

# Need a helping hand?



# PACs



Drop in support session offering on the spot advice from a team of professionals

For parents/carers who have any worries or concerns about their child/young person

## Drop in on the following dates in 2019:

Mondays 1pm – 2pm	Tuesdays 9am – 10am	Wednesdays 1pm – 2pm	Thursdays 9am – 10am
21 January	5 February	9 January	14 February
25 February	19 March	6 March	28 March
15 April	14 May	1 May	23 May
3 June	18 June	12 June	27 June
8 July	23 July	17 July	12 September
23 September	15 October	3 October	7 November
18 November	10 December	27 November	19 December

Wednesday evening sessions – 5pm to 6pm: 16 January, 24 April, 3 July, 23 October

In addition, our Schools Therapist will be available for **bookable appointments** on the following Mondays between 1.30pm – 3pm: 14 January, 4 March, 29 April, 10 June, 9 September, 11 November. Please telephone 0113 3367724 to make an appointment for Lisa's sessions

**Sessions are held at: The Brownlee Stone Centre, Town Street, Horsforth, Leeds, LS18 5BL (next to the Library). Contact Horsforth Children's Services on 0113 3367724**

