

CLEVER CATERPILLARS AND BRAINY BEES

Curriculum News

Week Beginning 21st January

This week will be learning about Superheroes based on the books 'Supertato'. We will be making our own Supertato characters and creating Superhero stories. We will be making Superhero bars and thinking about 'healthy food' that makes us strong and full of energy.

We will be listening to our heart beats before and after exercise and trying lots of different activities that keep us fit, such as yoga, dance and different sports and games.

In maths we will begin to think about addition and subtraction counting on and back from different numbers.

If you would like to support your child further at home, you could:

- Try a new healthy food. Talk about what makes it healthy.
- Go shopping for healthy food. Don't forget to write a shopping list.
- Go on a bike ride or a long walk together. How do you feel before and afterwards?
- Try a new exercise or activity.
- Try counting on and back from different numbers.

Reception Team