

Name:

Class:



Bedgrove Lunch Menu

		Magnificent Monday	Tasty Tuesday	Wow Wednesday	Thankful Thursday	Fabulous Friday
Week 1 11 th Mar, 1 st Apr	Meat	<input type="checkbox"/> Chicken & Ham Vegetable Pot Pie, Mashed Potatoes, Peas & Sweetcorn.	<input type="checkbox"/> Penne Pasta, Beef Bolognaise & Grated Cheese	<input type="checkbox"/> Roast Turkey, Stuffing, Roast Potatoes & Winter Cabbage	<input type="checkbox"/> Beef Lasagne, Garlic Bread & Mixed Salad	<input type="checkbox"/> Homemade Salmon & Cod Fishcakes, Chunky Oven Chips & Peas & Homemade Ketchup
	Vegetarian	<input type="checkbox"/> Cheese & Tomato Pizza & Mixed Salad	<input type="checkbox"/> Jacket Potato, Cheese & Sweetcorn	<input type="checkbox"/> Mixed Vegetable Pasta In Tomato Sauce	<input type="checkbox"/> Roasted Vegetable Lasagne, Garlic Bread & Mixed Salad	<input type="checkbox"/> Veggie Bean Burger, Chunky Oven Chips & Peas
	Lighter Option	<input type="checkbox"/> Jacket Potato with Cheese & Beans	<input type="checkbox"/> Chicken Salad Roll (with Flora Spread)	<input type="checkbox"/> Jacket Potato with Cheese & Beans	<input type="checkbox"/> Tuna Salad Roll (with Flora Spread)	<input type="checkbox"/> Jacket Potato, Cheese & Beans
	Dessert	<input type="checkbox"/> Sliced Tropical Fruit Platter	<input type="checkbox"/> Apple & Peach Cobbler With Cream	<input type="checkbox"/> Banana Muffin	<input type="checkbox"/> Lemon Sponge & Custard	<input type="checkbox"/> Rice Pudding with Poached Pears
Week 2 25 th Feb, 18 th Mar	Meat	<input type="checkbox"/> Chicken Goujons with Wholemeal Rice & Homemade Ketchup	<input type="checkbox"/> Roast Beef, Gravy, Yorkshire Pudding, Roast Potatoes & Mixed Vegetables	<input type="checkbox"/> Pork Sausage, Mashed Potatoes, Peas & Carrots	<input type="checkbox"/> Beef Cottage Pie & Broccoli	<input type="checkbox"/> Fish Fingers, Potato Wedges, Peas & Homemade Ketchup
	Vegetarian	<input type="checkbox"/> Pizza Margarita with Mixed Salad	<input type="checkbox"/> Vegetarian Meatballs, Roast Potatoes & Mixed Vegetables	<input type="checkbox"/> Vegetarian Sausage, Mashed Potatoes, Peas & Carrots	<input type="checkbox"/> Penne Pasta, Fresh Tomato Sauce & Grated Cheese	<input type="checkbox"/> Macaroni and Tomato Cheesy Bake
	Lighter Option	<input type="checkbox"/> Jacket Potato, Cheese & Beans	<input type="checkbox"/> Grilled Cheese Panini & Carrot Salad	<input type="checkbox"/> Jacket Potato, Cheese & Beans	<input type="checkbox"/> Tuna Salad Roll (with Flora Spread)	<input type="checkbox"/> Sausage Plait and Mixed Salad
	Dessert	<input type="checkbox"/> Assorted Dairy Vanilla Ice Cream with Strawberry Sauce *(see below)	<input type="checkbox"/> Chocolate Sponge & Custard	<input type="checkbox"/> Sliced Tropical Fruit Platter	<input type="checkbox"/> Apple & Rhubarb Crumble with Custard	<input type="checkbox"/> Carrot Cake
Week 3 4 th Mar, 25 th Mar	Meat	<input type="checkbox"/> Beef Burger in a Bun, Mixed Salad & Oven Chips with Homemade Ketchup	<input type="checkbox"/> Honey & Marmalade Roast Gammon, Pasta Shells & Sliced Green Beans	<input type="checkbox"/> Lamb Casserole, Mashed Potato, Chopped Carrots & Parsnip	<input type="checkbox"/> Mild Chicken Curry with Wholegrain Vegetable Rice	<input type="checkbox"/> Baked Cod Goujons, Oven Chips, Baked Beans & Homemade Ketchup
	Vegetarian	<input type="checkbox"/> Cheese Toastie & Mixed Salad	<input type="checkbox"/> Quorn Bolognaise, Pasta Shells & Sliced Green Beans	<input type="checkbox"/> Pasta Bows with Tomato Sauce	<input type="checkbox"/> Pizza Margarita & Mixed Salad	<input type="checkbox"/> Roasted Vegetable Quiche and Baked Beans
	Lighter Option	<input type="checkbox"/> Jacket Potato, Tuna Mayonnaise & Mixed Salad	<input type="checkbox"/> Plain Cheese Roll & Mixed Salad (with Flora Spread)	<input type="checkbox"/> Jacket Potato, Cheese & Beef Bolognaise	<input type="checkbox"/> Tuna Pasta Bake	<input type="checkbox"/> Jacket Potato, Cheese & Beans
	Dessert	<input type="checkbox"/> Lemon Drizzle Cake	<input type="checkbox"/> Eves Pudding & Custard	<input type="checkbox"/> Chocolate Fudge Brownie	<input type="checkbox"/> Syrup Sponge & Custard	<input type="checkbox"/> Apple & Blackberry Pie With Cream

HOMEMADE BREAD, MILK & WATER ARE OFFERED TO THE CHILDREN DAILY (Please note Fresh Fruit & Yoghurts are only offered to children who are not put down for that day's dessert) Please use the school's website to see allergy information as this is the parent's responsibility when making lunch choices. ***Subject to change, Chocolate, Strawberry or Vanilla**