

Heald Place Primary School Newsletter 7

Friday 8th February 2019

Dear Parent / Carers,

Online Safety

We would like to remind all of our pupils of the need to keep themselves **safe when using social media, and online**, generally.

The following tips may be useful:



- Use the privacy settings on the phone to limit who reads your feed
- Keep location settings off when on social media
- Know how to block or report anything concerning on sites and apps they use. Use Net Aware at www.net-aware.org.uk
- Look out for the CEOP icon to report any suspicious or concerning areas on apps/sites



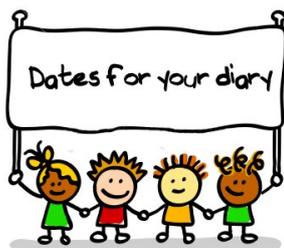
Do not share personal information or images/video with anyone online
Do not accept a friend request from someone you do not know in real life

Check out the NSPCC tools, including being Share Aware at www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/ to find out how.

Remember that online behaviour - including sharing personal information - should mirror behaviour in person. Perhaps download the ZipIt app at www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/sexting/ to help you to deal with requests for inappropriate photos.

If you have received or been sent any information, images or video to someone whom you do not know, you may want to talk about this with someone. You can share a concern with staff at school.

The Designated Safeguarding Lead in our school is Nikki Sellers.



Parents Evening
Wednesday 13th February 2019

Please book an appointment with your child's class teacher

Half Term Holiday

School finishes at 3:15pm on Friday 15th February 2019
Reopens on Monday 25th February 2019

Reminder

Proof must be provided for absences on the last day of a term or the first day back following a holiday.

These absences will only be authorised with valid proof

Children's Teeth

A regular teeth-cleaning routine is essential for good dental health. Follow these tips and you can help keep your children's teeth decay-free and pain free.



Brush at least 2 times a day for 2 minutes each time. Register at a dentist and visit them as required.



Snacks should consist of carrot sticks, toast, cheese, cucumber, plain popcorn (not sugar coated)



Try not to give sweets or fizzy drinks (*either full sugar and diet*) as a reward.

Ideally children should drink only milk (*plain—no added flavours*) or water.

Further information can be found at www.nhs.uk

Parking near school

For the safety of our pupils please could parents be courteous when parking on the streets surrounding our school.

If the roads directly around the school are busy why not park a few streets further away and walk the rest of the journey. Not only will this ease congestion but it is a great way to help stay fit and healthy.



Please do not

- Cross the road between cars
- Double parking
- Park on the yellow lines
- Park in front of our neighbours driveways

Heald Place Eco Code

Helping pupils to look after our environment is what we're about, so come on let's hear a shout!

Electricity we need to save, when you leave the class, turn the lights out.

Animals should be looked after from the heart, and this is just the start!

Litter must be picked up every day - all the pupils do our part.

Dumping plastic on our ground will turn our world upside down.

Plastic we should all recycle - pens and batteries have a special place,

Lights we switch off as we leave each teaching space.

Ambassadors check this happens all over the school,

Caring for our world is really cool!

Everyone together looking after Heald Place!

By Heald Place Green Ambassadors and Pupil Leaders

Don't forget

Bring your used batteries to school so we can recycle them

