



**Strengthening Families
Strengthening Communities**

**(SFSC) groups are for all
parents and carers: Mothers,
Fathers, Partners &
Grandparents.**

**They are for everyone who wants to
know more about parenting, to un-
derstand their children and under-
stand their children's behavior.**



If you are interested in taking part in an SFSC Parenting Group Please contact :

agaskin.esnwcluster@iveson-primary.co.uk

Phone or Text: Andrea Hey or Amanda Gaskin on
07891276604 or 07891270346

Or Post to:

ESNW Cluster

Ireland Wood Children's Centre

Raynel Gardens, Leeds

LS16 6BW

ESNW PARENTING GROUP (SFSC) REPLY SLIP

Please complete and either return to your School Office or post to the above address.

I would be interest in attending a daytime/evening Parenting Programme. *(Please circle)*

FULL NAME _____

CONTACT NO _____

CHILD/REN SCHOOL ATTENDING _____

(Please state)

EMAIL _____



About us: The ESNW Cluster is located in Leeds 16, covering Cookridge, Holt Park, Ireland Wood, Tinshill and Adel area. Our aim is to provide every child, young person and family in the ESNW Cluster with information to activities and advice. We work in partnership with Cluster Primary Schools (Ireland Wood Primary School, Iveson Primary School, Holy Name Primary School, Adel St John the Baptist Primary School, Adel Primary School and Cookridge Holy Trinity Primary School) Ralph Thoresby School, Ireland Wood Children's Centre.



**STRONGER FAMILIES FOR
POSITIVE COMMUNITIES**

**PARENTING
GROUP**

***Strengthening
Families
Strengthening
Communities
(SFSC) is a 13 week
parenting
programme for
parents of children
aged 3-19 years***



STENGTHENING FAMILIES STRENGTHENING COMMUNITIES



The Group sessions provide a chance for parent/carers to share personal experiences whilst learning new skills and strategies in parenting. It also allows parents to build up a support network within their local community.



KEY FACTS OF SFSC GROUP

- It is popular with parents and carers
- It helps you to enjoy your relationship with your child.
- The groups are for parents of children aged 3-19 years.
- The groups run in many areas of Leeds.

At SFSC Group we will explore issues together such as:

- Using positive discipline techniques.
- Understanding child development.
- Developing children's self esteem and self discipline.
- Making better connections with the local community



"...given me the tools to deal with my relationships with my children"

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Parent comment after SFSC

"A fantastic course to help build parent child relationships."

-Parent comments after completing SFCS

"This parenting course has been really helpful and enjoyable"

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Parent comment after SFSC

