ANNE'S SCHOOL & SIXTH FORM COLLEGE

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WELL-BEING NEWSLETTER February 2019 Issue 8



St. Anne's Wellbeing Champions

Pastoral Care: Deena Lidgett

Designated Safeguarding Officers: Kay O'Neill, Deena Lidgett, Lesley Davis,

Safeguarding Governor: Geoff Ogden

Emotional Health and Well-being Governor: Richard Vickers

Emotional Literacy Support Assistant (ELSA's): Deena Lidgett, Dawn McDermott, Helen Noman

Family Links Trainers: Chris Lee, Deena Lidgett

Personal Social Health Education (PSHE) / Relationships Sex Education (RSE): Emma Holmes

Mental Health Champions: Emma Holmes, Jo Radley

Communication Team: Zoe Wood, Julie Foster, Olga Davey

Moving and Handling Team: Peter Yorke, Mike Pearce, Alison Nicholson, Sarah Costello

Team Teach Trainers: Gemma Delgaty, Diane Wray-Hall, Emma Mellors, Hendi Longman, Vicky Hubbard

First Aiders: Hendi Longman, Sally Sullivan, Gemma Delgaty, Sally Spencer, Jo Radley, Elisa Hall,

Sarah Crozier, Deena Lidgett, Diane Wray-Hall, Anne Wright, Sharon Wilson, Charlotte Casey

Kay O'Neill, Peter Yorke, Mike Pearce, Joe Vickers, Roscoe Irvine, Sam Giblin

St. Anne's Wellbeing Change Team

Kay O'Neill, Sue Stubbs, Clare Harrison

SAFEGUARDING

All parents / carers MUST ensure that we have at least 2 (in use) contact numbers available, in case of an emergency.

Information about all policies and procedures are available on our website.

In rare circumstances we may need to make referrals or seek advice without your consent.





PARENT / CARER 24 HOUR SUPPORT
Call 01482 666217
or
01482 667379 (option 1)
if you require help or support.
Residence staff are available 24 hours a day !

**PSHCE workshops are taking place every Wednesday for the next 6 weeks
focusing on the following:**

- Workshop 1 - Meet and Greet - Confidence and Trust building (New workshop on feedback received from schools)**
- Workshop 2 - Body Image, Self-esteem, Healthy Eating and Lifestyle**
- Workshop 3 - Personal and Emotional Relationships and Bullying**
- Workshop 4 - Independent Travel and Stranger Danger (Two workshops combined into one)**
- Workshop 5 - Cyber Safety (New workshop on feedback received from school)**
- Workshop 6 - Final round-up of all sessions**

Children's Mental Health Week

"Healthy inside and out"

4th—10th February 2019



Mobile App

To be kept up to date, download our app for free. Search for 'school jotter' in the app store, download, and locate the

'St. Anne's logo'

Twitter

Follow us on Twitter @StAnnesSSFC

Website

Don't forget that you can keep up to date with information about the school and residence by logging onto the website www.stannes-castriding.co.uk

To be alerted to new newsletters by signing up to 'subscriptions' via the website
IT'S FREE!

STAFF NEWS

Wellbeing Health Cash Plan — for more information please call 0800 622 552 or to join the scheme
Visit www.bhsf.co.uk or email sales@bhsf.co.uk

Wellbeing Forum - further news to follow

REMINDERS

HEALTH CARE PLANS—please inform us of any changes ASAP

EHCP meetings start W/C 4th March 2019

