

Plan for Sustainability 2018 – 2019

School Sports Partnership

- Maintain participation in the School Sports Partnership.
- A PE and school Sport Specialist employed through the Partnership to positively impact on PE and School Sport at Meadowside e.g. support and development of Gold Active mark, provide support for PE subject leader role, work on leadership opportunities and developing a new PE curriculum and assessment systems.
- Running sport competitions and increasing pupils' participation in Level 2 School Games: Swimming yr 5/6, Sportshall Athletics yr 5/6, Hi 5 netball yr 5/6, Quicksticks yr 3/4, Key Steps Gym, Tennis yr 3/4, Tchoukball KS2 (Change4Life), Tennis yr 5/6, Quadkids, Kwik Cricket yr 3/4 and 5/6, Mini Olympics KS2, Rounders KS2.
- Gold Kitemark achieved – highlighting Meadowside's commitment to PE and School Sport.
- Raised profile of Intra house Level 1 competitions within school – in line with the focus on competition within the PE curriculum.

Invest in the staff

- Active 30:30 CPD (Youth Sports Trust) - developed to help schools reduce sedentary behaviour and increase physical activity in young people outside of timetabled curriculum PE. It also addresses how to help influence the remaining 30 active minutes to be achieved outside of school through families, clubs and community groups.
- Fund Professional Development opportunities for teachers in PE and School Sport. Specialist coaches supporting PE lessons in selected classes (based on staff confidence/expertise levels) enabling staff to use ideas/skills from the CPD sessions.
- Hire qualified sports coaches to work with Meadowside's staff when teaching PE, as well as leading after school clubs.
- A range of extra-curricular clubs run by staff across the school year to promote Healthy living.
- CPD by PE subject Leader focusing on ideas for warm ups, the development and progression of skills within a PE lesson and a wide range of engaging resources.
- Ensure that challenge is evident in PE lessons as staff are moving the learning on quickly, providing challenge for all learners.

Inspire Children

- Weekly opportunities are provided to celebrate in successes in and out of school.
- Pupil voice regularly carried out so children's voices are heard.
- Develop opportunities for children to be inspired in the PE curriculum. Skip2Bfit will visit, opportunities for Dance, Total Sports, Football, Skipping and Boxing will support in inspiring children to develop a positive mind-set towards sport.
- New resources/ Visitors to school for workshops/ Trips.
- Embed physical activity within the school day.
- Develop OAA (Outdoor and Adventure activities) into the timetable through Forest School activities (including orienteering) and residential trips.
- Children competing in competitions and some progressing to the finals.
- Friendly football games for KS2 are organised with local schools.