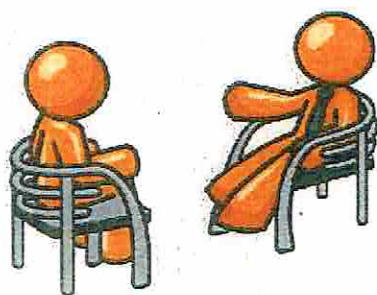


# *To all CAMHS Parents and Carers (and those waiting).....*



*While your child is getting the help they need, or while you are waiting for this to happen, do you ever feel alone?*



*Do you ever feel like you are the only one that this is happening to?*



***You are NOT alone.***



*There is support for Parents and Carers - time to chat over a cuppa and share experiences or just chat about the weather.*

***Parent and Carer Group -***

***Come along on Tuesday 26<sup>th</sup> February  
from 6pm - 7.30pm***

***All Welcome***

*Contact Tay at CAMHS 0161 211 7260 for more information.*