



HOLYWELL GREEN PRIMARY SCHOOL

www.holywellgreenschool.co.uk

FEBRUARY
2019

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EVENTS THIS TERM

- 11 Feb Parents Evening 3.30-6pm
- 12 Feb Healthy Living Day
- 13 Feb Parents Evening 4.30-7pm
- 14 Feb Close Half Term
- 15 Feb Closed Training Day
- 25 Feb Re-open
- 15 March Closed Training Day
- 21 March PTA Meeting 8pm
- 29 March Mothers' Day Assembly
PTA Secret Shop
- 12 April Easter Egg/Bonnet Competition
- 12 April Close Easter
- 29 April Re-open

HEALTHY LIVING DAY

A programme of activities is planned for our Health Day on Tuesday 12th February. Staff from the Better Living Team will be looking at a range of issues with the children including good sleep, balanced diets, what's in our drinks, what makes us different, and yoga and fitness classes. There will also be a parent information session straight after school with free vouchers for swimming & gym sessions available.



If you use the school car park for Play & Stay, or during the school day, please observe the 5mph speed limit to ensure that everyone is kept safe.

SAFER INTERNET DAY 5th FEBRUARY



Are you aware of what your child is doing on the phone/tablet/laptop? All the children learn about Internet safety in all year groups in school. It is very important that suitable protection is put in place to ensure the safety of your children when using the internet. There are links on the school website under the Safeguarding tab that can help inform you. Ask your children what they know about internet safety. They know a great deal and I am sure can provide you with useful information. Connect to www.saferinternet.org.uk for further resources on Safer Internet Day including a pack for parents and carers.

FANTASTIC FOOTBALLERS

The football team recently played Salterhebble School at The Shay in front of a crowd of over 2,000. Goals from Luca and Jack sealed a 2 – 1 win and progress to the semi-final of the competition. Not only did the children play well, but they played in the right spirit watched by lots of parents and family members.

Here is the successful team celebrating after the game.



The children often tell staff that they are tired and obviously this then impacts on their learning. **Top Tips from the Healthy Living Team to help your children sleep:-**

- Regular bedtimes
- Having predictable and positive bedtime routines are crucial in helping your little one sleep.
- Gadget-free zones - Keep gadgets out of the bedroom and also don't use in the hour before bed.
- Low level night lights - If your child doesn't like the dark, use low-illumination night lights to help them nod off.
- Limit TV time - Monitor your child's TV use before bedtime, and keep TV's out of the bedroom

NUTS

Please be aware that the school is a nut free zone so that those with a nut allergy are protected.