

Atherton St George's C.E. Primary School & Little Dragons' Nursery



Newsletter, 8th February 2019

Dear Parent/Carer,

School has been a hive of activity this week! We have celebrated Safer Internet Day, it is celebrated globally in February each year to promote the safe and positive use of digital technology for children and young people and aims to inspire a national conversation in an ever changing digitalised world.

We have also celebrated Children's Mental Health Week 2019 (4-10 February), we're taking steps to be Healthy: Inside and Out. This has been supported by Mrs James who is a Mental Health Ambassador within school. When we think about healthy living, we tend to focus on looking after our bodies – our physical wellbeing – through food, being active and getting enough sleep. However, in order to be healthy overall, it's important that we look after our minds – our mental wellbeing – too. Our bodies and minds are actually very closely linked, so things that we do to improve our physical wellbeing can help our mental wellbeing as well. When we take steps to be Healthy: Inside and Out, it helps us to feel better in ourselves, focus on what we want to do and deal with difficult times. Ask your children about discussions that they have had in class this week and have a conversation about how, as a family, you can work together to improve this further.

Mrs Simpson and Mrs Nutter have worked with other staff from the Trust this week to look at activities going forward to engage the community further. Keep your eye on our diary dates for further information.

Mrs Baker and Mrs James have also attended a course to provide them with additional strategies to support our children when reading for meaning. They will be sharing this expertise with all TAs in school ensure that the good practice is enhanced within all classes.

Today we have had a visit from Mrs Bowyer who has had a tour of school, spoken to children in their lessons, looked at their books and also spoken to school leaders. She was invited into school to have a look at the English and Maths that is taking place and she has thoroughly enjoyed her day. She has been particularly impressed with the children's attitude to their learning and how well they have been able to articulate their thoughts and feeling about these curriculum areas. Well done to everyone for showing just what fantastic pupils we have here at St George's.

Have a lovely weekend!

Kind regards
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The Wings' CE Trust

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