

## **Year 8 PSHCE – Learning Objectives**

### **AUT 1**

- To consider opinions, facts and laws surrounding drug use.
- To consider the consequences of, and strategies to manage, unhealthy drug-related behaviours.
- To develop strategies to manage peer and other influence around alcohol, tobacco and drug use.

### **AUT 2**

- To consider rights and responsibilities in the community, including in careers and life choices.
- To enable students to reflect on their responsibilities towards those who are being discriminated against, with a particular focus on racism and religious discrimination.
- To support students to understand the impact of peer influence on tolerance and respect towards others.

### **SPR 1**

- To support young people to manage their online safety.
- To support young people to take increased responsibility for their online safety and digital literacy.
- To support greater awareness of mental and emotional wellbeing issues.

### **SPR 2**

- To develop greater understanding of issues surrounding body image.
- To develop additional strategies to promote mental health and resilience.
- To explore the impacts of and ways to manage loss.

### **SUM 1**

- To analyse positive and stable relationships and to understand what expectations might be of having a partner.
- To learn about the consequences of different levels of intimacy, consent and 'readiness' for sex, including the benefits of delaying sex.
- To develop knowledge and skills related to the condom and the pill.

### **SUM 2**

- To support students to recognise the need to balance being tolerant of others with protecting their own rights and promoting the values they believe are important.
- To understand what to do in an emergency and to develop basic first aid and life-saving skills.