

## **Year 7 PSHCE – Learning Objectives**

### AUT 1

- To develop knowledge, skills and attributes to effectively manage the transition to a new school.
- To begin, grow and maintain friendships in a new situation.
- To increase understanding of how lifestyle choices can affect health.

### AUT 2

- To understand the skills and qualities associated with enterprise and employability.
- To explore different types of employment and roles at work.
- To challenge stereotypes and expectations which may limit aspirations

### SPR 1

- To explore the nature of prejudice and discrimination and ways to challenge and manage them.
- To explore the nature of bullying and to develop strategies for responding to situations where bullying is, or is perceived to be taking place.
- To recognise and manage social risks of using the internet.

### SPR 2

- To develop skills to assess risks to health from substance use.
- To understand the laws relating to alcohol and tobacco use.
- To develop strategies for managing peer influence.

### SUM 1

- To understand the physical and emotional changes young people experience and the importance of personal hygiene.
- To understand that young people have the right to protect their body from inappropriate and unwanted contact and to understand that actions such as female genital mutilation (FGM) are illegal and know how to get support if they have concerns for their own safety or that of others.
- To explore the positive qualities that people might bring to relationships and to promote self-esteem.
- To understand the importance of friendship as a basis for romantic relationships.

### SUM 2

- To understand that there are different types of positive relationships and that they share common features.
- To understand conflict resolution strategies within the context of personal relationships.
- To develop resilience and learn strategies to manage negative influences on lifestyle choices.

