Welcome back to the second half of the spring term – although it almost feels like summer! During the half term I oversaw the start of our outside area projects – opening the investigation area to give more space and starting the planting, preparing the vegetable patch and renovating the pond area. Further plans include more outside shaded areas and a MUGA (Multi utility games area). I was also pleased to see the ‘Tik Tak’ lights working on Noel Road as you approach the school and the crossing. Miss Kondo

**High behavior and uniform expectations**

At West Acton Primary School we want all pupils to be proud of being part of our school community and for everyone to feel safe and respected. Currently we are talking to the children about how they walk around school, going up and down the stairs, walking into assemblies, listening to assemblies and how they interact with each other.

Children should be in correct school uniform and have the correct PE kit – full details are on our website and reminders will be sent out. If there is a particular reason why your child cannot wear school uniform please inform the school office.

A few pupils are very quick to retaliate or, in their mind, defend themselves which leads to further confrontations. Please do encourage your child to talk to the adults and not to ‘defend’ themselves or take matters into their own hands. Sometimes children tell us that their parents have told them to hit back and this is not very helpful.

Finally, very sadly it seems there is inappropriate behaviour in the school toilets – the school council have given some very worrying reports and will be working on this. Children will be completing a survey about the toilets. However please reinforce the message to your child that the toilets have a specific purpose and they should go in and out for that reason only. More details will be shared with you throughout the term.

**Friday Class Assemblies**

- 8/3 – 1GG
- 15/3 – 1KK
- 22/3 – 1AA

Year 4 listened to the description of The Iron Man by Ted Hughes and drew the different parts of The Iron Man using different pastel techniques that they had learnt in art.
Tip of the week from Lia the school counsellor

When you argue in front of your children

Conflict is a part of every human relationship, which means that arguments between adults may sometimes come up in front of children. When they hear angry yelling, studies have shown that their stress hormones shoot up and can take some time to diminish. Naturally, since a child’s parent is their source of security, they feel scared when they seem out of control. Their fear can often turn into anxiety or misbehaviour and some children may think that yelling is the grown-up way of resolving conflict.

How can parents help?

It is great for children to see healthy and respectful disagreements between adults. Therefore try to model listening to the other person’s needs without making them feel they are wrong. What is even healthier is for the child to see you repair and reconnect quickly. It is a good idea to come up with a code word or signal with your partner in advance, so that when one of you starts to feel particularly triggered, you know to take a pause and continue later, away from the children.

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgflmail.net

Notices/Reminders

WORLD BOOK DAY
Thursday 7th March – please join us at 2.45pm. Children should come to school dressed as their favourite character. I am looking forward to seeing the children’s costumes – haven’t quite decided on mine yet!

RED NOSE DAY
Friday 15th March – school council have been working on ideas to support this charity – more details to follow.

HEALTHY PACKED LUNCHES
We are really noticing an improvement in the packed lunches with lots of healthy options – thank you for supporting this. A reminder that water should be the only drink.

KS2 SNACK
A reminder that children in years 3, 4, 5 and 6 can bring in a piece of fruit for a snack. Please do NOT send crisps or biscuits.

Volunteering at West Acton

We are very pleased to welcome to our school, parents who wish to undertake a few hours of voluntary work per week. We ask that you complete our application form which is available on the school website and return to the school office, either via a paper version or by email to: admin@west-acton.ealing.sch.uk

Applicants may be invited to a short, informal interview and, before beginning volunteering, we will apply for enhanced DBS clearance.

Key dates
• Friday 15th March – return application forms
• Mon 18th March. – Interviews (if necessary)