



## Bewick Bridge Community Primary School

### Diary Dates

**Half-term** 18<sup>th</sup> February - 22<sup>nd</sup> February

**School Training Day:** 25<sup>th</sup> February  
School Closed

**Pupils return** on 26<sup>th</sup> February

**KS1&2 Parents Evenings 5<sup>th</sup> & 7<sup>th</sup> March**  
timings to follow

**Reception Parents Evenings 6<sup>th</sup> & 7<sup>th</sup> March**  
Timings to follow

Dear Parents & Carers,

Another busy week at Bewick Bridge draws to a close with only one more week until half term.

After half term, on Tuesday 5<sup>th</sup> and Thursday 7<sup>th</sup> March, we will be holding our Parent Consultation meetings. These meetings are an important opportunity for you to find out more about how your child is getting on in school, what they are finding challenging and how you can support them. A letter will come home next week with details of how to book your appointment.

Despite the late notice (apologies), Franklin House did a sterling job of making, baking or faking cakes for their house cake sale, **raising over £60**, with cakes leftover to sell today! We have now embedded our school diary onto our website, dates for future cake sales are on the diary. Mr Richardson is working hard to get our website up to date, and to make it easier to find useful information. Please be patient as this work is undertaken, thank you.

Internet Safety Day was on Tuesday. As a school we are reviewing the work we do around internet safety, to ensure we educate children about safe practice. Parents play a vital part in keeping their children safe online. Giving your children tablets and smartphones enables them to access the world wide web, and unless you put protections in place, you cannot control what they see. For more information and advice:

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>  
<https://www.net-aware.org.uk/>  
<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

The majority of children and parents arrive to school on time and collect promptly at the end of the day. We do have some who are frequently late in the morning and picking up at home time. Can I please remind all parents that the children should be arriving at school for 8.50am, with the doors shutting at 9.00am, after which the children should enter through the office, and will be marked late. At the end of the day, children should be collected at 3.30pm. If you have not arrived promptly, the teachers will take the children back inside until 3.40pm, when they will be taken to the front office and you will be called. If your child has not been collected by 3.45, they may be taken to Cherry Kids Club where you will be charged.

Have a nice weekend.

Alison Clarke

### ★ Stars of the Week ★

The following children are our Stars of the Week this week, and were presented with certificates in our Celebration Assembly today.

**Wrens** – Nathiia

**Robins** – Hubert

**Jays** – Sky

**Kingfishers** – Vika

**Woodpeckers** – Kayla & Josh

**Herons** – Zosia

**Goldcrests** – Kitty-Mae

**Lapwings** – Zain & Mikey

**Buzzards** - Shay & Sienna

## Healthy Snacks

We are encouraging all pupils to bring in healthy snacks for break and lunch time. This can consist of fresh fruit/vegetables or dried fruit. Pupils in Reception, Year 1 and 2 are offered fresh fruit for their morning break time snack and we would like pupils in Years 3 – 6 to bring their own healthy snack in school. A healthy lifestyle is important and by establishing a balanced diet in childhood, it helps to promote healthy eating habits for life. A good website to find tips and advice -

<https://www.nhs.uk/change4life/about-change4life>

## Lunchbox tips



### Keep them fuller for longer

Base the lunchbox on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.



### Mix your slices

If your child doesn't like wholegrain, try making a sandwich from one slice of white bread and one slice of wholemeal/brown bread.



### Freeze your bread

Keep a small selection of bread in the freezer. Make lunchboxes more interesting by using different shapes, like bagels, pittas and wraps, and different types of bread, such as granary, wholemeal and multi-grain.



### DIY lunches

Wraps and pots of fillings can be more exciting for kids when they get to put them together. Dipping foods are also fun and make a change from a sandwich each day.



### Ever green

Always add salad to sandwiches - it all counts towards your child's 5 A DAY.



### Always add veg

Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A DAY. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.



### Cut down on crisps

If your child really likes their crisps try reducing the number of times you include them in their lunchbox and swap for homemade plain popcorn or plain rice cakes instead.



### Add bite-size fruit

Try chopped apple, peeled satsuma segments, strawberries, blueberries, halved grapes or melon slices to make it easier for them to eat. Add a squeeze of lemon juice to stop it from going brown.



### Tinned fruit counts

A small pot of tinned fruit in juice - not syrup - is perfect for their lunchbox and is easily stored in the cupboard.



### Swap the fruit bars

Dried fruit such as raisins, sultanas and dried apricots are not only cheaper than processed fruit bars and snacks but can be healthier too.

## Lapwings School Monitors

Pupils in Lapwings class have been given the opportunity to be a school monitor. On Tuesday, Wednesday and Thursdays, the children come in at 8.30am and stay until 3.45 to help with their assigned area which could include a certain class, library or the school office. They started this week and have been very helpful.

## Attendance

Week ending – 8<sup>th</sup> February 2019

**Dippers – 92.6 %**

**Wrens – 97 %**

**Robins – 95.2 %**

**Jays – 97.6 %**

**Kingfishers – 96.5 %**

**Woodpeckers – 95 %**

**Hérons – 91.6 %**

**Goldcrests – 91.1 %**

**Lapwings – 95.2 %**

**Buzzards – 94.4 %**

## What to do if your child is unwell

It is important to inform the school if your child is going to be absent. On the **first day** and **all subsequent days** you need to contact the school office. You can:

Call  
01223 508772

01223 508774

E-mail  
[office@bewickbridge.com](mailto:office@bewickbridge.com)

**Please give NAME,  
CLASS and a CLEAR  
REASON for absence**

## Milk Bottle Tops

### After School Clubs

A reminder to parents who's children attend after school clubs, **next week** is the last week for this half term. More information will be sent home next week on the clubs we will be offering for spring 2 and how to sign up.

### Club Timetable W/C 21.01.19 – W/C 11.02.19

	Lunchtime	After school
<b>Monday</b>		Archery (Y1-3) <b>full</b> Netball(Y5-6) <b>full</b> Football(Y5-6)
<b>Tuesday</b>		Gymnastics(Y5-6) Basketball (Y3-6)
<b>Wednesday</b>		Football(Y1-2) <b>full</b>
<b>Thursday</b>		Football(Y3-4)
<b>Friday</b>	KS2 Girls Football	

For some time we have been collecting milk bottle tops for Arthur Rank Hospice. In the hope that you will support the collection we will have a collection point outside the school office.



### Term Dates

#### Spring Term 2019

Thursday 3<sup>rd</sup> January to Friday 5<sup>th</sup> April, 2019

**Half-term** 18<sup>th</sup> February - 22<sup>nd</sup> February

**School Training Day:** 25<sup>th</sup> February School Closed

**Pupils return** on 26<sup>th</sup> February

**Term finishes** on Friday 5<sup>th</sup> April

#### Summer 2019

Tuesday 23<sup>rd</sup> April - Wednesday 24<sup>th</sup> July

**School Training Day:** 23<sup>rd</sup> April School Closed

**Pupils return** to school Wednesday 24<sup>th</sup> April

**May Day:** 6<sup>th</sup> May, 2019 School Closed

**Half-term** 27<sup>th</sup> May - 31<sup>st</sup> May School Closed

**Pupils return** to school on 3<sup>rd</sup> June

**The last day of the Summer term is 24<sup>th</sup> July, 2019**

### Empties Please

We are working with the company 'empties please' who collect and recycle used ink and toner cartridges. There are two collection points outside the school office where you can drop off any empty ink and toner cartridges you have. Each item recycled, Empties Please will donate funds to the school which will be used to buy new books for our library!



## 2019/20 Term Dates

### **Autumn 2019**

Wednesday 4<sup>th</sup> September to Wednesday 18<sup>th</sup> December

**School Training Day:** 2<sup>nd</sup> & 3<sup>rd</sup> September School Closed

**Pupils return** to school Wednesday 4<sup>th</sup> September

**Half-term** 21<sup>st</sup> October – 27<sup>th</sup> October

**Pupils return** to school on Monday 28<sup>th</sup> October

**Term finishes** on 18<sup>th</sup> December, 2019

### **Spring Term 2020**

Monday 6<sup>th</sup> January to Wednesday 1<sup>st</sup> April, 2020

**Half-term** 17<sup>th</sup> February – 23<sup>rd</sup> February

**Pupils return** on 24<sup>th</sup> February

**Term finishes** on Wednesday 1<sup>st</sup> April

**School Training Day:** 2<sup>nd</sup> April School Closed

### **Summer 2020**

Monday 20<sup>th</sup> April - Tuesday 21<sup>st</sup> July

**Pupils return** to school 20<sup>th</sup> April

**May Day:** 4<sup>th</sup> May, 2020 School Closed

**Pupils return** Tuesday 5<sup>th</sup> May

**Half-term** 25<sup>th</sup> May - 31<sup>st</sup> May School Closed

**Pupils return** to school on 1<sup>st</sup> June

**The last day of the Summer term is 21<sup>st</sup> July, 2020**

**School Training Day:** 22<sup>nd</sup> July School Closed