

“To develop ambassadors for the community we live in and the world around us”

Essex County Council

Ingatestone and Fryerning Church of England (Voluntary Aided) Junior School

The Furlongs, Ingatestone, Essex CM4 OAL

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Website: www.ingatestonefryerning.essex.sch.uk

Headteacher: Mr Neil Taggart

Deputy Headteacher: Mrs Leigh Johnson



28th February 2019

Dear Parent/Carer

The NSPCC's *Speak out, Stay safe* Programme is visiting our school to help our pupils have the knowledge and understanding they need to stay safe from abuse.

What is the *Speak out, Stay Safe* Programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

“My daughter thought the volunteers were fantastic, really real people, very warm and friendly.” *Sally, Prestatyn*

If you would like any more information about the ***Speak out, Stay Safe* Programme** you can visit the NSPCC website nspcc.org.uk/buddy

Talking PANTS with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'Talk PANTS', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/parents

Yours faithfully

Mrs J Angeli
Upper School Leader



To live, to learn, to care, to leave a legacy
Respect, Enjoyment, Aspiration, Co-operation, Honesty



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