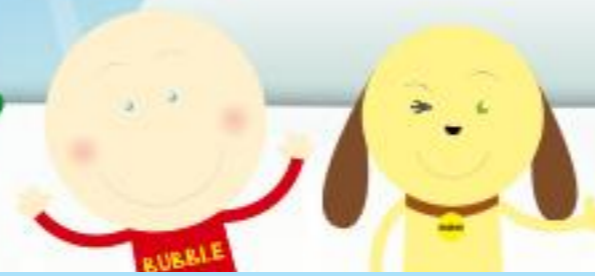


# Spring / Summer 2019

Choose our **daily packed lunch** with a sandwich or roll with a range of fillings, healthy snack, home baked cake and piece of fruit.



w/c 25th Feb, 18th Mar, 8th Apr, 29th Apr, 20th May, 10th Jun, 1st Jul, 22nd Jul, 12th Aug, 2nd Sept, 23rd Sept

## WEEK 1

| Monday                                  | Tuesday  | Wednesday                                   | Thursday                                 | Friday   |
|---|--|---|--|--|
| Loaded Mac n Cheese and Garlic Focaccia | Pork Bangers<br>Halal Chicken Sausage and Mash | Roast Beef<br>or Halal Roast Beef and Gravy | Chinese Chicken or Halal chicken Noodles | Fish Fingers and Chips                               |
| Spring Veg Frittata & Garlic Focaccia   | Vegan Quorn Bangers and Mash                   | Cherry Tomato and Rocket Tart               | Sweet Potato Balti with Basmati Rice     | Quorn Brunch Muffin and Chips                        |
| Italian Orange Cake                     | Banana Bread and Butter Pudding with Custard   | Honey Picnic Flapjack                       | Berry Eton Mess                          | Cookie and Shake<br>Oat Cookie & Chocolate Milkshake |

w/c 4th Mar, 25th Mar, 15th Apr, 6th May, 27th May, 17th Jun, 8th Jul, 29th Jul, 19th Aug, 9th Sept, 30th Sept

## WEEK 2

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| Cheesy Mozzarella Pizza with Wedges<br>Fresh Tomato and Basil | Beef Bolognese or Halal Beef with Spaghetti         | Lemon Roast Chicken or Halal Chicken with Sage and Onion Stuffing and Gravy | All American Turkey or Halal Turkey Twist Burger in Wholemeal Bun | Crispy Battered Fish and Chips                            |
| Wholemeal Penne Pasta Neapolitan                              | Cheddar Cheese and Spinach Quiche with New Potatoes | Quorn Roast with Stuffing and Gravy   | Chunky Chilli Tacos with Tangy Salsa                              | Picnic Pitta with Minty Cucumber Salad and Chips          |
| Tiramisu Trifle Pot   | Toffee Apple Tart and Custard                       | Ice Cream Tub   | Mini Chocolate Brownie with Orange Wedge                          | Cookie and Shake<br>Ginger Cookie and Vanilla Honey Shake |

w/c 11th Mar, 1st Apr, 22nd Apr, 13th May, 3rd Jun, 24th Jun, 15th Jul, 5th Aug, 26th Aug, 16th Sept

## WEEK 3

| Monday                            | Tuesday   | Wednesday  | Thursday  | Friday   |
|-----------------------------------|---|--|---|--|
| Homemade Pizza with Herb Wedges   | Root Mash Topped Cottage Pie or Halal Cottage Pie | Roast Gammon Or Halal Roast Chicken with Pineapple | Punjabi Butter Chicken or Halal Chicken with Rice | Fish Fingers and chips                               |
| Broccoli and Salmon Pasta Bake    | Smokey Quorn Meatballs and Yellow Rice            | Super Green Veggie Lasagne                         | Butternut Squash Risotto                          | Cheese and Marmite Muffin with chips                 |
| Apricot Biscotti<br>Lemon Yoghurt | Butterscotch Tart                                 | Magic Chocolate Pudding                            | Carrot and Pineapple Muffin                       | Cookie and Shake<br>Lemon Cookie and Berry Milkshake |

We offer **seasonal vegetables, bread, yoghurt and fruit daily.**  
(allergy information is available)

### Served Daily

A baked jacket potato with a choice of toppings

- ▲ Meat
- ▼ Veggie
- ◆ Jacket Potato
- Packed Lunch

Aspens

