

Friday 15th February 2019

Thank you to all the parents/carers who attended the consultation evenings this week - I hope that you found the information we gave useful. I wish you all a happy and restful half term. Miss Kondo



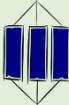
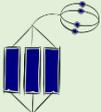
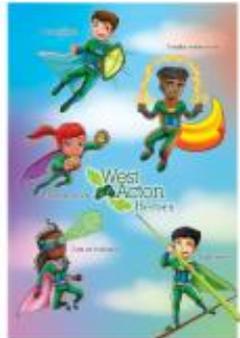
Year 3 Reading Pyjama Party

Year 3 enjoyed a special Reading event last Friday when they relaxed in their PJs and read their new books on some cosy mats in the hall!

What was going on you may well ask. Well, with funding from the National Literacy Trust children in Y3 are lucky to be involved with the Young Reader's Programme, which will see them involved in three reading events across the year, receiving a free book at each one. Many Mums, Dads and other family members joined us too.

SOLO and our Learning Heroes

Here at West Acton we use SOLO (Structured of Observed Learning Outcomes) to help the children to reflect on their learning, the progress they have made and what they need to do to move onto the next step. This approach links in really well with our West Acton learning heroes. The children are learning to develop positive learning skills and behaviours that will hopefully stay with them for the rest of their lives.

One flower 	Many flowers 	Bunch of flowers 	Gardener 
I know one thing	I know several things	I can relate the things I know to each other	I am an expert and can apply my knowledge in a new way
 Unistructural	 Multistructural	 Relational	 Extended Abstract
I am resilient and do not give up.	I am resilient and do not give up even when I find the learning difficult. I challenge myself and take risks with my learning.	I am resilient and do not give up even when I find the learning difficult. I challenge myself and take risks with my learning. I make connections between different areas of learning.	I am resilient and do not give up even when I find the learning difficult. I challenge myself and take risks with my learning. I can justify my answers when making connections between different areas of learning. I evaluate my work, ask for feedback and edit my work, if necessary, to make it the best it could possibly be.
			

Science Update

Next term West Acton Primary will be celebrating British Science week during the week beginning March 11th. The focus of the week is "Journeys".

All children across the school will be participating in science experiments as well as taking part in an "Epic Energy Journey Show" interactive science assembly, during which they will watch exciting experiments revolving around energy, chemical and physical changes. These will help them develop their skills in observation, testing and making conclusions, as well as hopefully inspiring future scientists of Britain!



2DD Assembly

2DD performed an amazing assembly about their work across a school day, including their learning behaviours, an amazing interactive maths quiz involving teachers and a wonderful dance!

Thank you

£397.95 raised for the

Non-Uniform Day

ESCP Fundraiser

Half Term Holiday

Monday 18th to Friday 21st February

No school for Pupils on

Monday 25th February (staff training day)

Top tip from Lia

Children's Mental Health Week: Filling Our Buckets

In honour of 'Children's Mental Health Week' this year, we focused on the theme of kindness. In Assembly, I read the wonderful book 'Have You Filled Your Bucket?' to the children. We followed with a discussion on how caring, sharing, giving and helping fills other people's buckets, and consequently our own. A FULL bucket means that we are feeling HAPPY and OPEN to connect with others in a positive way. An EMPTY bucket means that we are feeling SAD, ANGRY, WORRIED, which means we may 'flip our lids' and may have negative thoughts about ourselves and others.

How can parents help?

This is a great way for children to let you know how they are feeling. When they don't have the words for their emotions, they will act them out (withdraw, cry, hit, throw, shout, etc). Asking them if their bucket feels full or empty is a simple way to give them words for their experience. It also helps them develop a better understanding of their inner world. You can also ask them to draw their buckets to *show* you how they feel. Perhaps you can make a list of things that help to fill their buckets when they feel empty, and hang it on the fridge- asking for help, a hug, drawing, listening to quiet music, going for a walk, a glass of water, etc. To take it one-step further, you can help your child develop empathy skills by asking them how full another person's bucket might be. Remember to then suggest feeling words such as 'sad' or 'scared' and remember, as always - it is important for you to make sure *your* bucket is full, which will help to keep your child's bucket full too. So- what fills your bucket?

The book is also available on YouTube: https://youtu.be/A5R6-2m_qHk

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgflmail.net.

School Lunch Account Reminder: From Tuesday 26th February, school lunch accounts will no longer be allowed to go into arrears of more than £2.30. This means that you will need to make sure your child's lunch account is in credit, or you send them to school with a packed lunch. the best way to monitor your Harrison account is to make sure you have registered to make online payments. This can be done via https://payment.cypad.net/schoolmeals_Ealing/#nb (you can find this in the 'online payments' section on our school website. **Our current debt this week is £451.90**, Please make sure you clear your account before we return to school. Text reminders & letters will be posted and sent over the next few days.